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Across the morning sky



all the birds are leaving...





Oh, how can they know

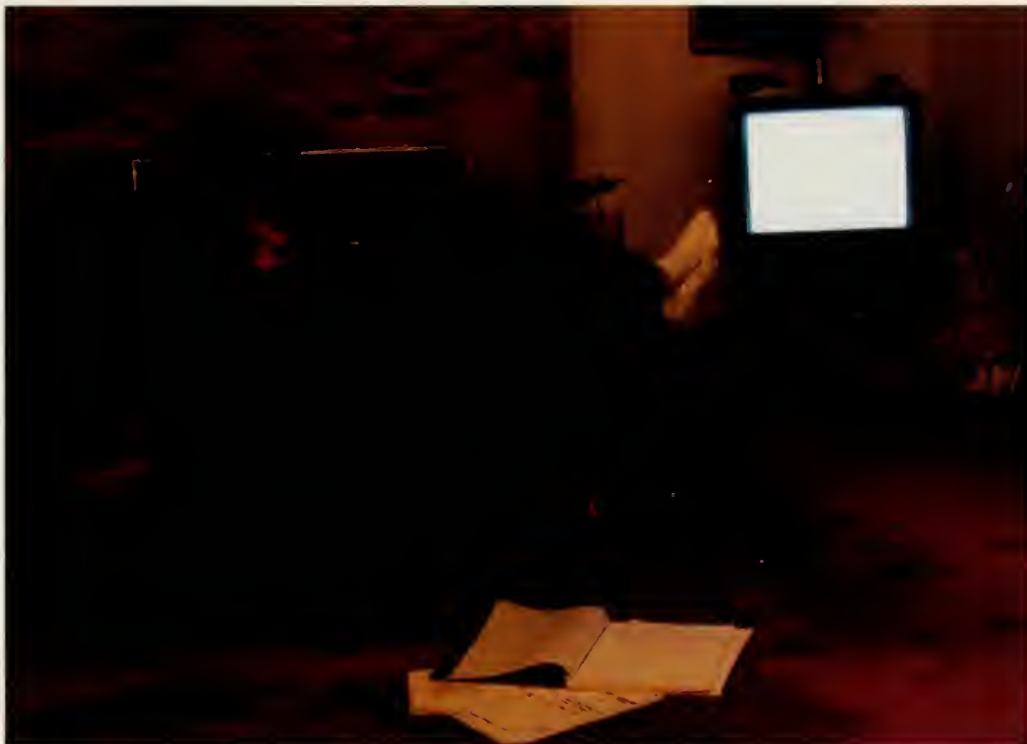


it's time for them to go?





Before the winter fire



we'll still be dreaming -

We do not count the time.



Sad, deserted school,



your Fickle Friends are leaving.



Oh, but then you know,



it's time for them to go.

We, too, may not be here,

for we have thoughts of leaving -



We do not count the time.



And who knows
where the time goes?





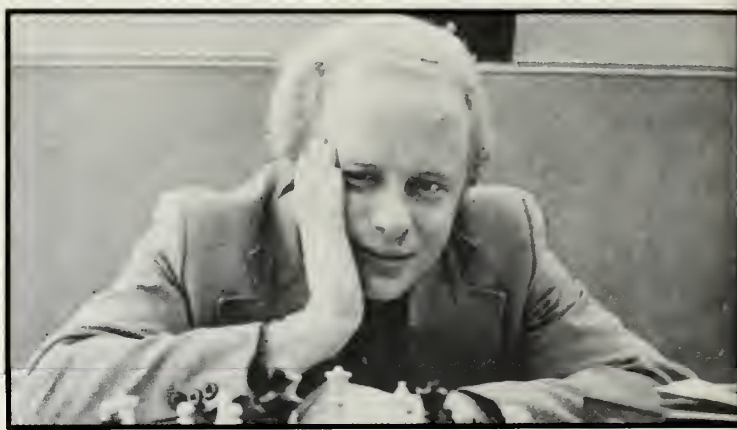
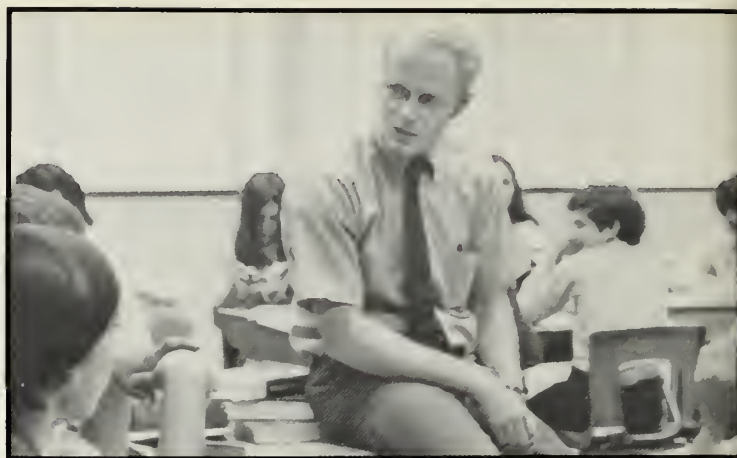
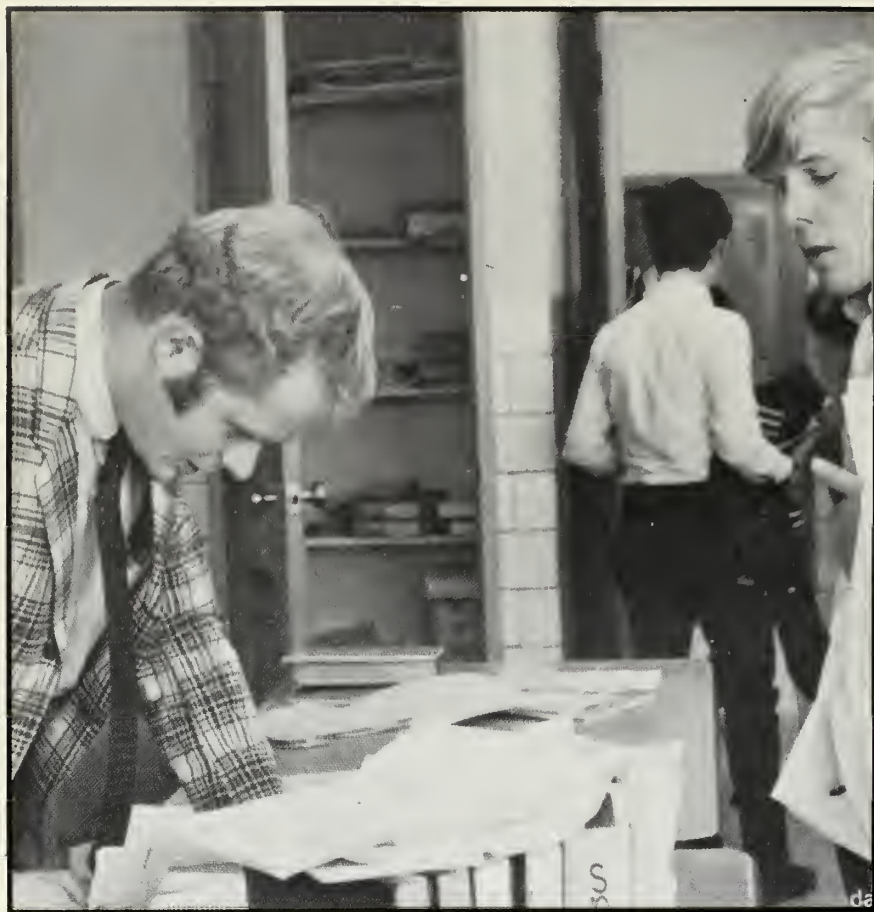
Who knows where the time, ever goes?



AEGIS 1995

*East Longmeadow High School
180 Maple Street
East Longmeadow, Massachusetts
Enrollment 740
Volume XXXIV*





DEDICATION

Very late in the afternoon, when no one else is in the building, if you close your eyes and listen very closely, you can hear them: the faintest traces of all the voices, past and present, echoing in the stillness of the empty halls. We hear those voices often, working late as we do, and the other day thought we also could detect the sound of hands, clapping. That was a new one. We followed the dim cadence to room 125, where a custodian (who didn't hear the echo but gave us a conspiratorial wink, anyway) unlocked the door and let us in. The regular, rhythmic clapping, no doubt a vestige of the countless psychology demonstrations performed here over the years, was unmistakable. We sat at one of the desks, and allowed the quiet wave of applause to wash over us, thrilled that this room - Mr. Marden's room, had lost none of its magic.

Back in 1970, when Mr. Marden first turned a key in the door to room 125, he was actually marking the end of the least suspenseful chapter in his life. By his own admission he was born to be a teacher. "I became fascinated with the whole idea of teaching when I was a student at Amherst Junior High," he told us - no small feat when you consider that his fa-

ther, Bill, was the school's principal at the time. The other students gave him more than the usual amount of ribbing because of it, naturally, but there were advantages, too. Once, when he and his buddies "appropriated" a 'No Parking' sign from school grounds (in broad daylight, no less) and left it leaning against a headstone in an adjacent graveyard, the police were remarkably lenient when they discovered they were holding Bill Marden's son in custody. The real benefit of those early days, though, was growing up in a family where learning was encouraged and respected, and in a town where the educational atmosphere had a different kind of greenhouse effect. All of the qualities we associate with the Mr. Marden we know today: the pure intellectual curiosity, the honesty, the sense of mischief, the work ethic, have their roots in his Amherst boyhood.

Over three thousand students have completed Mr. Marden's psychology classes over the years, a staggering number when one considers the difficulty of the course. Why is it so popular that at one point it had to be limited to seniors only, while everyone else was placed on a waiting list? True,

at that age a student first becomes interested in trying to understand human behavior, and true, to most students anything new that isn't math, or english, or science is worth investigating. Yet the real reason for the popularity of "Intro Psych." and "Advanced Psych.", (though he'll probably disagree with us when we say it), is Mr. Marden himself. Kids have always maintained their own secret lines of communication and the word has been out since day one back in 1970, "You've got to take his



MR. DAVID MARDEN

cations spent with his brother, Jim, in Maine, or his nightmarish stays in the hospital, and manage to make those stories relevant? Who else would circulate a bogus lunch menu featuring "tender, sweet peas" on a daily basis, or interrupt graduation rehearsal to present his own "Marden Achievement Awards"? Who else would take the time to show his students a tree, in all its autumnal glory, so that they might take the time to notice all that is beautiful in their own lives? Who else works so hard on improving his course, and his own classroom performance, so that his students might learn even more? Whose students ever do learn more, or ever come to love and respect their teacher quite as much? No one we know of.

So what can we give back to the man who has given so much of himself to us? Any sort of "useful" class gift: a rocking chair, a subscription to GQ, a sailboat, a gold watch, would eventually fall far short of expressing our regard for him (although we know he could use GQ, and suspect he'd like to try and make do with the sailboat). No, on this occasion we've decided to take the opposite approach and present him with something en-

tirely useless - AEGIS '95.

There is one thing you CAN do with this book, Mr. Marden. Simply hold it firmly in front of you and listen very carefully. With the help of your wonderful imagination you should soon be able to detect the faint, but regular sound of clapping, starting slowly at first, then building into wave upon wave of applause. Only this time it's not a classroom demonstration you're leading - it is the sound of all of your students, in tribute.

class, he's a GREAT teacher."

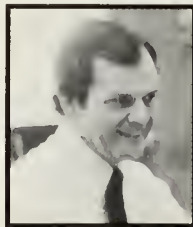
Who else can explain the complexities of the memory process model and still find the time to write personal notes of congratulations to students who make the honor roll? Who else can so accurately imitate the conduct of BOTH sexes at a typical high school dance, and illustrate a point about adolescent behavior at the same time? Who else but Mr. Marden can regale his classes with incredible stories from his days in the army, or his wonderful summer va-



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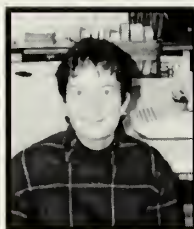
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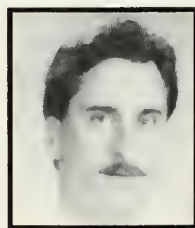
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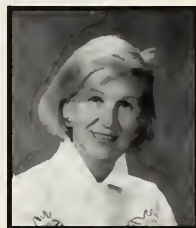
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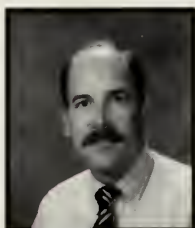
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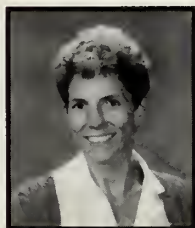
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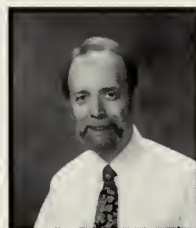
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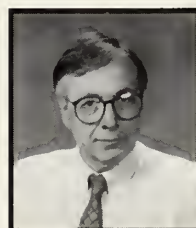
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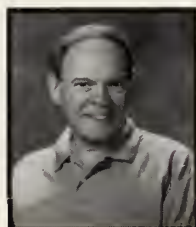
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FACULTY





O es
ispañol!

No est
francais!

It shall be
rown as Latin!

That English dictionary
is around here
Somewhere!

A new
form of
life.

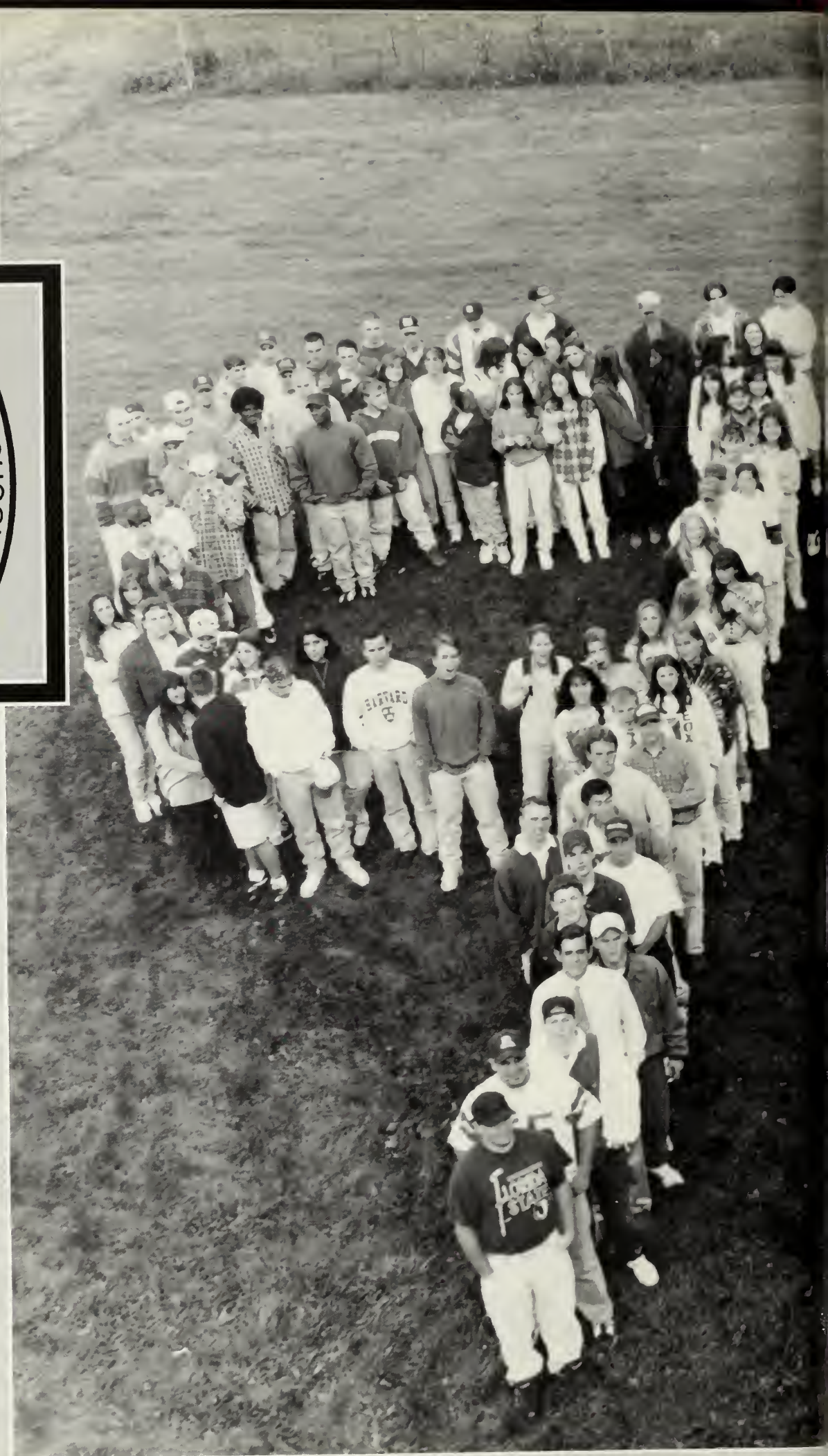
El Inglês no es
necesário!

WEBSTER'S
ENGLISH
DICTIONARY

1995 FACULTY



1995





SENIORS





MICHAEL P. AB AIR

COPE Classic 1, 2, Literary Magazine 3, 4

I can't believe how fast these four years have passed. Freshman year, all I was worried about was what I was doing on the weekend; now I'm making decisions that will affect my entire life. No matter how you look at it, everybody has grown, from kids riding bikes, now driving cars, to the freshmen football players, now playing in the Super Bowl. I am grateful for the friends I've met over the past four years. Some I've gotten close to, others I just say hello to occasionally. To all of them, I wish the best of luck. Finally, I'd like to thank my parents for all of the encouragement they've given me through the years.



JASON ALEXANDER

Volleyball 4.

Carmen - what can I say, except thanks! Mike - you look like a frog. Lynn - tonight, my place for cookies and milk. Nick - be careful; someday your klepto side is going to catch up to you. Volleyball team - we had a great first season and I know you're going to do even better next year. Good luck!



AMBER KRISTEN ARNOLD

Office Aide 2, 3, 4; Key Club 1, 2, 3, 4; International Club 2; Spanish Club 3; Yearbook 3; Homeroom Rep. 4; Soccer 2, 3; Track 3, 4; Ziti Dinner 4; Project Lifework 3, 4; Girls' State 3.

To all my friends:

The past four years have flown by and now it doesn't seem possible that we're seniors about to graduate and go our separate ways. I wish you all good luck and I'm going to miss you all a lot. You are what has made these past four years something to remember.





TONY AVEZZIE

Wrestling 1, 2, 3; Key Club 4, Ziti Dinner 2, 3

The end of the road is finally upon us and there is no turning back now.



MARTHA MORGAN BAKER

Field Hockey 1, 2, 3, 4 (Captain); Basketball 1; Track 2, 3; Student Council 3, 4 (President); Spartanum 2, 3, 4; Ziti Dinner 4, Powder Puff 1, 3; International Club 2; LSAC 4 (Co-chairperson); Project Lifework 3.

"We are all travellers in the wilderness of this world, and the best that we find in our travels is an honest friend."
- Robert Louis Stevenson



JEFFREY A. BARROWS

I would like to thank my parents and my girlfriend, Karey, for helping me stick with school. Also I've enjoyed my past four years at ELHS. It's been fun.





JAMIE BARTOSZEK

Chorus 1, 2, 3, 4.

Even though I've only been here for my senior year, I've already made a lot of close friends which I'll always remember, especially Lora. Sara, even though mornings aren't good for you, it'll be all right. Basically, ELHS has been really nice to me. I would like to thank my grandparents. Mom, we've been through a lot and I'm glad things turned out this way, I love you. Aunt Sandy, Uncle Andy, Aunt Lisa, and my little cousins (especially Stephen). I love you guys! I also want to say I'll never forget my dearest friend and brother Ryan.



MONICA BELLUCCI

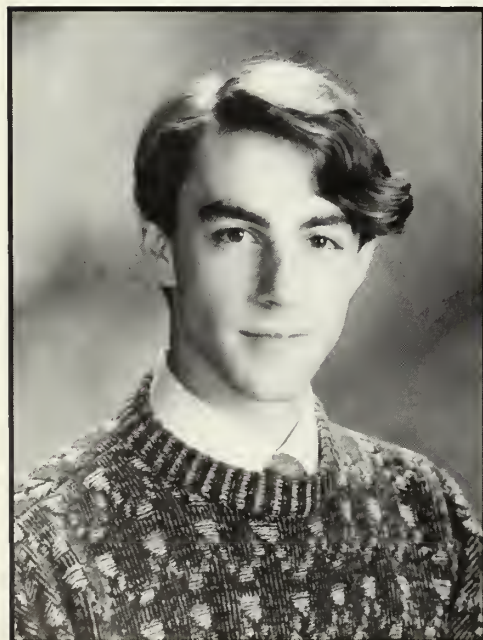
COPE 1, Environmental Action Club 2, 3, Key Club 2, 3, International Club 2, Spanish Club 3, 4, Ziti Dinner.

We have been together for twelve years and in June we will all go our separate ways. I wish all of you the best of luck in everything you do, and a long and happy life. Long live the Class of '95.



ROB BERARD

Good-bye, do not cry,
For you shall surely die,
I see this in my mind's eye,
Which does not lie,
Midnight is growing nigh,
Do not be shy, 'tis almost feary time!



JASON M. BERGERON

Key Club 1, 2, 3, 4 (President); Newspaper 2, 3, 4 (Asst Editor); Debate 3, 4, As School Match Wits 2, 3, 4, Model Congress 4, RYLA 2, Boys' State 3, Homeroom Rep 4, Chemistry Olympiad 3, Ziti Dinner 4, Basketball 1, 3, Tennis 1, 2, 4, National Honor Society 4 (Treasurer); Spartanum 4

Good luck Class of 1995. Never forget East Longmeadow and always do your best in everything



JESSICA HELEN BIANCO

Field Hockey 1, 2, 3, 4; Track 1, 2, 3, 4; AIDS Action Committee 3, 4, COPE Classic 1, 2, 3, 4; LSAC 4 (Chairperson); RSAC 4, Project Lifework 3, 4; Office Aide 2, 3, 4, International Club 2; Environmental Action Club 2; Key Club 1; Yearbook 4, Newspaper 2; Powder Puff 1, 3.

Live day to day as crazily as you know how! Burp loud, laugh hard and party on! Best of luck to all!



DAVID BILLINGSLEY

Basketball 1

Good luck to the Class of '95!





BECKY BLAIS

International Club 2; French Club 3 (Officer), 4 (Pres.); Homeroom Rep. 4; Office Aide; 1, 2, 3, 4; Key Club 1; Spartnum 4; Ziti Dinner 4; Debate 4; Yearbook 2, 3, Project Lifework 4

"All I know it's like going off the deep end. Could you make a decision? Could you think for yourself and go on? Everyone knows you've got to fit into the mainstream to save your woes. Close your eyes, look away now. Make believe while you can!" - The Offspring

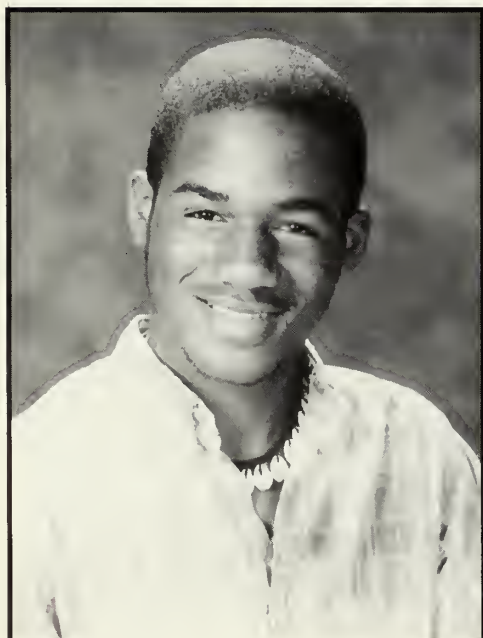


RENEE BLANCHARD

Cross Country 1, 2; Track 1, 3; Field Hockey 3, 4; Swimming 3, 4; French Club 3, 4; Ziti Dinner 3, 4; COPE Classic 3; Yearbook 4.

"To be nobody but yourself in a world which is doing its best, night and day, to make you like everybody else means to fight the hardest battle which any human being can fight and never stop fighting." - Anonymous

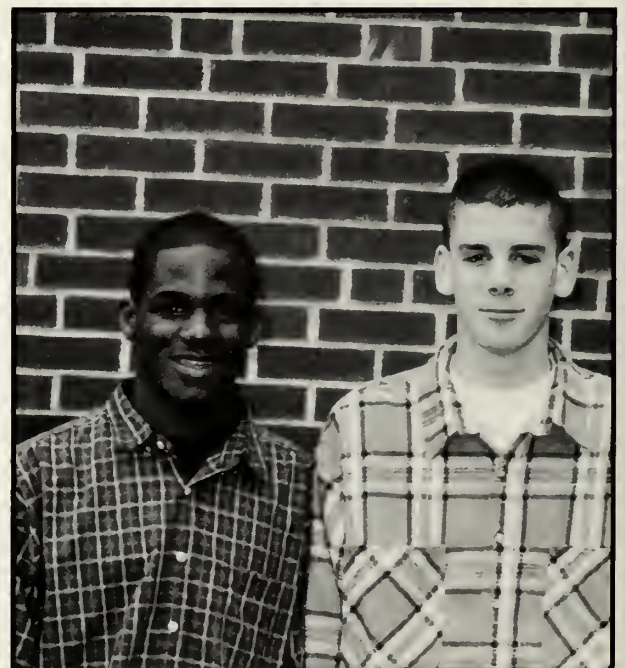
Also to the field hockey team: Good luck and to Dana and Joelle, hang in there! Thanks Mom, Dad, Matthew, Auntie Joan, Steven, Gina, and Nicole for always being there for me.



ANDREW BOGLE

Debate 1; COPE 1; Tennis 1, 2, 4.

"If you pick up a starving dog and make him prosperous, he will not bite you. This is the principle difference between a dog and a man." - Mark Twain

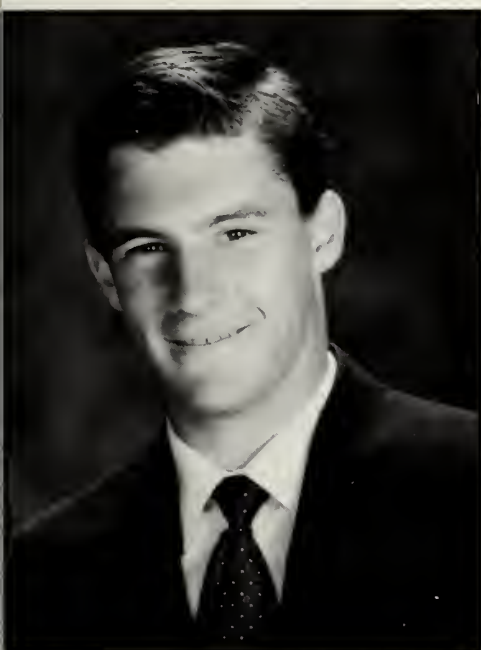
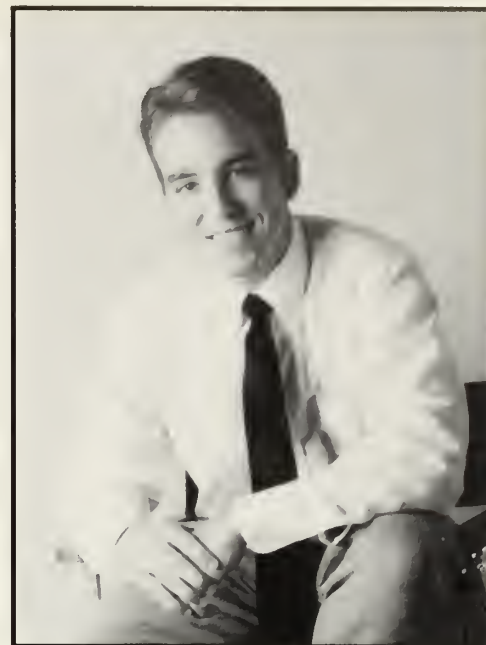




JUSTIN BOOTH

Baseball 1, 2; Key Club 3, 4 (Vice Pres.); Class Officer 2, 3, 4 (President); LSAC 4; Model Congress 3, 4; RSAC 4; Newspaper 3, 4 (Business Editor); Project Outreach 2, 3, 4; COPE Classic 3, 4; Ziti Dinner 4; Close-up 2; Powder Puff 3; AIDS Action Committee.

There are some memories that I will carry with me for all of my life. To my friends: I'll remember how you taught me genuine friendships are about the closeness of hands, hearts, and souls. We have helped each other in times of need by giving something of ourselves. The memories of the times we spent together in youth will not be forgotten when we go our separate ways. To the Class of 1995: I wish you all the best, we've traveled down a long road, and we've come out on top, together. To my family, including Stephen, you have made me the person that I am today. Thank you, I love you.



DANIEL W. BRENNAN

Swimming 1, 2, 3, 4 (Captain); Yearbook 3, 4 (Editor); Golf 2, 3, 4; Spartanium 1, 2, 3, 4; Band 1, 2, 3, 4; Jazz Band 2, 3, 4; Chemistry Olympiad 3; Project Lifework 4; Ziti Dinner 4; Words, Not Weapons 4

"Accept the challenges so that you may feel the exhilaration of victory." - General George S. Patton
To the Class of 1995 -

May you have great success in achieving all of your goals. Best of luck in the future.



MATT BROWN

Basketball 1, 4

Finally! This is it. We've made it through our high school years. Now we're headed to the REAL world. There's no looking back now. Hope you all have fun!





KATIE BRUNELLE

Soccer 1, 2, 3, 4 (Captain); Basketball 1, 2, 3, 4 (Captain); Key Club 1; Latin Club 1, International Club 2; Student Council 1, 2, COPE Classic 1, 2; Powder Puff 1, Ziti Dinner 4; Yearbook 3.

Congratulations to the Class of '95! Good luck with your future plans. To my friends well it's finally here guys, we're graduating! Don't forget all the good times we shared: Latin class, Jaime's parties, our sleepovers, and finally, our soccer parties. Good luck and keep in touch. To all my soccer teammates thanks for making my senior year my most memorable one. Good luck and I'll miss you guys. P.S. Sawyer fool, Ice Your Fat!



MAUREEN BURKE

Project Lifework 4; Soccer 1, 2, 3, 4; Swimming 2; Softball 3, 4; Drama 1, 2, 3, 4; Debate 3, 4; Model Congress 3, 4; International Club 1, 2; Track 2; French 3, 4; Spanish Club 4; Powder Puff 1, 3; Yearbook 4; Newspaper 2; Key Club 1; COPE Classic 2, 3, 4; Office Aide 1, 2, 3; Environmental Action Club 1; Chorus 1.

Congratulations Class of '95. Carrie, so many memories, where can I start? It must be Nilla! Zometimez the znow comez . . . Is it you? Or was it me? (We'll never know, will we?). Dan P. - what can I say? Thank you for everything. K.P. keep with the football. Lauren - you go over. I'll go under (my sophomore year). Jeff - you still owe me. Model Congress was fun. All my soccer friends (my fellow benchies) - you made it fun, you know who you are. Kramer - where'd you get those Cubans? Christina - because of the Alphabet? We're always joined. There's so much to say and not enough room to say it. To all the above - I know you'll go far in life and I wish you all the happiness in the world. Again, congratulations Class of '95. See you in ten years.



CHRISTINA M. BURTON

Field Hockey 1, 2, 3; Powder Puff 1; Ziti Dinner 4; COPE Classic 2, 4; Cheerleading 1, 2, 4; Key Club 1; Spartanum 1, 2, 4.

Unlike larger schools, ELHS is a place where everyone is not just a face in the hall. Some of you I have known since elementary school, others I've only met more recently, and though we'll soon part, we'll always be together in spirit, because we are ELHS's graduating class of 1995. To Amy and Laura: I'd like to say thanks for always being there for me. We've stuck by each other in good times and bad, and that's what makes our friendship true. Maureen, sitting behind you in homeroom for the past five years has been great. Finally, to Mom, Dad, Jen, and Casey: It's been a tough four years, but you've put up with me through it all. Thanks for being there for me. Love always.



MICHAEL CARLIN

Hockey 1, 2, 3, 4, COPE Classic 2, 3, 4, Newspaper 2; Ziti Dinner 4, Powder Puff 1, 3, Sprtanum 4.

"I've seen all your eyes and I've seen all your faces. Can you tell me honestly you want to be free from here?" - Blind Melon



ROBERT L. CARLSON JR.

Football 3; Baseball 1.

Good luck Class of '95.



ROB COTE

During my many years in the EL school system, I have met a lot of good friends and done many interesting things. I would just like to say good-bye and good luck.





SARAH CRAFT

Cheerleading 1, Ziti Dinner 4, Powder Puff 1, 3, Swimming 2, 4, Newspaper 3, 4, French Club 3, Drama Club 3, 4, Project Lifework 3, 4, Spartanium 1, 4

Shannon and Lauren: During our senior year much has happened. The three of us became inseparable. We've conquered everything together and our friendship has withheld it all. You both made my senior year very special by sticking by me and listening to whatever I said. Question: "What do you have to lose when the spoon flies at seven?" Apply that to everything in life - there is never too much to be lost that a chance can't be taken. Stephanie thank you. The nine years of our friendship have been truly special. Good luck on "The Hill" without me. I'll miss you. As we continue to grow and eventually graduate, I hope my friendships with all of you become stronger. Best Wishes . . .



JASON CROSS

COPE Classic 1, 2, 4; Soccer 2, 3, 4 (Captain); Newspaper 4

"The door's wide open . . . But the ride ain't free"
Bruce Springstein



CHAYE CUNNINGHAM

"Once upon a midnight dreary, while I ponder weak and weary . . ." Guess what? We made it through four years at ELHS, now what? I guess we have to trade in our backpacks for briefcases and start off fresh. It still hasn't hit me that I won't be getting up every morning and fighting for a parking place. To Corrie: Stay true to yourself no matter what kind of music you listen to. Melissa: You're such a great friend and I hope you and I stay in touch throughout our lives. To my family: Thank you for putting up with my mood swings and just being there for me. Special thanks to Mom and Dad. I love you.





MICHAEL DEAN

Chess Club 2, Office Aide 3, 4, Math Team 2, 3, 4, National Honor Society 3, 4

Good luck to the Class of '95. Make next year your best!



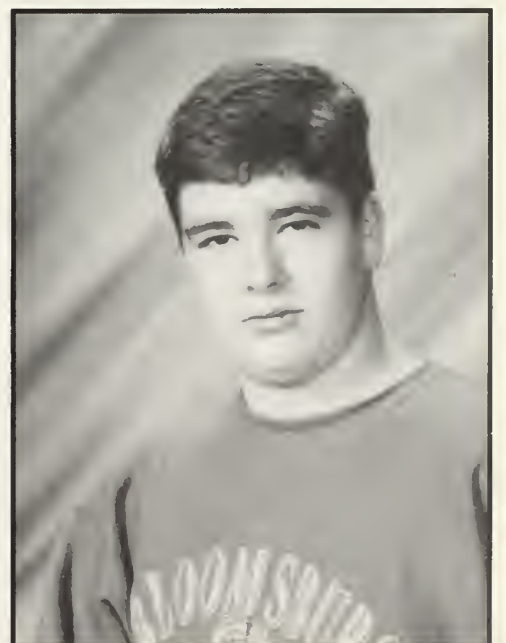
SALVATORE DECARO JR.

Good luck to the Class of '95. See ya' all around, if I'm around. It's been a great year.



MIKE DECOTEAU

These four years have been different, some good, some bad, but all exciting. I'm glad we're finally out! Live life and have fun.





LEE DELNICKAS

COPE Classic 2, 3, 4

To all my friends: I'll miss all of the good times we've had in the past, but I'll look forward to many more good times in the future.



DAVID DEMORACSKI

Math Team 3, 4.



DEANA DIRICO

Key Club 1, 2; Yearbook 3; COPE Classic 2, 3; Spartanum 3, 4; Ziti Dinner 4; Project Lifework 4; Office Aid 1; Powder Puff 1.

I can't believe high school is coming to an end. It seems that when things start to get exciting and fun they always have to end. We've had fun, laughs, and great memories that are left deep in our hearts. It's time we move on and start all over again, finding new friends (but always remembering the old East Longmeadow High). Good luck in the future. Beth, you are my true best friend and I will always have a place for you in my heart. I will never forget our special friendship throughout the years. Abbie, I will always remember Martha's Vineyard. Sam, I am with green eggs and ham. Don't forget falling down in the sand dunes either! Thank you all for everything, good luck, and I love ya! Ruff-ruff.





MATTHEW DIBIASO

It's been a real joyous occasion. I'm glad it's over. You all know how to get in touch with me, please do so. I'll see you all down the road sometime. All I have left to say is "All righty then!" "OK jerkies don't forget to stay in touch and watch out for horny porcupines!" AH, KM, and SA-goodbye and good luck! JG-I love you don't ever change! Later!!



SHELLY DION

Softball 2, 3, 4; Basketball 3, 4; Office Aide 1, 2, 3, 4; Project Lifework 3, 4; Cheerleading 2; Key Club 1, 2, 3, 4; COPE 4; Volleyball 4; Spartnum 3, 4; Environmental Action Club 2; Debate 4; Powder Puff 1, 3; COPE Classic 1, 2, 3, 4; International Club 2.

Friends are the greatest memory of high school, especially the ones who were always there to turn to for a good laugh or cheering up. To all my friends, thanks for a great year. I'll never forget you or the times we shared. To Mom and Dad, thanks for believing in me and supporting me. To my sister Julie, I know we've had plenty of fights, but I still want you to know that you mean a lot to me. You've taught me so much that you had to learn the hard way, thanks! To Jeremy, thanks for the understanding, trust, and love that you've given me. To the Class of '95, congrats and good luck!



LAURA DOMASH

COPE 1, 3, 4 (Advisor); Yearbook 1, 2, 3; Health Advisory Committee 3, 4; Spartnum 4; AIDS Action Committee 3, 4; Ziti Dinner 4; Powder Puff 1, 3; Project Lifework 3, 4; COPE Classic 1, 2, 3, 4; Work Study 4; Office Aide 1, 2, 3, 4; Key Club 1; Kinder Care Reading 3, 4; Cheerleading 4

Some things come and go, but the memories of my high school years will never leave me. Amy-the four years we've spent together at school taught me that there is nothing more special than the friendship we have. Ms. Welch-thank you for all the help with everything. Ms. Fitz-I will always remember the office. CM-you are a player. Julie Gentile-do you wanna dance? Take one day at a time. I love you Mom and Dad. Good luck Class of '95.





J.R. ECKERT

Debate 4, COPE Classic 4

"Was I really in high school?"



JUSTIN ERICKSON

Baseball 1, 2; COPE Classic 1, 2, 3, 4; Ziti Dinner 4; International Club 2; Powder Puff 1, 3; Spartanum 4.

Four years have finally come to an end - the best four years of my life. Before we all move on, I'd like to thank all of my friends, especially Donnie, for all of the great memories you've given me.



JOANNE EVANS

Cross Country 1, 2, 3; Track 1, 2, 3, 4; Key Club 1; Environmental Action Club 1 (Treas.), 2, 3 (V.P.); Model Congress 2 (Delegate); Newspaper 2, 3; Mt Holyoke Science Award 3; Health Advisory Committee 3, 4; Office Aide 2, 3, 4.

"It's funny, when you're a child you think time will never go by, but . . . time passes like you're on the fast train to Memphis. I guess life just slips up on everybody." -Fanny Flag

Thank you Amber, Sandy, Holly, Tina, and my Pecan for everything. Time will never lose the seconds we've shared. And how could I have made it without you? Janel, my captain and Lindsey, my savior.





THOMAS EXTINE

Golf 1, 2, 3, 4, Basketball 1, 2, COPE Classic 3, 4

"There are places I'll remember all my life, though some have changed. Some forever, not for better, some have gone, and some remain.

All these places had their moments, with lovers and friends. I still can recall. Some are dead and some are living, in my life I've loved them all.

But of all these friends and lovers, there is no one who compares with you. And these memories lose their meaning when I think of love as something new,

Though I know I'll never lose affection for people and things that went before. I know I'll often stop and think about them. In my life I'll love you more."

-J. Lennon, P. McCartney



JOSEPH V. FERRERO

Wrestling 1, 2, 4

First, I'd like to say good luck to my brother and sister in the future and don't screw up in school like I did. Also, good luck to Jay and Rob. It's been fun. Thanks to the Science Department especially. Ms. Demarey, I learned a lot. Thanks, Mom and Dad, for your support throughout high school.



HEATHER MARIE FICKETT

Key Club 1, 2; Drama Club 1; Environmental Action Club 2; International Club 2.

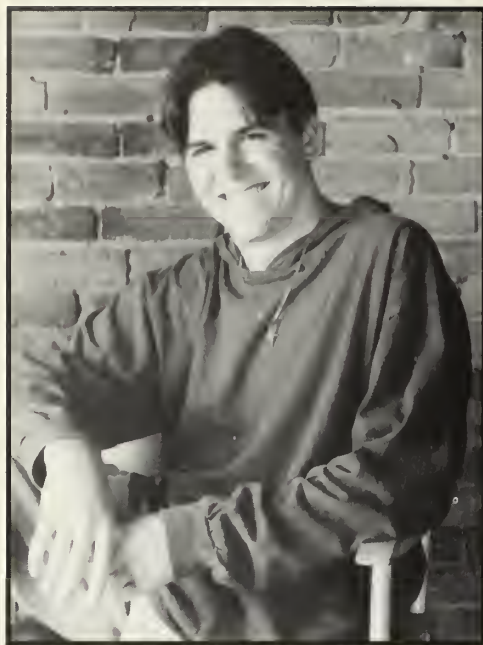
Good luck to the Class of '95. I hope everyone's dreams for the future come true.



TODD FOCOSI

Wrestling 1, 2; French Club 2, 3.

I've never liked writing these things, but I do want to say goodbye to all my friends and wish you the best of luck, always.



BETH FOERSTER

Soccer 1, 2, 3, 4; Spartanum 3, 4; COPE Classic 2, 3; Key Club 1; French Club 3, 4; Project Lifework 3.

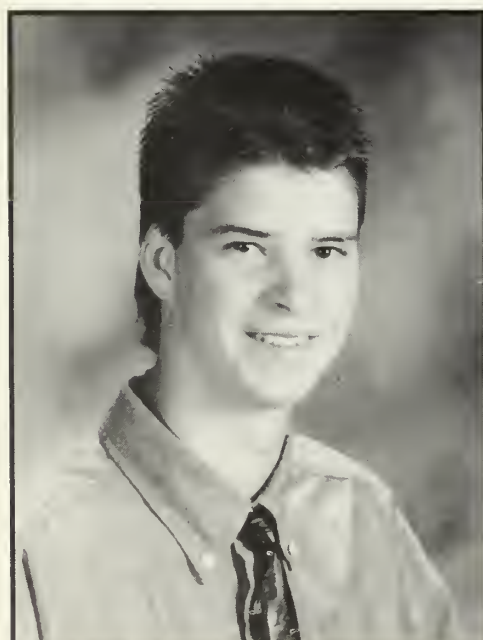
Well, it's finally over. Even though it feels like the end, it's really just the beginning. It's time to follow your dreams and make your goals happen. Go new places and do the things you've dreamed of, but never forget the friends, memories, and fun you had in the little town of E.L. Deana, Abbie, and Julie: Thanks for always understanding the way I feel. Our friendship defined the term "best friends" and I know we'll always be together. 2 sets of twins + 2 neighbors + 2 girls + 2 boys + 4 best friends = true friendship forever. Paul, Julie, and Jay! I love you guys. Jay (Bro): you never said much but you always cared when I was upset. Mom and Dad, I'll miss ya' as I follow my dreams to Colorado. Thank you for everything.



JASON FOERSTER

Baseball 1.

These past four years have flown by and have finally come to an end, but these memories will always be with me. It's time to move on and consign them to the past. The one thing I will never forget is the eighteen years of friendship with my best friend, Paul, and his sister, Julie. Think back on all of those great memories (especially that "sudsy" experience when we were five). Thanks to Beth for always being there when I needed to talk about something. Thanks to my friends, my parents, and my teachers for being there.





JESSIE FREME

Soccer 1, 4; COPE Classic 2; Ziti Dinner 4

"As we wind down the road, our shadows taller than our soul, there walks a lady we all know, who shines white light and wants to show how everything still turns to gold and if you listen very hard the tune will come to you at last, when all are one and one is all, to be a rock and not to roll." -Led Zeppelin



LYNN M. GAMACHE

Class Officer 1 (Vice Pres.); Soccer 1; French Club 3, 4; International Club 2; Project Lifework 3, 4; COPE Classic 2, 3, 4

"The most important function of education at any level is to develop the personality of the individual and the significance of his life to himself and to others. This is the basic architecture of a Life; the rest is ornamentation of the structure." -Grayson Kirk

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music he hears, however measured or far away." -Henry David Thoreau

"If I am not for myself, who will be for me? And if I am only for myself, who am I? And if not now, when?" -Hillel



MICHAEL GARRETT

Baseball 2; Jazz Band 1, 2, 3, 4; Spartnum 1, 2, 3, 4; Math Team 1, 2, 3, 4; Science League 3, 4; As Schools Match Wits 4.

I am trapped within this place
In which I presently reside.
My world is just a small brown box,
And I am stuck right here inside.
I want to tear the walls and tape,
But of this thought I am in doubt:
If I could make my escape,
Am I ever really out?

"Any fool can criticize, condemn and complain-and most do." -Dale Carnegie

"If you don't stand for something, you'll fall for anything."

-Unknown





JULIANNE AIMEE GELINAS

Field Hockey 1, 2, 3, 4 (Captain); Swimming 1, 2, 3, 4; Track 3, 4; Newspaper 3, 4; Honor Society 4; Drama Club 1; International Club 2; French Club 3, 4; Spartanium 3, 4; Powder Puff 1; COPE Classic 2, 4; Ziti Dinner 4

To all my friends who complained about my punctuality: you may think the early bird gets the worm, but I never liked worms anyway. My hiking buddies, Martha and Dan - we will conquer Mt. Washington. Bubba - shower talk rules forever. Kelly, my Bass Pond/Paddle Club pal, thanks for listening. Jessica - don't forget Edith Ann. Meredith monster - good luck, even though you think field hockey stinks. Mom and Dad, thanks for being there through the years. Especially, I wish the best for Beth, Jason, and Paul. You guys are my best friends - don't you ever lose touch. Best wishes to the Class of '95.



PAUL GELINAS

Football 1, 2, 3, 4; Baseball 1, 2, 3, 4; Key Club 2, 3, 4; French Club 2, 3, 4; Business Leaders of Tomorrow 1; AIDS Action Committee 3, 4; Homeroom Rep. 4; Powder Puff 1; COPE Classic 2, 3, 4; Ziti Dinner 4.

I can't believe it's coming to an end. Life as I know it seems to be over and a new one's about to begin. These past eighteen years have been filled with so many great memories that are soon to be forgotten. Some things though, you never forget. Julie - the only twin I'd ever want, you've always been there for me and now we'll soon part. I hope your dreams come true and be careful. If you ever need me, I'll be there - nothing could keep me away. Jay, my best bud; Beth - our eighteen years of friendship has meant the world to me - we're family - never let anything change that. James, Hogs, Football team, Seals, the class - good luck - stay close! Thanks coaches and teachers.



JULIE GENTILE

Softball 1, 2, 3, 4 (Captain); Office Aide 1, 2, 3, 4; Basketball Manager 3; Cheerleading 2; Key Club 2; COPE Classic 1

These past twelve years have been a learning experience beyond the books. I've learned about friendships, relationships, and what it takes to keep them. To all those friends, I say thanks for helping me grow these past four years. At times we haven't all gotten along, but I wish all of the Class of '95 the best of luck in the future. Good luck to all my close friends, you know who you are. I love you guys!!! Thanks for the memories.





JEREMY GIARD

Baseball 1, 2, 3, 4 (Captain); Basketball 1, 2, 3, 4 (Captain); Volleyball 4, COPE Classic 1, 2, 3, 4, Spartanum 3, 4, Ziti Dinner 4, Project Lifework 4.

It's been a great four years. I've met a lot of great friends and have had tons of fun with them. I'm glad I got involved in sports at the high school; I've met my closest friends that way. I've had a great time with my teammates over the years, especially the kids in the senior class. Thanks Mom and Dad for always being there for me when you were needed, I love you both. Shelly - I'm glad I met you in Mrs. McTaggart's geometry class. We've had a great time together ever since. To the Class of '95 - we've made it through together! I wish you all the best of luck in the future.



ADAM GILBERT

"Live fast 'cause if you don't take it, you'll never make it
So if you understand me
Then you will know what nitro means
You'll live like there's no tomorrow."
-Offspring
To my friends: Good-bye and good luck!



JOSEPH A. GIUGGIO

Football 1, 2, 4; Golf 1, 2, 3, 4; Key Club 1.

To all of my friends - the thing I remember is that the Class of '95 knows how to have FUN!!! Remember the dunes, the 4th of July at Stack's house, Don's house, Sally's house, and any other place. Remember all the good times at the tracks, night games, too. I hope that we have better times in the future than we have had in our four years of high school.





DAVID W. GONYEA JR.

Key Club 2; National Honor Society 4

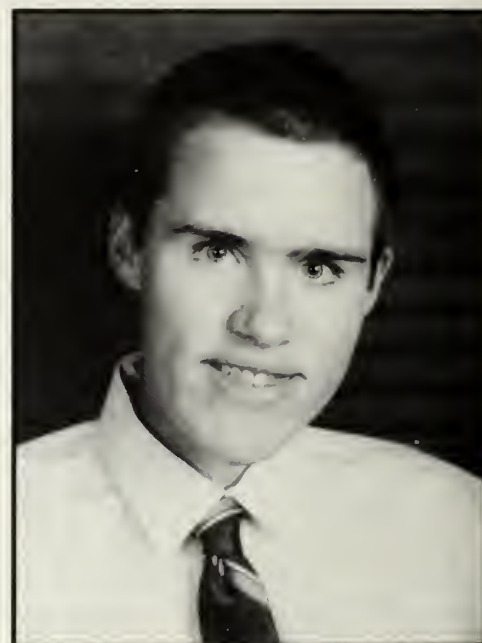
These four years of high school seemed to fly by. Hopefully, everyone knows what career will be in his or her future, or at least an idea of what career might be pursued. Many of us have filled out applications for college and are looking forward to going. I'd like to thank my friends and family for all the support that you have given me through the years and I hope everyone has a great future.



MATTHEW V. GONYEA

Key Club 1, 2, 3, 4; National Honor Society 4

It seems like we just started high school. The time flew by! Now it's time to go on to the next stage of our lives. We will all be going in different directions. Hopefully, some of us may meet again.



MYRNA I. GONZALEZ

French Club 1, 2, 3; Key Club 1, 2

I know it's been so rough, four years is more than enough. But now that we're near the end we realize how much we'll miss our true friends. There are no words to describe all of the experiences we've shared. The nights we spent out driving, having fun without a care. But now I feel a tear from the warmth inside my heart, from knowing far too soon our ways will finally part. So I wish you all the best since you are my friends. We've been there from the start and will be until the very end.





SETH A. GOODCHILD

Math Team 1, 2, 3, 4, Basketball stats 1, 2, 3, 4, National Honor Society 3, 4 (Pres.); Yearbook 3, 4 (Editor); Baseball stats 3, 4, As Schools Match Wits 3, 4; Ziti Dinner 4; COPE Classic 2, 3, 4; Tutor 3, 4, Homeroom Rep. 4, Chemistry Olympiad 2, 3; Project Outreach 2; Spartnum 4; Project Lifework 4

For some, East Longmeadow High School may be just a small red brick school on Maple Street, but for me it's meant the world. ELHS has represented so many memorable things for me, from challenging academics to spirit at sporting events. Most importantly, ELHS has shown me how valuable friends and family are. I could have never made it without you guys. Now it's time to move on to experience more of what life has to offer. But never forget the true definition of a Spartan: a person of exceptional valor and fortitude, brave and enduring. Lastly, remember, the skies are limitless and the future is bright so just persevere through the hardships and reach for the stars.



DARRELL GWINN

Baseball 1; Football 1, 2; Hockey 3, 4 (Captain); Key Club 1, COPE Classic 1, 2, 3, 4; Ziti Dinner 4; Latin Club 1, Spanish Club 3, 4, Pancake Breakfast 3, 4.

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
- Oliver Wendell Holmes



AMIE NICOLE HASKELL

Cheerleading 2, 3 (Captain); Ziti Dinner 4; Spartnum 2, 4.

Good luck to the Class of '95. Also, to my good friends, thanks for everything. I wish we, as a class, had been much closer. It would have been much easier for me to write this. To all the cheerleaders ('94 - '95), keep the spirit going. I'll miss you guys! Thanks, Mom and Dad, for everything. Kari, too bad I'm not leaving, so do well in school. I love you guys. Peace, love, and happiness.





LYNNE HASSIN

Newspaper 2, 3, 4, Band 1, 2, 3, 4, Track 1, 2, 3, 4, AIDS Action Committee 3, 4; COPE Classic 2, 4, Swimming 2, 4, Ziti Dinner 4, Drama Club 1, Powder Puff 1, 3, Spartnum 4, Project Lifework 4, Environmental Action Club 1, 2.

Never give up on your dreams and live life to the fullest . . . Anything can be accomplished . . . To all my friends, thank you for EVERYTHING! I'll never forget you. Mom, Dad and Jill, you are the best. I love you . . . P.S. Nosilla, you are my hero.



JAMES HASTINGS

Cross Country 3.

I wish the best to the Class of '95. It's been fun and I hope that you each have a good and prosperous future.



HOLLY HAWN

Chorus 1, 2; Spartnum 1, Newspaper 2, 3; Drama 4

Class of '95: Love your neighbors as yourselves, and pursue your dreams. Tina: Thanks for being a tremendous friend and for putting up with all my foolishness. Expect many letters from "Mrs. Deveraux" at BYU. Amber, Sandy, Joanne: You people are the best. Thank you all for being such significant points in my life. Tim: STOP IT RIGHT NOW! To all who know me well: Years and years from now, when your five manual, one hundred rank pipe organs fall into disrepair (and they will my friends, they will), don't you dare call anyone else but me to fix them. Thanks.





ROBERT HERSEY

Football 1, 2, 3, 4; Wrestling 3, 4; COPE Classic, Pancake Breakfast 1, 2, 3.

"I not only played the game, I lived the game."



MIKE HOPKINS

Football 1, 2; Band 1, 2, 3, 4; Hockey 2, 3, 4; Ziti Dinner 4.

"Some people say this is a big game, and some people say this isn't a big game, but I say it's a big game because it's the only game we can win today."

"HOPPER"



KEITH MICHAEL INGULLI

Baseball 1, 2, 3, 4; Soccer 1, 2, 3, 4 (Captain); Basketball 1; Jazz Band 3, 4; Boys' State 3; Yearbook 4; Homeroom Rep 4; National Honor Society 4; COPE Classic 3, 4; International Club 2; French Club 3, 4; Pancake Breakfast 1, 2, 3, 4; Spartanum 3, 4.

"Many dreams come true and some have silver linings. I live for my dreams and a pocketful of gold." - Led Zeppelin

To all I had great times with over the four years of high school, I will never forget the good times or the bad. Good luck in the future, Class of '95.





KELLY A. JOHN

Field Hockey 1, 2, 3, 4; Swimming 1, 2, 3 (Captain), 4 (Captain); Project Lifework 3; Band 1, 2, 3; Student Council 1, 2, 3 (Treasurer), 4 (Vice Pres.); Spartanum 1, 2, 3, 4 (Director); LSAC 3 (Vice Chairperson); RSAC 3; Yearbook 2, 3, 4; Car Wash 1, 2, 3, 4; Powder Puff 1, 3; Pancake Breakfast 2.

Time is something always wasted, but not realized until it's gone. We think we have forever, then we wish it to go slow. Will time itself ever stop? That's something I don't know. But I do know time is precious, so try to achieve a lot. Love, live, and enjoy, with the amount of time you've got. Abbie, Allison, Money, Joelle, Julie, Meredith, Renee, and Coach Bolles, good luck and always eat raw meat! I know you're awesome, not just okay QB. Good luck and congrats to the Class of '95. Never say goodbye, just say so long.



LAMAR JOHNSON

Homeroom Rep. 4; Yearbook 4; Project Lifework 4

It's been tough, but we made it. Let's go into the real world and show them we can do it! Peace.

"I'm not a kid anymore, but someday I sit and wish I was young again". Pharcyde



CHERI KHALED

Soccer 1, 2, 3, 4; Softball 3; Basketball 1; Key Club 2, 3; French Club 3, 4; International Club 1, 2; Powder Puff 3; Science League 4

To my friends- You guys have been the best friends anyone could ask for. Klaud- I love you but you're Rob- Some guys have all the luck. Carrie- I am always here, zoom buddy. Jeff- CBH. Thanks for everything. To everyone else- I will miss all of you very much and I'll never forget the times we have had together.

P.S. "Sometimes it goes off by itself."



BRIAN KEOUGH

Literary Magazine 3, 4

"Jokers to the left of me, jokers to the right, here I am stuck in the middle with you."



MELISSA KLEBES

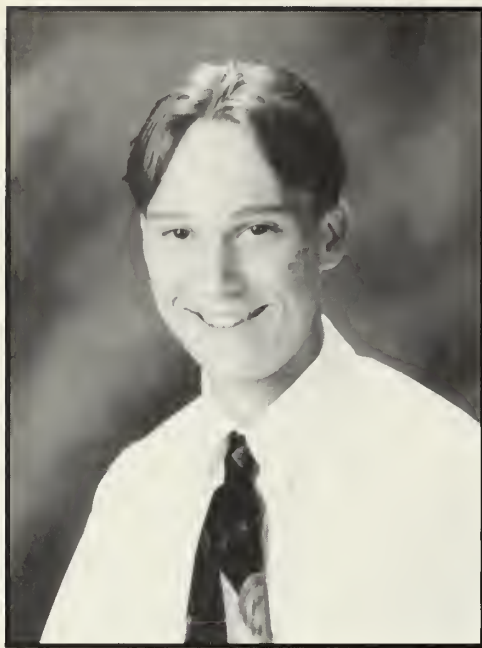
Good luck next year Corrie and Jen. See you in New York City some day Corrie. Jen, PUNK-ROCK! Stay Punky- don't ever go back. Roadrunner Roadrunner Chaye, country music is corrupting your brain, you can do better, but don't go mainstream. Monica, Northampton is cool, but better with the top down. Thanks to my family for being there for me, I love you guys.



OLEG KOGAN

Thanks to all the friends I've made in the time I've gone to this school. I'd especially like to thank my parents, who made sure that I went to school in East Longmeadow.





BRANDON KRAUSE

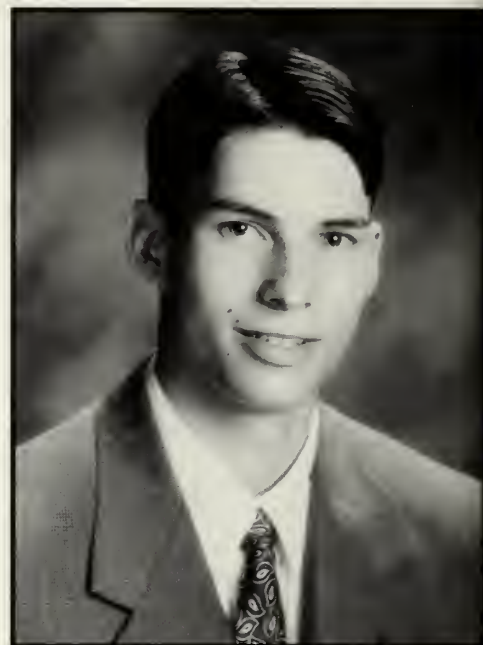
It's eleven o'clock and time to go to Somers, Connecticut. Rob, you got the Bimmer? Oh yeah, do you think you can spot me a ten till Friday? You know I'm good for it. A.V. - keep playing man, you've got talent. Mr. Mazz, I'll see you in a bathroom somewhere, sometime, probably around 7:40 am.



DAVID MATTHEW KUBERA

Latin Club 1; International Club 2; Spanish Club 4; As Schools Match Wits 4; Baseball 1; Basketball 1, 2, 3, 4; Track 2; Spartanum 4; Homeroom Rep. 4; Ziti Dinner 4; COPE Classic 4.

"It takes a big man to cry, but it takes a bigger man to laugh at that man." - Jack Handey



NICHOLAS E. KYTE

Cross Country 1, 2, 3, 4 (Captain); Track 1, 2, 3, 4; Literary Magazine 3, 4; Science League 3, 4; Spartanum 3, 4; Basketball 1.

I'm sure there's much been said.
I know there's much to say.
I've been seeing there's an end
The times have washed us through
a lot of different moments
But in the right lights, I hope,
each bright, sized bead of us
thread one mighty colorful necklace.
Our June end at our high school
shall see those beads together.
If only a September later to
see the necklace brutally shattered.





KRISTA MARIE LACEY

Cheerleading 2, 3, 4 (Captain); COPE 1, 2; Spartanum 1, 2, 3, 4, Office Aide 1, 2, 3, 4, Band 1, 2, 3, Chorus 1, 2, 4, Tutor 2, 3; International Club 2.

To all of my friends:

It's been great, but we're finally out of here! It's the moment we've been waiting for, for a long, long time. Please keep in touch and best of luck and success in the future! Amie- Thanks for everything that you've done for me! Love ya!! Mom and Dad- thanks for everything and I love you! Best of luck to the Class of 1995!!



CARRIE LEE LAPAIRE

Spartanum 1, 2, 3, 4 (Dir.); Newspaper 2 (Photographer), 3 (Photo Editor), 4 (Editor-in-Chief); Debate 1, 2, 3 (Co-captain), 4 (Captain); Lit. Mag. 1, 2, 3 (Asst. Editor), 4 (Editor-in-Chief); Science League 3; Key Club 1; Cross Country 1, 2, 3 (Co-captain), 4 (Captain); As Schools Match Wits 4; Model Congress 4; AIDS Action Comm. 3, 4 (Treasurer); COPE Classic 3, 4.

Someone once told me that there was nothing so valuable in the world as your friends. I guess I have a lot to be thankful for. E.J. Jeff, Dan, Seth, John, and Jay- you're the best big brothers in the world. To the Cross-Country team- It's not easy, but it's ours. There are so many people and so little space, but you know who you are- thanks for the memories. Most importantly, thanks to my family- I could never have done this without you. Joey- keep blading, keep reading, and keep Billy company for me. Mom- someday you'll rival Cassat. Dad- congratulations to the graduate! I love you. Class of '95- never forget your roots.



THONG LEE

Best wishes to the Class of '95 and all of the teachers and students in the Willie Ross School for the Deaf.





EMILY LOIGNON

Key Club 1; Powder Puff 3; International Club 2; Spanish Club 3, 4; Yearbook 3, 4; AIDS Action Committee 3, 4; Project Lifework 3, 4; COPE Classic 4; Office Aide 3; Spartnum 3, 4; Ziti Dinner 4; Project Outreach 2, 4; Homeroom Rep. 4.

"I'm so glad it's finally over! I've waited all year for this day! It's ended, concluded and finished! The one word for that is, hooray! So why am I getting this feeling that maybe I'll miss everyone? And why is there always some sadness, when everything's over and done?" - Jeff Moss

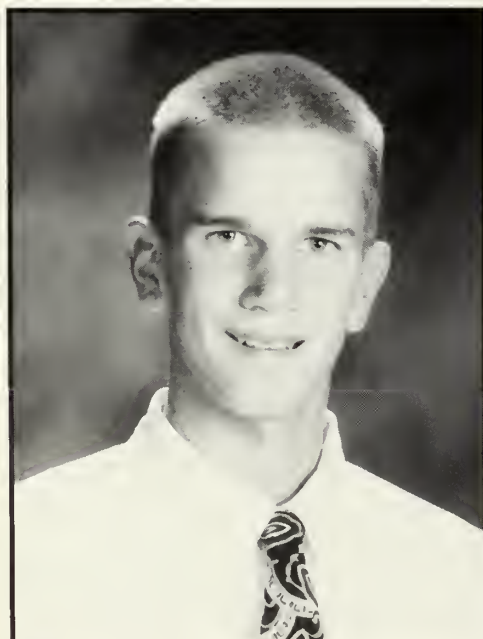
Good luck to the Class of '95, these are the days to remember.



JOSHUA LONG

Basketball 1; Band 1, 2, 3, 4; Jazz Band 1, 2, 3, 4; Spartnum 1, 2, 3, 4

"The great thing in this world is not so much where we are, but in what direction we are moving." - Oliver Wendall Holmes



CHRISTOPHER J. LOVELL

Baseball 1, 2, 4; Business Leaders of Tomorrow 1; COPE Classic 1, 2, 4; Ziti Dinner 4; Project Outreach 3.

"Congratulations! Today is your day. You're off to great places! You're off and away! You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. And YOU are the guy who'll decide where to go. You won't lag behind, because you'll have the speed. You'll pass the whole gang and soon take the lead. Wherever you fly, you'll be best of the best. Wherever you go, you will top all the rest. And will you succeed? Yes! You will indeed! 98 and $\frac{3}{4}$ percent guaranteed." - Dr. Seuss





JEFF LUCEY

I had a great time in most of my classes with everyone. We had a lot of difficult times, but we had more good times than bad. Good luck in the future to everyone. I hope you all succeed in whatever you do. See ya' later.



HEATHER LYNCH

Basketball 1, 2, 3, 4; Soccer 1; Softball 1; Environmental Action Club 3, 4; Science League 3, 4; COPE Classic 1; Pancake Breakfast 1; Ziti Dinner 2; Project Lifework 4.

Hey Class of '95. It's been a great six years since I've moved here. I wish everyone great success in the future. To all of my true friends, keep in touch; I love you all. Good luck to the best class ever to graduate from ELHS!

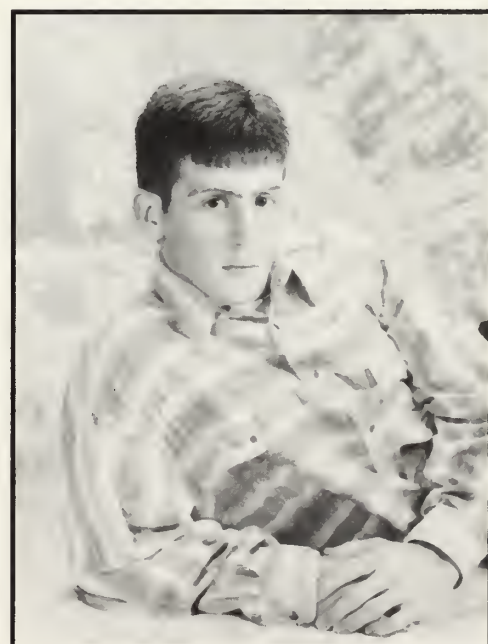


MATT LYONS

Soccer 1, 2; Hockey 2, 3, 4 (Captain); Baseball 1, 2, 3, 4; Key Club 1; COPE Classic 4; Ziti Dinner 4.

"If I leave here tomorrow, would you still remember me? For I must be traveling on now, 'cause there's too many places I've got to see."

-Lynyrd Skynyrd





GREG MAKARA

Cross Country 1; Ziti Dinner 4, COPE Classic 4

I wish everyone in the Class of '95 good luck in the future, especially Dave, Amie, Mike, James, and Rich.



CHRIS MANNING

Lower Pioneer Valley Educational Collaborative 1, 2, 3, 4

To the people who know the "caveman" - "Where is the food? Is it time to eat? I am tired." To the top one - "Can I go to the nurse?"

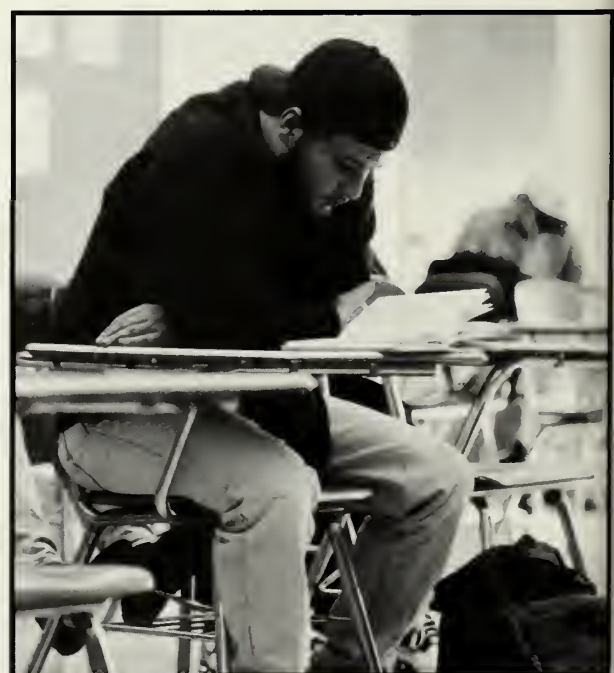


DOMENIC MARATEA

Latin Club 1; Drama Club 1; International Club 2; Literary Magazine 3.

"Let me bring you all things refined, caviar and simple songs served in chilly ale. Greetings, well met fellow 'male'. I am the wind to fill your sail, I am the cross to take your nail, a singer of these ageless times with kitchen prose and gutter rhymes."

- Ian Anderson





KIM MARCHANT

Softball 1, 2, 4; Tennis 3; Office Aide 1, 2, 3, 4; Key Club 3, 4; International Club 2; French Club 3; Environmental Action Club 2, 3; Project Lifework 4; Chorus 1, 2, 3; National Honor Society 4; Girls' State 3; Tutor 3, 4; Ziti Dinner 4; Spartnum 4

To the Class of '95, "Good luck in the future."



JOHN MARTIN

Football 1, 2, 3, 4; Track 2; Powder Puff 1, 3; Spartnum 2, 3, 4; Key Club 1, 2, 3, 4; AIDS Action Committee 3, 4; Ziti Dinner 4; Pancake Breakfast 1, 2, 3.

Adversity introduces a man to himself. If it doesn't kill you it will only make you stronger. Good luck to the Class of 1995.



STEVE MAZZARIELLO

Golf 1, 2, 3, 4; Basketball 1, 3; Ziti Dinner 4

"Change is the law of life. And those who look to the past or the present are certain to miss the future." - John F. Kennedy





ANDREW A. MCGRATH III

Cross Country 1, 2, 3, 4 (Captain); Swimming 1, 2, 3; Track 2, 3, 4 (Captain); Spartanum 1, 4; Chorus 1.

Four years. It seems like only yesterday that we had just started out as freshmen (and women). Now, the only thing between us and the real world is college. We used to whine about school and how we wanted to get out and now, here we are. It's amazing that we've made it through it all. We've had a great life together, and now we're leaving each other and going off on our own. Let's make the best of it. Thanks everyone, especially Mom, Dad, and Matt. I'll always love and miss you guys.



JEREMY MERRITT

Now that graduation is upon us, and our four years of high school are ending, it is time to move on to new experiences and challenges. It's time to get ambitious goals for ourselves and be successful in the years to come. Good luck to the Class of '95.



DIANA MILANO

Student Council 1; Key Club 1, 2, 3, 4; International Club 2; Spanish Club 3, 4; Spartanum 1, 3, 4; COPE Classic 2, 3, 4; Ziti Dinner 4; Powder Puff 1, 3; Project Lifework 3, 4.

I can't believe it's already my senior year. I can remember my first day of high school; I was so nervous. I thought that these would be the longest years of my life, but I really fooled myself- they were the fastest. One thing I learned was that we should take advantage of every opportunity that is given to us. To the Class of '95: Good luck and make all of your dreams come true!!!



JOSH MILLER

Soccer 1, 2, 3, 4 (Captain); Basketball 1, 2, 3, 4, Baseball 1, 2, COPE Classic 3, 4, French Club 4, Ziti Dinner 4.

I've had close friends throughout high school, but none like Ray and Joe; who listened to whatever I had to say, even if it was bologna. It wasn't until my junior summer that we created "The Guys": Don, Lee, Tom, Lumpy, and me. That entire summer we lived "dazed and confused", and it was a summer I'll never forget. Thanks Jeremy for not only being a great cousin, but also bringing me to school. Remember- I can still whoop you in one on one. Abbie, Diana, and Julie (the three pests) Even though I beat you up, I still love you. Holly, Joeleen, and Melissa even though I love you, you'll never be guys, always chicks. To all my other friends- Good luck in the future and have a great life!!!!



CHRISTOPHER MILLEY

Basketball 1, 2, 3, 4 (Captain); Track 1, 2; Volleyball 4; COPE Classic 3, 4, Ziti Dinner 4; Pancake Breakfast 4

Hoops . . . Div. 1, 0-20 . . . Div. 2, 20-0??? A shot out to the round fellas: JM, JN, JS, DK, JG, and Sully Boggles. Lovejoy: Pousseau's, Berge, Hampton, 'Dead at the Garden, Pitch-all! Smokin' Joe, ha ha ha. Much respect to Coach D, Reggie, Vin- thanks. Adios, SR! Larry's still the greatest. Go Celts. Mom and Dad- Thanks for putting up with me. Good luck to the Class of '95 . .

"There will be an answer,

Let it be"

-John Lennon



ANDREW MITCHELL

Best of luck to the Class of '95. Todd, Rob, and all my friends- It's been fun! Keep in touch. To all my teachers- Thanks for putting up with me. See you in ten years.





HEATHER A. MULLANE

Soccer 1, 2, 3; AIDS Action Committee 3, 4, Principal's Committee 4; COPE Classic 2, 3, 4, Student Handbook Comm. 3, Int'l Club 2; Latin Club 1; Spanish 3, 4, Model Congress 3; Env. Action Club 3 (Sec.), 4; Ziti Dinner 4; H. Rep 4; Newspaper 3, 4 (Photo & Graphics Editor); Spartanum 3, 4; Office Aide 3; Project Lifework 3, 4; Powder Puff 3; Project Outreach 2, 3, 4

To the Class of '95,

Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. If you compare yourself with others you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievement as well as your plans. Everywhere life is full of heroism. And whatever your labors and aspirations, in the noisy confusion of life, keep at peace with your soul. With all its shame, drudgery, and broken dreams, it is still a beautiful world. Strive to be happy. DESIDERATA



JOE NADEAU

Football 1, 3, 4; Basketball 1, 2, 3, 4 (Captain); Baseball 1, 2; Powder Puff 1, 3; COPE Classic 2, 4; Pancake Breakfast 1, 3; Ziti Dinner 4.

Thanks to everyone who helped make my high school years great ones. I'll never forget the great times I've had with my friends. Whether it was going to parties or just hanging out, I always had a blast with you guys. You know who you are, so thanks and good luck.



DAN OBERNESSER

Soccer 1, 2, 3, 4 (Captain); Wrestling 1, 2, 3 (Captain), 4 (Captain); COPE Classic 1, 2, 4; Track 1; Pancake Breakfast 1, 2, 3, 4; Ziti Dinner 1, 2, 3; Spartanum 4; Project Lifework 4

"What is understood doesn't need to be discussed." - Sammy Hagar

Thank you Mom and Dad for getting me ready for the rest of my life and for raising me the only way possible. Brian and Rich, thanks for being my friends and not just my brothers. Kristen, I can't thank you enough for always being there and always listening to me.

If you can imagine it, you can achieve it. If you can dream it, you can become it. Good Luck Class of '95



ABIGAIL OHLIN

Field Hockey 1, 2, 3, 4 (Captain); Swimming 1, 2, 3, 4, Softball 1, 2, 3, 4 (Captain); Student Council 1, 2, 3, 4 (Sec.); Powder Puff 1, 3; Project Lifework 3, 4, COPE Classic 2, 3, 4, Spartnum 1, 2, 3, 4, Ziti Dinner 4, Pancake Breakfast 1, 2, 3, 4, Band 1, 2, 3, 4

High school, I have to say, is made up of many memories and special people. I'd particularly like to thank Kelly, who was always there for me to confide in, Allison, for the hours of advice and good humor (always be yourself), Renee, the newcomer who could always make me laugh, and Beth, who, although we have begun to go our separate ways this year, will always be close to me. Most importantly, I'd like to thank my family for all of their encouragement throughout the years. Mom and Dad, I never could have made it without you. Becca and Hannah, thanks too for all your love and support.

From your daughter and sister, who is always full of surprises. I love you guys.



TIMOTHY OSTRANDER

Debate 1, 2, 3, 4; Drama Club 1; Newspaper 4.

Thanks to all my friends and teachers for all the fun and good times we had together. "It was the best of times it was the worst of times..." Expect the worst and hope for the best.

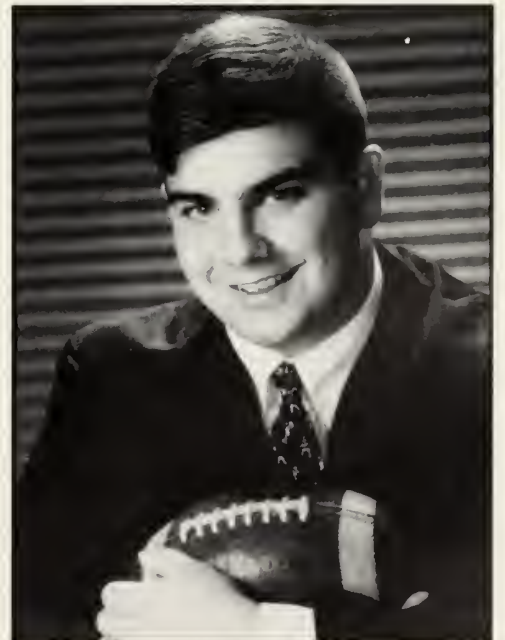


DANIEL J. PAQUETTE

Football 1, 2, 3, 4 (Captain); Track 2, 3, 4 (Captain); Debate 1, 2, 3, 4, Model Congress 2, 3, 4, Baseball 1; Wrestling 2, 3; Hockey 4; Project Close-up 2, Student Handbook Comm. 2, Ziti Dinner 4, Class Officer 1, 2, 3, 4 (Member-at-Large).

76 62 77 64 79 80
"Hogs forever!"

If you can't run with the big dogs, stay on the porch!
Coach Fishbein, #79 always remembered.





SEAN MICHAEL PENDERGRAST

To all the Guys and Jessie,

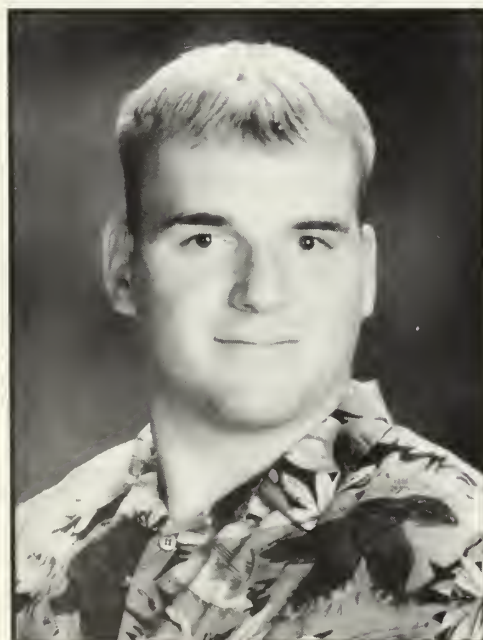
These last four years have been the best years of my life, except for the school part. Without all of you, it just wouldn't have been the same. All of you have always been there for me when I needed someone to turn to, or just to party with. I want you to know that I appreciate all you've done for me and I'll never forget any of you. I'm going to miss all of you, so I just wanted to say thanks for everything.



HONEY BROOK PERRY

Key Club 1, 2; Environmental Action Club 2; International Club 2; C.O.P.E. 1, 2; Hugh O'Brian Youth Leadership Award 2; Powder puff 1, 3.

Here I am! I made it! I love all of the Class of '95 a bunch and hope you all have great lives. Mr. Mazz - you'll miss my smile. Bye Felix & Beenie, Roe, and John. Lamar - it was only bad between us because we've been together since first grade. I'm glad we made it. It wasn't easy! Andrew & Julian - best of luck in whatever you do. Keep in touch and stay proud.



PHILIP R. POULIOT

Basketball 1, 2, 3, 4; Soccer 1.

I like school because it is fun, although at times we all know that it can be boring. I enjoy talking to my friends, playing sports, and doing my school work. I've learned that hanging around at home or watching television is bad for your health. Going to school will develop your mind, so stay there and watch your future grow brighter. Most importantly, always pray to our Lord.





ROB PROROK

Soccer 1.

I hope I make it!



DAVID RACETTE

Swimming 1, 2, 3; Cross Country 3.

These last four years were fun and exciting. I wish the best of luck to all of my classmates.



JULIE RAINA

Ziti Dinner 4; COPE Classic 2, 3, 4; International Club 2; Powder Puff 1, 3; Key Club 1, 2; Spartnum 2, 3, 4

When I'm older and am looking back, I will remember many things, but most of all, I will remember my close friends and all the fun that we have had together. I'll never forget you "Class of '95". Thanks for giving me unforgettable memories!



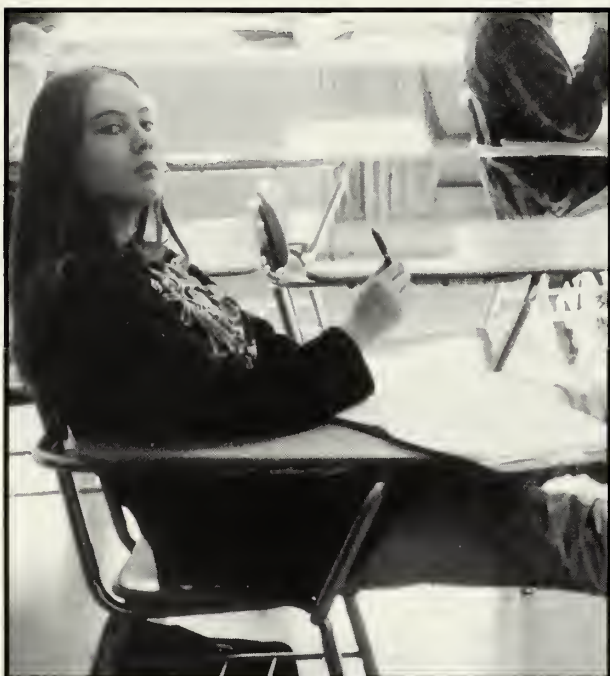


STEFANIA RASCHILLA

Student Council 1, 2; Soccer 1, 2, 3; COPE Classic 2, 3, 4; Yearbook 3, 4; Spartanum 1, 2, 3, 4; Homeroom Rep 4; Ziti Dinner 4; International Club 2; Powder Puff 1, 3; Project Lifework 4

I went to find the pot of gold
That's waiting where the rainbow ends.
I searched and searched and searched and searched
And searched and searched and then-
There it was, deep in the grass,
Under an old and twisty bough.
It's mine! It's mine! It's mine at last!
What do I search for now? -Shel Silverstein

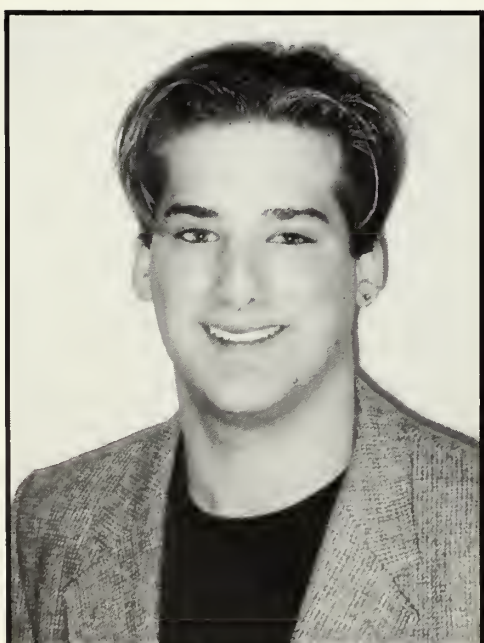
Well guys, now it's almost over for good, and I can look back on all the good times we had together. We have been through many friendships and fight. Now we're at the end of the road and each of us will have to go off in our own direction. We must all search for what lies ahead in our lives as individuals. To the guys in homeroom 209 Good luck, you'll need it! Thank you for everything Mom, Dad, Antonella, Carlo, and Frankie. -Love Stefania



ANJA RAVN

Key Club 4; French Club 4; Ski Team 4

My year here as an exchange student has been one of the greatest experiences in my life. This was my first and last year in high school and when I came here I was confused about everything. But, thanks to the help of both students and teachers it was easier for me to adjust to the American school system. To all my friends: I'll never forget you. Keep in touch! Jen: Good luck to you and good luck to the Class of '95. To my Danish family, Mor, Far, and Kim: Thanks for making this year possible. And to my American family, Mom, Dad, and Jen: Thanks for the best 11 months ever! I'll miss you! Held & lykke og ha' det fedt!!



DEREK R. REMY

Soccer 2; International Club 2

Well, it looks like we've made it! It doesn't seem long ago that we entered ELHS, and now we're leaving. Thank you for accepting me as one of you, I don't think I could've gone to a better school. Many of you I may never see again, but I will never see again, but I will not forget any of you. Thank you Mom and Dad for putting me here; also, thanks to Ms. McCormick for helping me through a lot of tough times, I'll never forget you. A CORN





RICHARD W. ROBERTS

Cross Country 1, 2, 3, 4 (Captain); Swimming 1, 2, 3, 4, Baseball 1, 2, 4, Golf 3; Key Club 3, 4 (Treasurer); Class Officer 1, 2, 3, 4 (Treasurer); Model Congress 3, 4, Yearbook 4, Ziti Dinner 4; E.L.H.S. Mascot 4; Spanish Club 3, 4, Spartanum 4; Debate Team 1, COPE Classic 1, 2, 3, 4

"Ask not what your class can do for you, but what you can do for your class. Thank You."



LYNN M. ROBERTSON

Basketball 1, 2; Softball 1, COPE Classic 1, 2, 4, Ziti Dinner 4, Powder Puff 1, 3; French Club 3; Key Club 1, 2; Band 1; Project Lifework 4.

To the Class of 95:

Being different is a way of showing your originality. Go with your heart and don't be afraid to, "Express Yourself".



TINA MARIE ROBISON

Newspaper 2, 3, 4; Band 1, 2, 3, 4.

"All past we leave behind
We debouch upon a newer, mightier world, varied
world,
Fresh and strong the world we seize . . ."

- Walt Whitman

Holly: Thanks for being such an incredible friend and don't worry, I won't patronize any other organ builder.

Sandy, Amber, Joanne, and all my closest friends: You guys are the greatest and I wish you all the luck in the world.





MEREDITH ROSSO

Swimming 1, 2, 3, 4, Key Club 1, Drama 1, 4

Congratulations Class of '95! After twelve years of hard work, we have finally made it to the top. Good luck in all you do in the future. Good luck to the swim team, I know you'll do fine. Keep up the hard work.



KATHRYN SAMAY

Key Club 3; International Club 1; Powder Puff 3; Ziti Dinner 4; Spartanum 3, 4.

To all of my friends and family: Thanks for making my high school years so special. I wish everyone the best of luck.



ERIN HILLARY SAWYER

Soccer 1, 2, 3, 4; Softball 2, 3, 4 (Captain); Basketball 2; COPE Classic 1, 2, 3, 4; Powder Puff 1, 3; Ziti Dinner 4; Yearbook 3, 4 (Editor); International Club 1, 2; Environmental Action Club 2, 3; Spartanum 4; Honor Society 4.

Christina-Never forget laughing so hard our stomachs hurt and thanks for being my other half. Mariah-"How long have I known you?" Abbie-Yeaaa, let's rock. Paul- Hey muscles, can I borrow that shirt? Jaimeeh-My snoop doggy poop. Renee-Watch out for the b-b-b-barrel. Laura- Thanks for being a good partner and making me laugh. Allison-Rocky go home now! Ray-Your phone's ringing. Julie-We would've been there by now! Brandon-Thank you for introducing Pink Floyd and glow in the dark stickers. Keith-Ready to go camping? Meredith-You are truly a fool. Katie-Watch those blisters. Sam-I'm counting on you. Emily-Always remember physics. Thank you, especially to my Mom, Dad, Linds and Jeremy-I love you guys and I never would have made it this far without you.





LAUREN SCAVOTTO

Band 1, 2, 3, 4 (Sec. leader); Yearbook 4; Drama Club 4; Ziti Dinner 4; Project Lifework 4; International Club 3; Spartnum 4; Spanish Club 4.

He liuh Smitty and Crafty. It's so strange how we've become so close in such a short amount of time when it feels like I've known you two my entire life. You guys are really special, don't ever change! Never forget Friday nights. Stay away from rodents. Don't cry too hard at pickle funerals. Hotels are the best. Keep in mind that bathrooms don't look so scary during the day. Shannon: you'll always be scrrumptious and Sarah, I hope you get your 99 cents. You're both the best. No matter how old you are remember what have you got to lose when the spoon flies at seven? Thanks for the memories. Good luck to the Class of 1995.



JENNIFER SCHMIDT-PEREZ

International Club 2; AIDS Action Committee 3, 4; Spanish Club 3, 4; Office Aide 3, 4; Chorus 3, 4; Environmental Action Club 2, 3, 4 (Secretary); Tennis 2, 3, 4

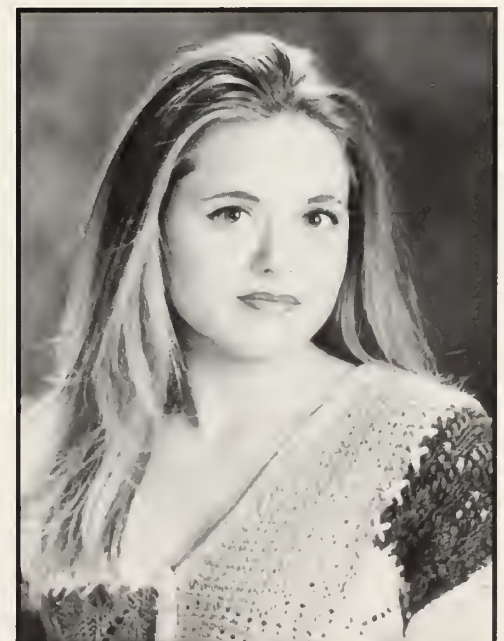
One thing to remember during your four years at ELHS is never forget who you are and what you stand for. Never compromise yourself for anyone else and never give up.



JOEELEN SCHNARE

Softball 1; Ziti Dinner 4; Spartnum 4; Project Lifework 4; COPE Classic 3, 4

As I lie awake at night, thinking, I find it so hard to believe that high school is over. I'm not ready! My friendships with you have just begun. It's so strange to think that none of you were a part of my life two years ago. Now, I can't imagine my life without any of you, especially Justin, Holly, and Melissa - "THE REGULATORS" . . . To the "Guys" - Thanx for making life exciting. Your three favorite "Chicks" love you! . . . To Mom and Dad - You're the best! I couldn't have done it without you. I love you! I wonder where we will be years from now. Will you think of me? Just remember "Party's at Joeleen's" Love ya! Check ya later dudes!!





MELISSA M. SCHIBELLI

Basketball 1; Soccer 1, 2; Key Club 1, 2; Spartnum 3, 4; Ziti Dinner 1, 2, 4; Powder Puff 1, 3; COPE Classic 2, 3, 4; International Club 2; Project Lifework 4; Project Outreach 3.

To the Class of '95 I wish you all the best of luck in the future and always remember your high school days. I want to thank the "Guys" and the "Chicks" for all the fun times we've had together. I will always remember you. Also, thank you Mom and Dad.



HOLLY SCHNEPP

Spartanum 3, 4; Ziti Dinner 4; Powder Puff 3; COPE Classic 2, 3, 4; International Club 2; Project Lifework 4.

The past four years have gone by so fast, but I'll never be able to forget them. From the days when we would walk the town and hang out at DeNardo's, Diana's and Sally's, to today when we drive around town and hang out at Public and Joeleen's. So many things have changed, but the memories remain the same. Thank you to all my friends, who have been there through the good and the bad. Also, to the "Guys" who made the summers and the weekends so unforgettable - I love you all. To the Class of '95 - Good luck in the future.



KELLY SHAW

Good Luck to the Class of 1995!





JAIME SILANSKY

Soccer 1, 2, 3, 4, Latin Club 1, Ziti Dinner 4, Grad Marshall 3, AIDS Action Committee 3, 4, Basketball 1, Int'l. Club 2, Class Officer 1 (Pres.); Spanish Club 3 (Officer); Student Council 1, Spartnum 3, 4, COPE Classic 1, 2, 3, 4, Powder Puff 1, 3; Env. Action Club 3; Project Lifework 3, 4, LSAC 4, Project Outreach 3, 4, Newspaper 4 (Business Editor).

Good luck Class of '95

"Moment of inner freedom when the mind is opened & the infinite universe revealed & the soul is left to wander dazed & confus'd searching here & there for teachers & friends. Open all doors. You can walk through any one that suits you." - Jim Morrison



SANDRA ANN SKALA

Key Club 1, 2, 3, 4; Office Aide 1, 2, 3, 4, Project Lifework 3, 4, Spanish Club 3; International Club 3; Principal's Committee 4; Ziti Dinner 4; Yearbook 3.

These four years have flown by and it has been great having such terrific friends. Amber - thanks for being such a great best friend all these years.

Holly, Tina, and Joanne - you are all truly unique. I'm glad we have become such good friends. Good luck in the future. I will miss you all!



JEFFERY SKOWRON

Football 1, 2, 3, 4, Basketball 1; Baseball 2; Track 3; Key Club 3, 4, National Honor Society 4 (Member-at-Large); Math Team 4, Chemistry Olympiad 3; Model Congress 3, 4, Ziti Dinner 4

Thanks to everyone I've met these past four years (though many of you may not even read this). Thanks especially to Mike, Jim, Bryan, Ryan, and Mel. Renee - what can I say? I guess we have a lot to remember. Thank you so very much and good luck. Carrie and Maureen - thanks for all of the help. To the football team - I love you all; school would be so difficult without you. I can't thank all of my friends enough and I'm sure I left a lot of you out, but this is limited space, so good luck and thanks Mom, Dad, and you too, David.





ALLISON NEYLON SMITH

Field Hockey 1, 2, 3, 4; Swimming 1, 2, 3, 4; Band 1, 2, 3, 4; Yearbook 3, 4; Latin Club 1; International Club 2; Spanish Club 3, 4; Powder Puff 1, 3; Environmental Action Club 3; Ziti Dinner 4; Spartanum 4; Project Lifework 4; Sign Language 3, 4

"If that's what they call normal then I'd rather be insane!" Breakers! Tune In, Groove On, Bust Out! Thanks for the fun I'll never forget you. Pinhead: remember D&B, PUNK. Abbie, Julie, Renee, Kelly we eat raw meat, Breakfast Club, Lobster Eyes - I'll miss shower talk. Lynne - hold on, wind beneath my wings. Joelle, Ash - you're the best. David, you'll always be my Spanish bud. 4 friends and a spot crew, stay out of trouble. Erwin J, Urbini - good luck J.M. - Kiss my Irish. Danny Boy, Lauren, J.T. forever. Remember You're a tough kid, you'll bounce back. P.S. Matt you're it.



CARMEN SMITH

Football 2, 3, 4; Math Team 1.

Good luck to the Class of '95. It's okay to plan for the future, as long as you realize that the only time you can enjoy life is the present. Jay - you're like a brother to me.



SHANNON SMITH

Yearbook 4; Cheerleading 1; International Club 2; Spanish Club 4; Band 1; Tutor 2; Spartanum 4; Project Lifework 4; Ziti Dinner 4

Scavotts and Crafty - I'm so glad that we've become the best of friends. I could have never hoped for a better friendship. All I have to say is "What do you have to lose when the spoon flies at seven?" Never forget "On My Own" and "The Hotel." I know you really enjoy the boring stories. That's real foul to Shannon! "Sir, may I have a bit of earth?" When you're at McDonalds, don't forget to order supersize number two, no onions, and a diet coke. Weird noises rule! Tongue tricks, Lauren, dancing wouldn't have been the same without you. Always remember the walks in the snow. "We ski," Shush! Sarah, do the fishy dance! You guys are the greatest. Bub bye!





DONALD SOJA

Good Luck to the Class of 1995!



DANIEL STACHOWICZ

COPE Classic 3, 4; Spartanum 2, 3, 4; Project Outreach 3; Powder Puff 1, 3; Ziti Dinner 4; Pancake Breakfast 1, 2, 3, 4

It's been a long four years but the end is finally here. The people I want to thank most are my mother and my brothers, Mike and Mark. Without your help, I don't think I ever would have made it.



JULIAN STANLEY

Football 1, 3; Track 2, 4; Ziti Dinner 4; COPE Classic 2, 3, 4.

It's finally over and it's about time. The four years of waiting and we're finally seniors. I would like to send some shouts to all my peeps who made my four years memorable and sometimes enjoyable. Special thanks to my ace Ab for being there from day one. And to the Class of 95, stay real





JAMES STEBBINS

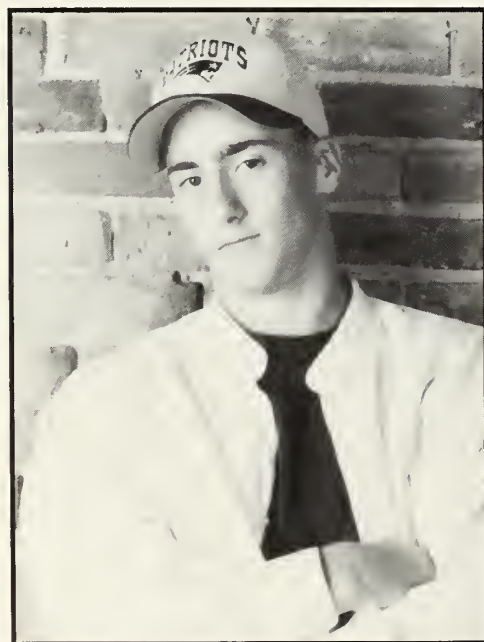
Good Luck to the class of 1995!



GINA STEPANIAN

Powder Puff 1, 3; International Club 2; Project Lifework 4; Ziti Dinner 4; Spartanum 4.

To my senior class-I want to thank all of you for the good and bad times, and also for all of the memories I have from East Longmeadow. I wish you all the best of luck, now and forever.



RAY STEVENS

Baseball 1, 2, 3, 4 (capt.); Volleyball 4; COPE Classic 2, 3, 4; Ziti Dinner 4, International Club 2; Project Outreach 2.

As the years passed by I have made friends and lost friends, but most of all I've watched them change, for better or for worse. Since I moved here in fifth grade, the two that I've kept through the good times and bad, are Josh and Joe. Guys, you're the best and I'll never forget you.

Hey guys, especially Tito, Darrell, Matt, John M., and John T., I love you all, and I couldn't have found better friends. As for the girls, we've been through tough times, but mostly good, and whatever seemed to happen worked out fine. I know whatever I had to say, you listened. Class of '95-thanks for everything and good luck in the future. Ray-Ray





ERIC STINGER

Soccer 1, 2, 3, 4. Track 3, 4. Yearbook 3, 4. Ski Team 4. Ziti Dinner 4. French Club 3; International Club 2.

In the beginning it seemed like it would take forever to get through these four years. The time flew by and now it is over. Now we must part and go our separate ways. It's sad to say that we can't go back. Good luck to everyone in the future. It was great to be a part of the Class of 1995.



HEATHER SUMMERS

"Do you have
straight jackets
for the guest
yes we do"

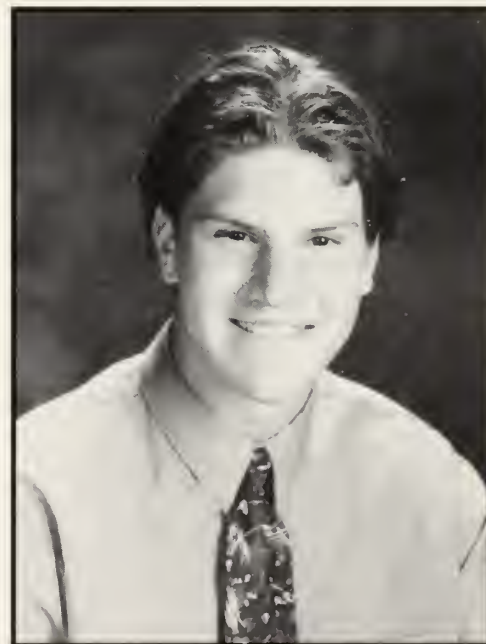
"Let's swim to the moon.
Let's climb through the tide
Surrender to the waiting worlds
That lap against our side.
Nothin' left open
And no time to decide,
We've stepped into a river
On our moonlight drive." - Jim Morrison



KYLE TABB

Hockey 1; Golf 1, 2, 4. COPE Classic 3, 4.

As we've made it through these past four years, boys and girls, we've come to know each other as friends. I hope that these friendships last beyond E.L.H.S.





DEENA TADDIA

"Without the heart there can be no understanding between the hand and the mind."

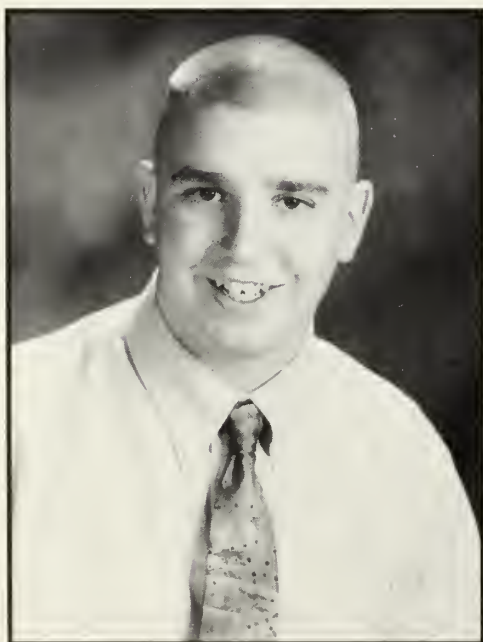


JENNIFER TAUPIER

Swimming 1, 2, 3, 4; Volleyball 4; French Club 3, 4; Environmental Action Club 1, 3; Key Club 2, 3, 4; Yearbook 3, 4; Drama Club 4; Ziti Dinner 4; Powder Puff Football 1; Project Lifework 3, 4

To the Class of 1995 - "These are the days you'll remember. Never before and never since, I promise, will the whole world be as warm as this. And as you feel it, you'll know it's true that you are blessed and lucky. It's true that you are touched by something that will grow and bloom in you." - 10,00 Maniacs.

To all of my friends - thanks for so many great times. It's sad to know we're going our separate directions after so many years together. Thanks to my family, I know it hasn't always been easy but you never gave up on me. To my class, good luck and congrats. We did it!



BRIAN S. THOMPSON

COPE Classic 3, 4; Project Outreach 3; Spartnum 4.

To all of my friends at ELHS - we have had so many good times (and a few bad ones, too). It is now time for me to go on and have many more good times in college. I have learned so many things from everyone here at ELHS. For example, how to maintain good grades, but how to party on the weekends. There is one thing you all have to remember, and that is just to keep on partying and don't ever stop. Just remember we will always be the class of '95 and there will never be another.





MEREDITH ANN THOMPSON

Soccer 1, 2, 3, 4, Swimming 1, 2, 3, Tennis 1, Yearbook 4, Ziti Dinner 4, Cope Classic 1, 2, 3, 4, Spartnum 4, Project Lifework 4, Powder Puff 1, 3

To the soccer team - we had a great year and I will never forget any of you. To my friends I just want to wish you all the luck in the world. To my parents and brothers - Without you I wouldn't have made it through these past four years, I love you guys. To Randy - Thanks for being there when I needed you, I love you. To the Class of 1995 Best wishes. GO GIRLS SOCCER!!!



JACQUELINE TORRES

Good Luck to the Class of 1995!



JOHN TROVATO

Football 1, 2, 3, 4 (Captain); Baseball 1, 2, 3, 4 (Captain); Spartnum 3, 4; National Honor society 3, 4 (Vice President); Homeroom Rep. 4, Math Team 4, COPE Classic 1, 3, 4, Powder Puff 3, Chemistry Olympiad 2, 3; Ziti Dinner 4

"I served my country, I played high school football." -Al Bundy

Teachers, coaches, and students: Thank you for the memories, may God bless you all.



ERIC TRUDEAU

Football 2, 3, 4; Baseball 1, 2, 3; Basketball 1; Spartnum 2, 4; Ziti Dinner 4; COPE Classic 3, 4

To all my friends at ELHS It's been fun. These past four years have just flown by. I wish you all the luck in whatever you do after school. Whatever you do, take it slow and keep partying. Good luck in the future.



ELIAS TRUJILLO JR.

Basketball (WRSD) 1, 2, 3, 4; Track (WRSD) 1, 2, 3; JRNAD's Club Member 1, 2; Soccer (WRSD) 2, 3

Good luck to the class of '95. "If you feel that you can't go on. And your wheels are sinking low, just believe and you can't go wrong. In the light you will find the road." I will miss Willie Ross and East Longmeadow, and I'll miss my friends very much. I love you lots.



THEODORE TRUOIOLO

Soccer 1, 4; Key Club 2; International Club 2; COPE Classic 2, 3, 4; Ziti Dinner 4; Powder Puff 1 (QB Coach); Spartnum 4.

Saying good-bye is the hardest thing for me to do, so I'm going to make it nice and short. To all my guy friends, especially Darrell, Matt, Ray, John, John, and Justin, thanks for everything. I'll never forget all we have been through. I know we're going to remain friends forever, but its going to get tough when we go our own ways. To all the girls in the Class of '95, thanks for everything and being there for me. I'll miss you guys. I wanna' say thanks to a very special person, Tre, you're the best! You have always been there for me and put up with me, I love you. Finally my family, Mom, Dad, Tony, and Anna. I love you guys.





KLAUDIA TYLEK

Tennis 1, 3, 4, Key Club 1, COPE 1, 3, Chorus 3, Office Aide 3.

In the past four years, I've experienced hardships, joys, and triumphs. The people who stood by me have shown themselves to be my real friends. I thank you for being there for me and wish you luck in the future. Remember that I love you all, and even though we have to go our separate ways, we'll always have the memories of our youth.



CHRISTINA ANN URBINI

Soccer 1, 2, 3, 4; Basketball 2, 3, 4 (Captain); Track 3, 4; Yearbook 3, 4 (Editor); Environmental Action Club 2; International Club 2, 3; Spartanum 4, COPE Classic 1, 2, 3, 4; Ziti Dinner 4; Powder Puff 1, 3; Pancake Breakfast 1, 2; National Honor Society 4; Project Lifework 4

ERIN - remember your first shot in basketball from half court? Geno? Fry guys? Camping? I'll never have another best friend like you. You'll always be my other half. Try not to crack under pressure! MARIAH - remember nitzy days? The ghost in your house? Sweat . . . runnin' all over her chest? The walk-by lifeguard test? We're lifelong friends who'll never part. I love you and Erin both. GINA - Next year I'll have around 20 spies on you, but nobody could ever take my place. Remember our talks until 2:00 a.m? Work hard and play hard but don't forget to have fun, not that you would. To all of my friends at ELHS, especially Bru, Thompson Fool, Silanskeeh Dodi, Emileeh, Keifer, Droops, Trovats, Preppy, Ray-Ray, Brennan and Goodchild, Santina, Sawyer Jr., Grace, Mom and Dad . . . I love you all!



AARON VANCINI

Hockey 1, 3, 4, Spartanum 2; Ziti Dinner 4, COPE Classic 2, 4.

"Ice is forming on the tips of my wings.
Unheeded warnings, I thought I thought of everything.
No navigator to find my way home.
Unladen, empty and tuned to stone,
A soul's intention that's learning to fly.
Condition grounded but determined to try.
Can't keep my eyes from the circling skies.
Tongue-tied and twisted, just an Earth bound misfit, I."
Pink Floyd





TERESA VERDILE

Student Council 2, 3, 4 (Treasurer); Spartanum 2, 3, 4, Powder Puff 1, 3; COPE Classic 2, 3, 4; Homeroom Rep. 4, Key Club 1, 2; Office Aide 3, International Club 2, Ziti Dinner 4

"How many slams in an old screen door?
Depends how loud you shut it
How many slices in a loaf of bread?
Depends how thin you cut it
How much good inside a day?
Depends how good you live 'em.
How much love inside a friend?
Depends how much you give 'em."
-Shel Silverstein

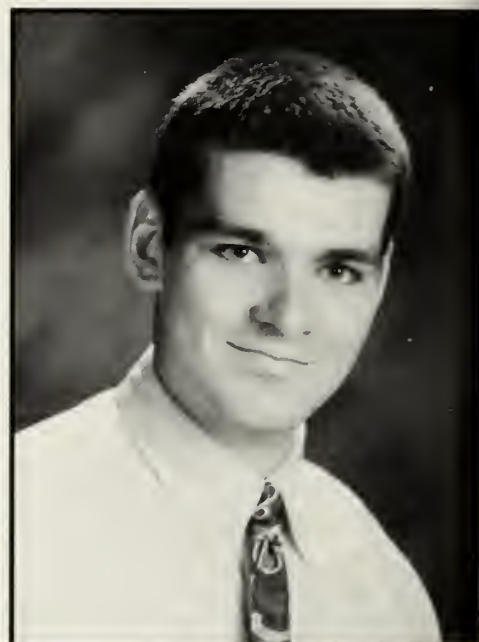
Our senior year is over. We're all going to be going our separate ways. We all have so many memories we should never forget. Good luck and congratulations, class of '95.



MICHAEL A. VETO

Cross Country 2; Student Council 4; LSAC 3; Ziti Dinner 4; Spartanum 4

I, Michael Veto, leave the following message - "GOT TO DO IT" to Michael Hannigan, and expect him to say that throughout his years at East Longmeadow High School.



ZACHARIAH VIERECK

Track 3, 4 (Captain); Football 2; Volleyball 4; COPE Classic 3, 4; Ziti Dinner 4; Spartanum 4

Everyone - I know I haven't known you very long, but you took me in as one of your own. You didn't have to but you did. Thanks. Justin - I owe it all to you. Thanks kid. To my friends - the saddest thing in life is wasted talent. Don't waste it. Take it easy. - Zack





ENRICO JOHN VILLAMAINO

Swimming 1, 2, 3, 4 (Captain); Class Officer 2, 3, 4 (Vice President);
Track 2, 3, 4 (Captain); Project Outreach 2, 3, 4 (Co-Chairman);
Spartanum 4; AIDS Action Committee 3; Yearbook 3, 4; Ziti Dinner
4; COPE Classic 2, 3, 4; Cross Country 1; Debate Team 1, 2

"Madness in great ones must not unwatch'd go."
William Shakespeare, Hamlet III, i

The world should watch out, the ELHS Class of '95 will
make its mark. Trust me.



AMY ELIZABETH WAITE

Field Hockey 1; Tennis 2; Powder Puff 1, 3; Spartanum 4; COPE
3, 4; Key Club 1; Office Aide 1, 2, 3; Project Outreach 3.

Some things come and go so quickly- like these past four
years. I have known some of you since kindergarten, and
have only met others recently. I never thought that the day
would come when we would all part. Laura and Christina
- Thank you for always being there with a smile when I was
feeling down. You guys are my true friends and we've had
great times. I'll miss you so much. No distance will break
our friendship apart- I love you both. Mom, Dad, and
Rick- Thank you for all your love and support. I love you
guys! Good luck Class of '95!



BRIAN WHITEHEAD

Good Luck to the Class of 1995!





LAURA E. WILLIAMS

Soccer 1, 2, 3, 4, Class Officers 1, 2, 3, 4 (Secretary); Spartnum 1, 2, 3, 4, Yearbook 3, 4; Latin Club 1, International Club 2; Ziti Dinner 4; Spanish Club 3, 4, AIDS Action Committee 3, 4, Project Lifework 3, 4, Powder Puff Football 1, 3, Project Outreach 3, 4

Listen to the MUSTN'TS, child
Listen to the DON'TS.
Listen to the SHOULDN'TS,
The IMPOSSIBLES, the WON'TS.
Listen to the NEVER HAVES.
Then listen close to me
ANYTHING can happen, child,
ANYTHING can be. Shel Silverstein.

It's our last year and now we all have to say goodbye.
Breakers I will love you forever. Spot crew Have a great senior year and Bust Out! Soccer Team Good Luck and keep flexing. Mary Lynn You can finally get your ice maker in the refrigerator door. Thanks Mom and Dad. I'll miss everyone next year and congratulations to the Class of '95.



PIN H. WONG

Hi Everyone! During these years I have learned a lot from everybody, especially in language. Thank you to those who helped me in school, I really appreciated it, and good luck to my friends here and to my friends in Taiwan.



DAN WRIGHT

Football 1; Jazz Band 1, 2; Spartnum 4

Thanks Mom and Dad for sticking by me. For all my friends, good luck and be true to yourselves and you will never fail.





TODD YOUNG

Good Luck to the class of 1995!



TRAVIS ZANETTI

Good Luck to the Class of 1995!



STEVE ZEPKE

Good Luck to the Class of 1995!





DANIEL ZIEMBIENSKI

Newspaper 2, Cross Country 3, 4; Track 3, 4, Science League 4,
National Honor Society 3, 4

We've always thought of the day when we would graduate but never expected it to come so soon. Now it is time to move on and to make the most of what we learned in our past years together. I would like to thank all my friends and teachers for the four enjoyable years that I spent at East Longmeadow High School.



JOHN MCCARTHY

Good Luck to the Class of 1995!





Can you say stress? Thanks, I knew you could.



Tune in next week for Andy Mitchell-UNplugged.



Do writers of note get famous? These composers hope so.



At last, all's Wright with the world!



Senior Class Officers, Laura Williams, E.J. Villamaino and Dan Paquette drive off into the sunset with President Booth at the wheel (Rich Roberts, in trunk).



...the rumors are true! I'm leaving Richard Gere for Justin, my true love." -Cindy Crawford, Dec. 14, 1994

Hair apparent Diana and Julie take in a game.





And to think that I saw it on Mulberry Street!



You are my sunshine, my only sunshine ...



School days, school days, dear old golden rule da



A butcher, a Baker, a candlestick maker



Snug as 8 bugs in a rug. Fans show support at the Thanksgiving game



The talk of the town - John and Jesse catch up on the latest.



#@?! YANKS LOSE! YANKS LOSE! YANKS LOSE!





Sleep, little game hunter, sleep.



We know a girl with one leg named Krista! (What's the name of her other leg?)



The gods must be crazy! Rich Roberts took on Zeus and other enemies of greater Sparta.



The eyes have it (although two of those eyes have a glaze that rivals a Ming vase).



Milk did these bodies good! - Seniors were pumped at the picnic.



The exclusive ELHS cafeteria - "where the elite meet and eat meat."



Money makes the world go around. the world go around, the world go around!





Never let 'em see you sweat. A tough day in the gym.



Pepsodent whites under the lights at a girls' soccer game.



The latter day "He-man Women Haters Club"?



"Ree-ree, kick 'em in the knee. Rass-rass, kick 'em ... in the other knee!"



Physics is Phun. Gravity, it's not just a good idea, it's the law!



Peace in their time? Amber and Sandy visit France.



She who laughs last ...



Hot Time, Summer in the center, ridin' little cars with the rubber fenders!





Hogs and kisses all around! John Trovato supports his local linemen.



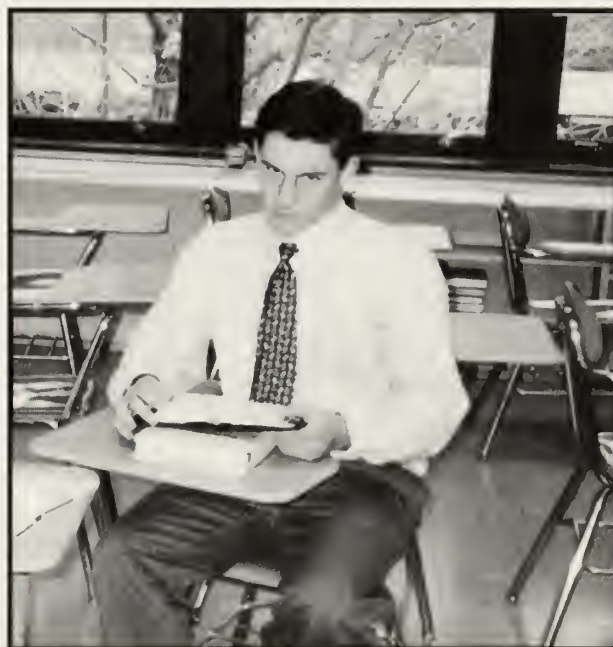
"School is a preparation for life", a life filled with paperwork.



a week, we'll take off the wait. But for now, these banquet-
can only anticipate . . .



X-Block jamb session? - Joeleen gets framed.



Dan gets his first look at the Republican "Contract on America".



Senior reflections - Pin ponders her future.



Justin Booth, Becky Blais and Mr. Cooley make last minute Ziti Dinner preparations before the feast begins. Employees must wash hands before returning to work, right Mike?



1965



THE TIMES, THEY ARE A-CHANGING ... one day you're just another kid trying to catch a ride, the next day it's 'Fast Times at EL High'.



UNDERCLASSMEN





"Ja, he's no 'girlie-man'. He's got full pumpitude." Pat bares his pythons.



Let me see, how DO you say 'taco' in Spanish?



Whatsnoozewhichyou? Frosh count down to vacation ... tick ... tick ... tick ...



Soccer boring? No way, but no one wants to be known as a Prime Time Pine Time Player. Put us in coach

Ackerly, Thomas
Adams, Lisa
Alexander, Jessica
Alicandro, Jade
Andersen, Robert
Anderson, Joshua
Anderson, Meghan

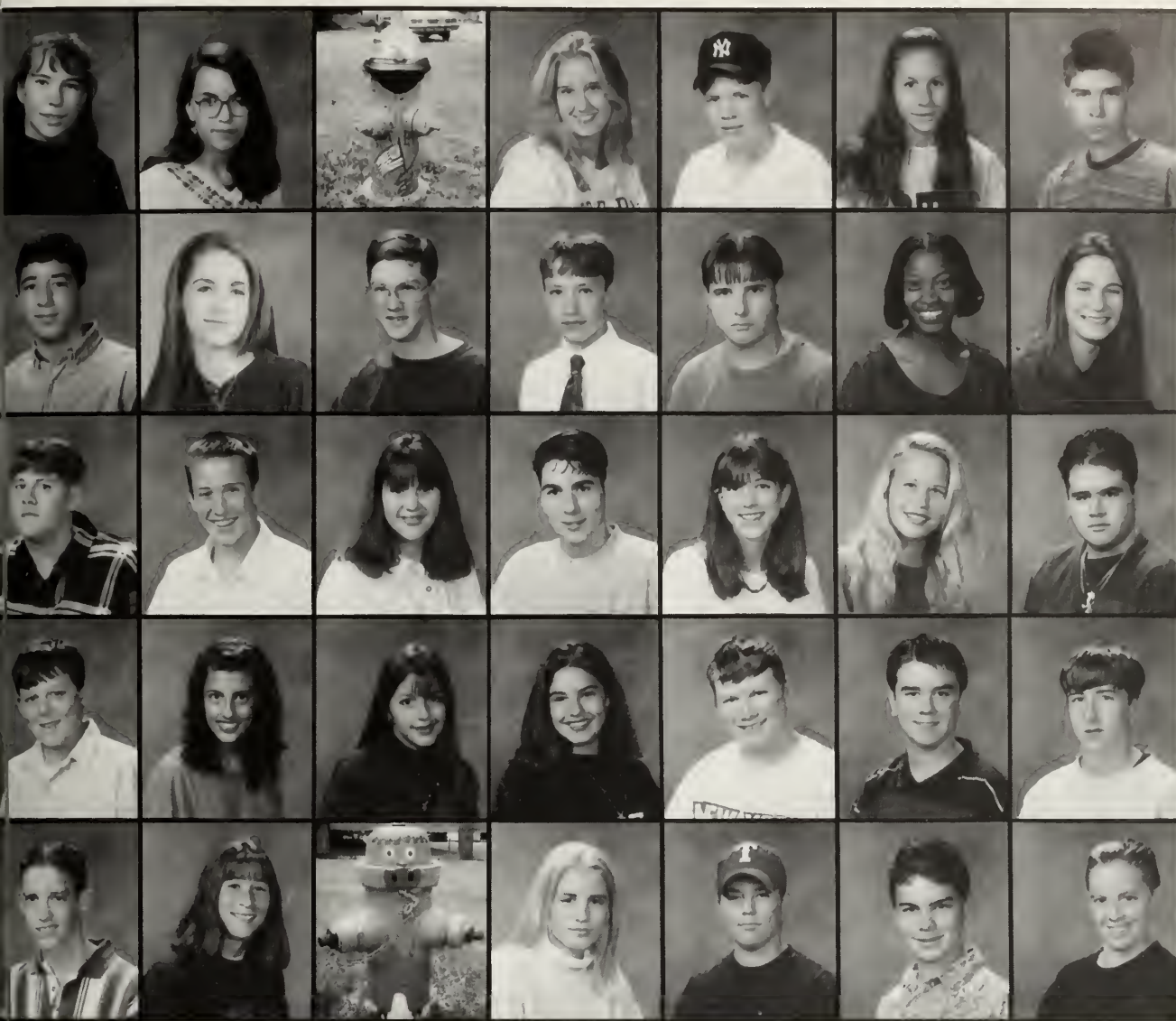
Andrew, Sarah
Avezzie, Carlyne
Basile, Giovanni
Belden, Stephanie
Bellucci, Anthony
Bennett, Terri-Ann
Berard, Frederick

Bergeron, Michelle
Biccum, Justin
Blais, Katharine
Booth, Ericka
Boucher, Jessica
Bowyer, Alyssa
Brasile, Glen

Briggs, Meghan
Brin, Jonathan
Butler, Sean
Butler, Suellen
Byrne, Heather
Cafarelli, Jason
Camerota, Christine

Carabetta, Justin
Carabine, Kristin
Carannante, Vincent
Cargill, Pamela
Carlson, Eric
Cauley, Kevin
Cavanaugh, Alicia





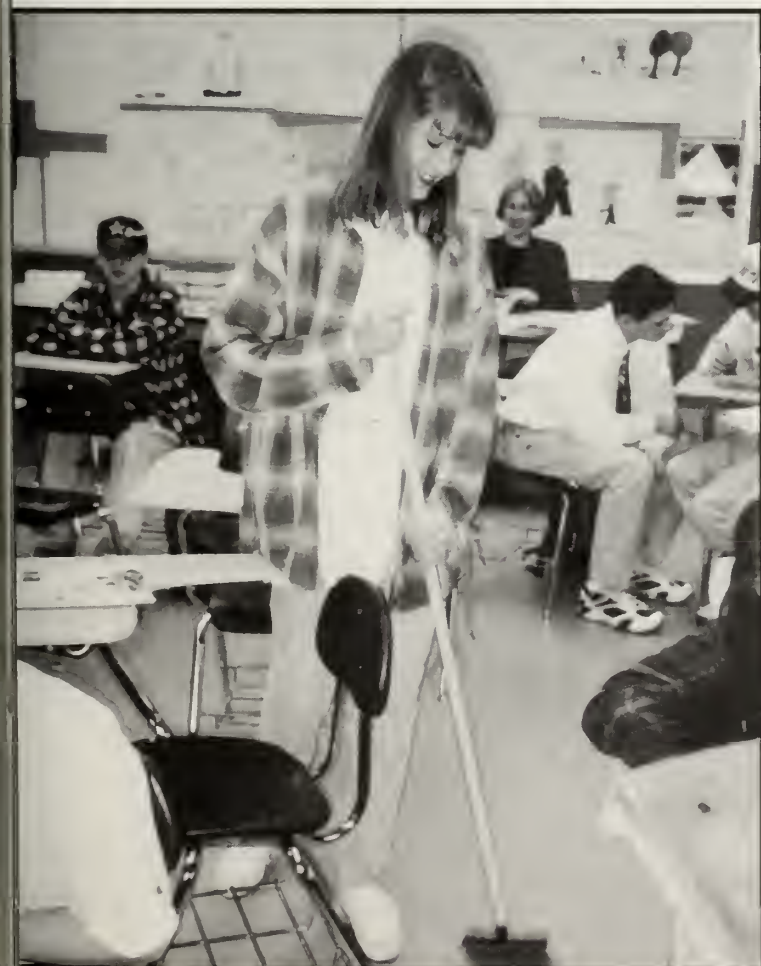
Celetti, Tanya
Chimi, Christina
Chu, Chi Lon
Coburn, Katie
Collins, Michael
Connor, Monica
Coppolo, John

Costa, Michael
Cote, Meredith
Coyne, Michael
Craven, Richard
Cross, Anthony
Curtis, Ariana
Delessio, Desirae

Day, Stephen
Dean, Thomas
Dean, Nicole
Deguglielmo, Angelo
Delnickas, Lori
Demoracski, Lara
Desantis, Lazzaro

DiClementi, Christopher
DiMichele, Laura
DiRico, Jill
Disa, Marie
Doersam, Frederick
Donovan, Lee
Doucette, Charles

Doyle, Sean
Drenthe, Noreen
Dubish, Traci
Eddy, Megan
Evans, Joseph
Fagone, Martin
Ferrero, William



Hmm, I wonder if her room at home is this clean?



Hmm, I wonder if they're taking a history test during a fire drill after school?





Another one bites the dust!



Girl's Frosh Soccer, top(l-r): Coach Prendergast, Betsy O'Neill, Jade Alicandro, Laura Jurkowski, Laura Maruca, Karen Sullivan, middle(l-r): Colleen Milbier, Lynn McCormick, Antonella Raschilla, Mary Lynn Williams, Erin Lavelle, Lisa Adams, bottom(l-r): Desiree Matulewicz, Kim Kelley, Kate Garvey, Lara Demoracski, Heather Byrne, Jessica Leger



"Go Big Red" Brianna Stuckenbruck leads the cheers for the football team.

Gagnon, Peter
Gamsby, Natasha
Garvey, Katherine
Gelinis, Daniel
Gilligan, Sean
Glashow, Leah
Golembo, Thomas

Gonsalves, Kendall
Goodchild, Joshua
Goodman, Eboni
Goodwin, Kathleen
Goransson, Jason
Gour, Thomas
Grzebien, Kelly

Guyer, Kristin
Guzman, Rosa
Hamilton, Melissa
Harrington, Kyle
Harrison, Sarah
Hartnett, Jessica
Hassin, Jill

Hawley, Patrick
Hawn, Joel
Hedges, Amie
Hersey, Nicole
Hill, Kelly Ann
Hodges, Torrey
Hutchinson, Joseph

Jensen, Melissa
Jurkowski, Laura
Kearney, Patrick
Kelley, Kimberly
Kimball, Michael
Kynard, Renita
Kyte, Andrew





LaChapelle, Joshua
LaPolice, Nicole
Laushway, Casey
Lavelle, Erin
Leger, Jessica
Lelas, Charles
Lemke, Christina

Leone, Carmela
Levesque, Nicole
Lewis, Erik
Liquore, Brian
Lloyd, Thomas
Long, Matthew
Luchini, Brian

Makara, Andrew
Maloni, Lisa
Manley, Marie
Manning, Jonathan
Manning, Richard
Martin, Jesse
Martin, Ryan

Maruca, Laura Anna
Maruca, Thomas
Mastroianni, Danny
Mathison, Andrew
Matulewicz, Desiree
McCormick, Lynn
McGunnigle, Kevin

Merritt, Jennifer
Milano, Gaetano
Milbier, Colleen
Miner, Sean
Morin, Kimberly
Morin, Melissa
Murphy, Justin



Bus ride blues. Underclassmen arrive groggy, but alive.



Anyone missing a batboy? Jason is one of our most recent acquisitions from Birchland.



"I've either got a mess of amoeba or a pair of paramecium."

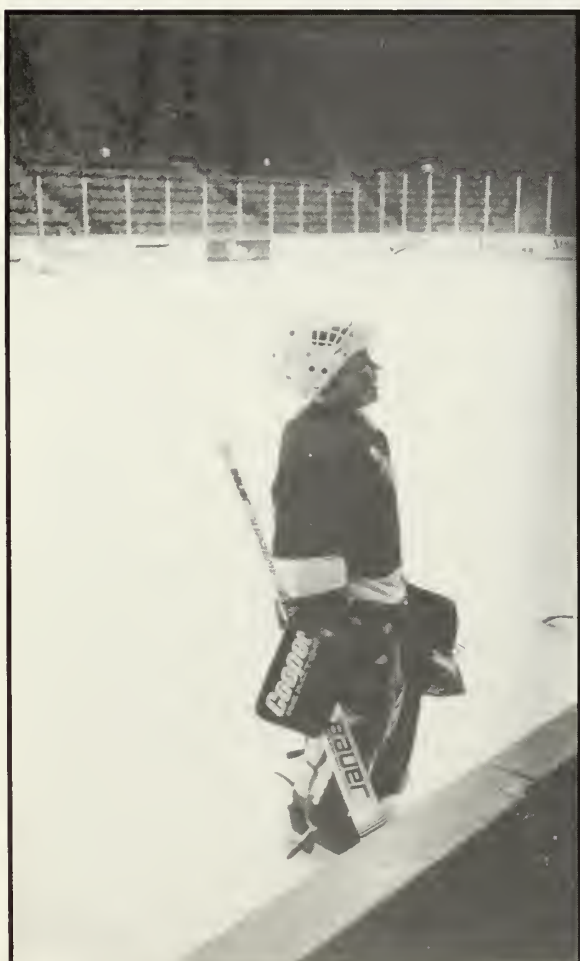
Nannen, Matthew
 Nimmo, David
 Noonan, Timothy
 Normand, Katherine
 Normand, Stephanie
 O'Neill, Elizabeth
 Overlock, Adam

Paige, Cynthia
 Pelzek, Jason
 Pevay, Scott
 Pieciul, Jonathan
 Pilon, Andre
 Pixley, Jason
 Pollack, Meghan

Porfilio, Alfredo
 Portier, Lisa
 Provost, William
 Racette, Robert
 Raina, Michael
 Rapisarda, Lucia
 Raschilla, Antonella

Roberts, Patrick
 Robertson, Timothy
 Robinson, Steven
 Robison, David
 Rodrigues, Austin
 Rosso, Melissa
 Rusiecki, David

Ryan, Jessica
 Safford, Bryan
 Santaniello, Lori
 Savaria, Kathryn
 Scavotto, Kari
 Schloyer, Nyssa
 Schunk, Paul



Fred Berard was a freshman starter for the varsity hockey team.



Get your cool shades at Gilligan's Eye-land.



Torrey Hodges does his best "Hair Barkley."





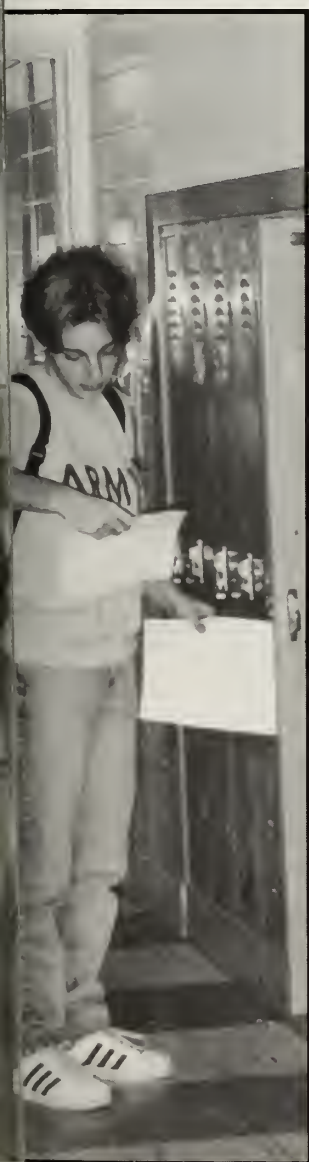
Shaw, Melinda
Simolari, Stephen
Simonds, Lynn
Socha, Julianne
Stames, Carrie
Stevens, Monique
Stoddard, Erica

Stuckenbruck, Brianna
Stula, Michael
Sullivan, Karen
Szczepanski, Zyta
Temkin, Stephen
Terrell, Melissa
Toczko, Julie

Tondera, Erik
Trovato, Anthony
Truoiolo, Anna
Twyeffort, Brian
Upton, Jason
Villamaino, Cody
Vinci, Mariel

Waite, Andrea
Waite, Erin
Walker, Eric
Ward-Homer, John
Williams, Jason
Williams, Mary Lynn
Wilson, Amy

Wright, Kaja
Young, Caroline
Zanetti, Nicholas
Zayas, Michael
Zundell, Sarah



Lost out: Two weeks into school and still using a map.



Freshman Ariana Curtis sprints to the ball. Ari had the distinction of playing for the frosh, J.V. and varsity teams in 1994





Sophomore Class Officers: (Front) Kirsten Metzger, Cori Cassidy, Karen Shaw, (Back) Kris Young, Sam Jaskievic, Mr. Bail (Advisor).



Under the "C"? Only Sebastian can save Jen's grade now.

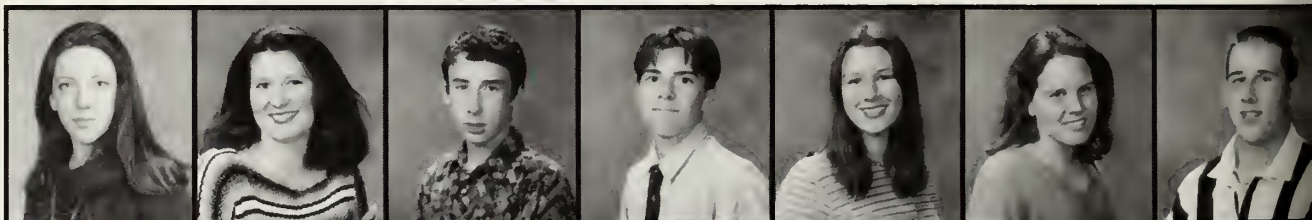


Mike Maruca minds his A's and M's.



"On the first day of Christmas I received from Mr. B, an invitation to this party."

Albert, Lauren
Ames, Tabitha
Arasate, Jason
Atwater, Jeffrey
Auerswald, Sara
Avezzie, Lynn
Baker, Richard



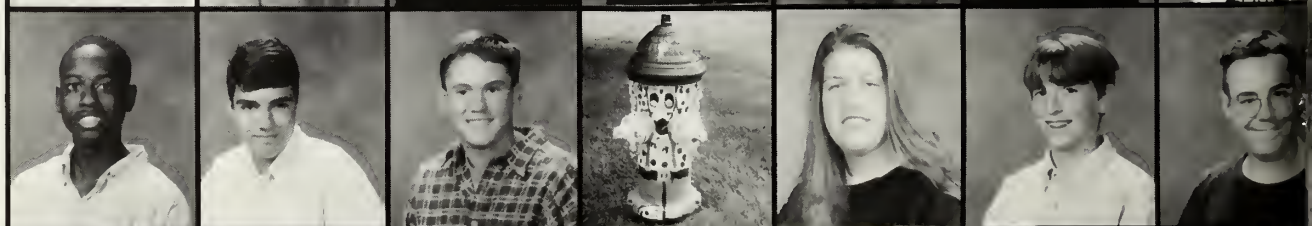
Bareiss, Emily
Bean, Gregory
Beaulieu, Paul
Bednarz, David
Berard, Kyle
Berger, Noah
Bianchine, Jeffrey



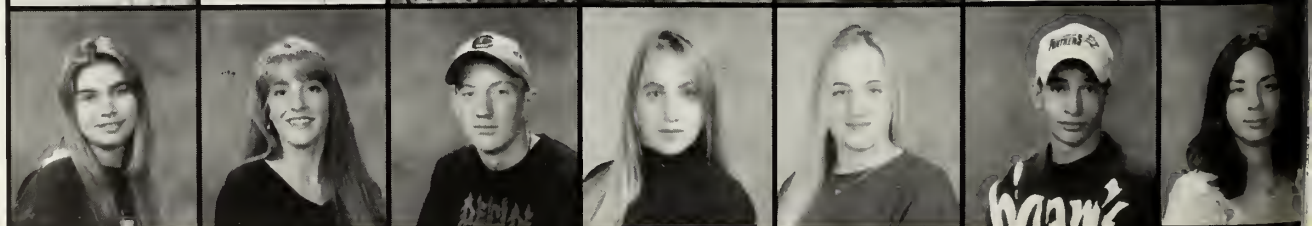
Bianco, Megan
Black, Susan
Bogardus, David
Boggis, Gerard
Boggis, Katie
Borowiec, Lynn
Bourbeau, David



Boyd, Darnell Jr.
Brassard, Daniel
Brennan, Thomas
Brown, Michelle
Brown, Rachel
Burke, John
Butler, Brendan



Campbell, Heather
Campbell, Maggie
Campbell, Patrick
Cardaropoli, Anna
Cardaropoli, Maria
Carriere, Gregory
Cassidy, Coni





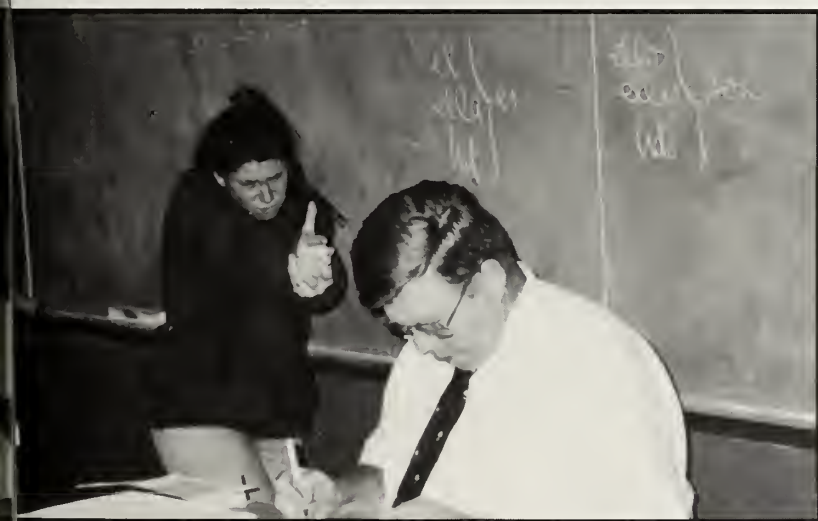
Chiusano, Santina
Christensen, Tom
Christy, Mikaela
Chu, Wai Ming
Cimini, Dan
Ciocca, Nicole
Cloutier, Sarah

Conway, Christopher
Coughlin, Meghan
Croze, Michelle
Cunningham, Tiffany
DelNegro, Tammy
Delnickas, Kari
Dillon, Nora

Doe, Bryan
Donovan, Ryan
Drexler, Michael
Drummond, Anthony
Dube, Sara
Duprey, Jeffery
Dusza, Melissa

Eddy, Melissa
Edwards, Sean
Esposito, Korinne
Evitts, Michael
Falk, Jennifer
Fazio, Steve
Ferris, Melanie

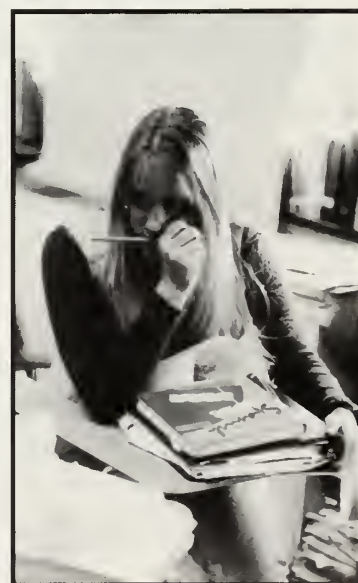
Fitzgerald, Kathern
Fogarty, Joseph
Fois, Ellen
Foisy, Eric
Folliot, John
Forni, Heather
Gagnon, Andrea



Prepara . . . Apunte . . . Fusillado! Senor Dowling makes Sam's day.



Sticks and stones (and occasionally, indoor soccer) can break those bones.



Is it Anna or Maria? Only their hairdresser knows for sure.



Balance the three basic food groups: the nacho group, the fizzy group, and the dermatologist's group.



Take two Boggises and call me in the morning.





Patty-cake, patty cake, we scored again!



"I'm done with these potato chips if anyone would like some."



How do they do it? Only underclassmen have the strength to smile this early in the morning.



Rumblin', fumblin', stumblin'! Kevin gets a block from his big bro.

Gallagher, Peter
Gioiella, Alfonso
Glica, Lora
Gold, Jeremy
Goodwin, James
Gour, Matthew
Haaga, Timothy

Hammarlof, Tai
Hannigan, Jeffrey
Hardy-Martin, James
Haskell, Kari
Hassett, Timothy
Hastings, Joshua
Hayes, Kelly

Henry, Laura
Hill, Jennie
Hubbard, Andrea
Jaskievic, Samantha
Jester, Michael
Johnson, Eric
Johnson, Lea

Keane, Darrell
Kubera, Margaret
LaBrie, Bethany
Lacey, Karalee
Lamana, Jessica
Lang, Brent
Larder, Nicole

Leete, Elizabeth
Levesque, Anthony
Liucci, Amanda
Loesch, Christine
Long, Domar
Longo, Paul
Ludwig, Kurt





Lunghi, Alyssa
Lyons, Michael
McKenna, Christine
MacKechnie, Jeff
MacKechnie, Matt
Maggi, Joseph
Manley, David

Markham, Taryn
Mars, Melissa
Martin, Christopher
Maruca, Michael Jr.
Maruca, Marisa
Mavredakis, Emmanuel
McLeod, Kristi

McQuillan, Catherine
McQuillan, Mindy
Melbourne, Kristen
Meliem, Krista
Menard, Christine
Metoxen, Jessica
Metzger, Kirsten

Metzidakis, Gregory
Miller, Katie
Miller, Peter
Manson, Scott
Moses, Sarah
Norman, Wayne
O'Connor, Kerry

O'Brien, Martha
Olejarz, William
Oliveri, Adam
Ouellette, Michael
Pappelardo, Michael
Paquette, Kevin
Parent, Erika



"Ok Ma-no hands or feet!" Lindsey gives Sam an early morning pick-me-up.



"MMM . . . good. Does anybody else's mouthguard taste lemony?"



Life Stinks! But the sooner you get your permit the sooner you get off the big yellow taxi.



Dear! Diary? Today, we learned: punctuation, in: class "Cool)



If she'd had a V8 she could've kept her diet straight! Katie contorts at midfield.





Are diamonds a girl's best friend? They are for Karen.

Little boy blue, go blow your horn.



No, really, my dog ate my homework AND my gym clothes.

Jim Goodwin and Noah Berger star with Arnold Ziefel in "The Day No Pigs Would Die".

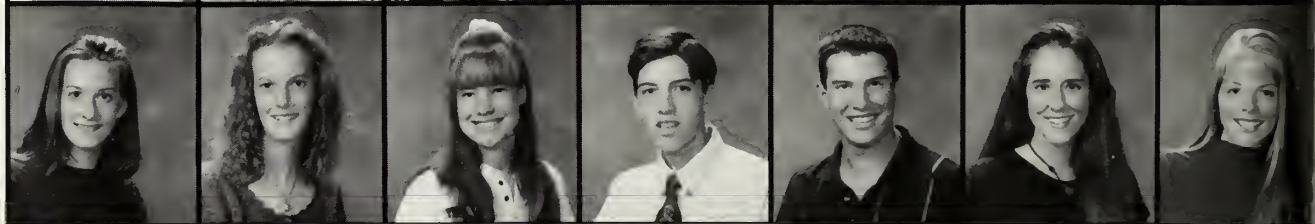
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Perella, Michael
Phaneuf, Gregory
Pierzchala, Stephanie
Potter, Amanda
Pratt, Robert
Rae, Jessica



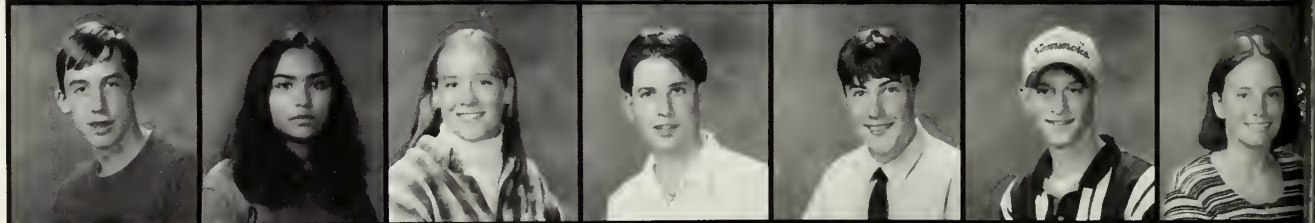
Ragusa, Tina
Readout, Stephen
Rindone, Vanessa
Robbins, Andrea
Roberts, Christina
Rohlf, Zachary
Romanko, Christine



Rothweiler, Kiley
Ryan, Brie
Sawyer, Lindsay
Scordino, Vincent
Scully, Ryan
Shaw, Karen
Shaw, Megan

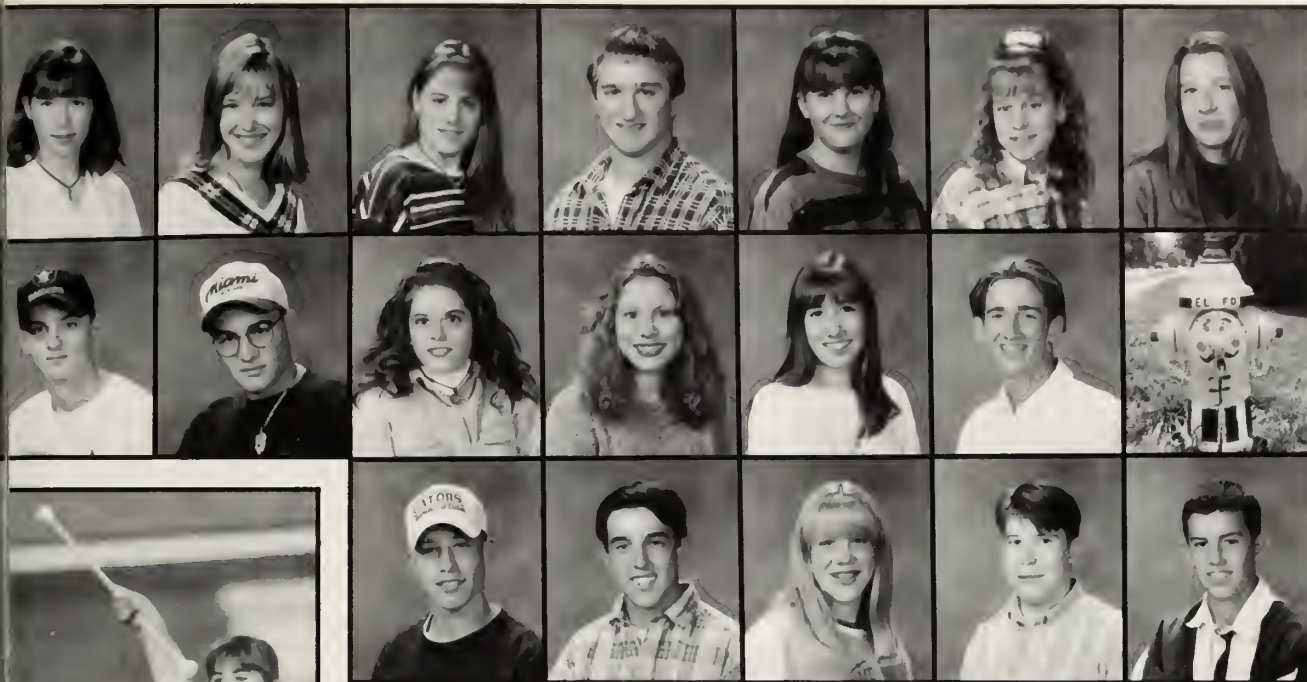


Silansky, Stephen
Singh, Sharon
Smith, Brienne
Smith, David
Smith, Michael
Smith, Ryan
Speight, Kari Ann



Steele, David
Steere, Cynthia
Stepanian, Sara
Stevens, Corinne
Stewart, Asia
Suchcicki, Danielle
Sullivan, Kristy Ann





Sweeney, Lisa
Swords, Susan
Talbot, Jennifer
Themistos, Christopher
Thomas, Jessica
Thompson, Katie
Tougas, Rebecca

True, Michael
Truoiolo, Antonio
Urbini, Gina
Verteramo, Nicole
Waite, Bonnie
Wheeler, Noah
Willets, Timothy

Yacovone, Nicholas
Yoms, William Jr.
Youmell, Laura
Young, Kristopher
Zilch, John



"Give me your tired, your hungry, your poor, your huddled masses yearning to twirl
ee"



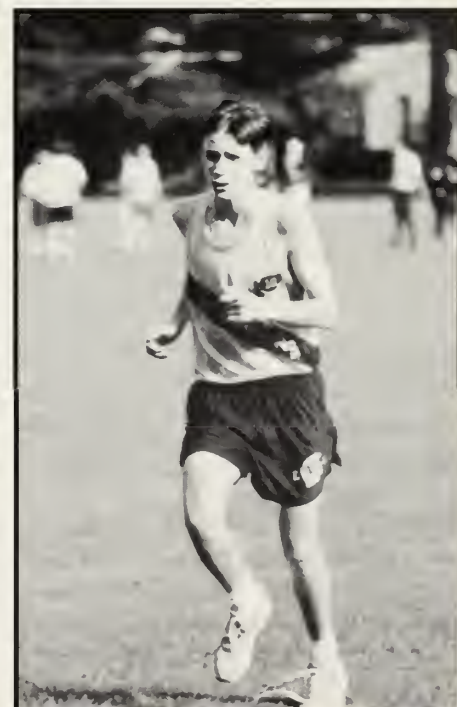
"The bull charged as Romero charged, and for just an instant he and the bull were one. Then the figure was broken,
the red sword hilt tight between his shoulders. . . ." Hemingway, "The Sun Also Rises"



We get by with a little help from our friends.



Somewhere out there.



FOOTLOOSE!



Abair, Nicole
 Alcorn, Carrie
 Alcorn, Jeffrey
 Amiss, Zakiyyah
 Anderson, Julie
 Anderson, Sara
 Anderson, Stanford

Balog, Andrew
 Bareiss, Julianne
 Baurle, Jason
 Benoit, Randall
 Berard, Amanda
 Bolanos, Neysa
 Borgatti, Joseph

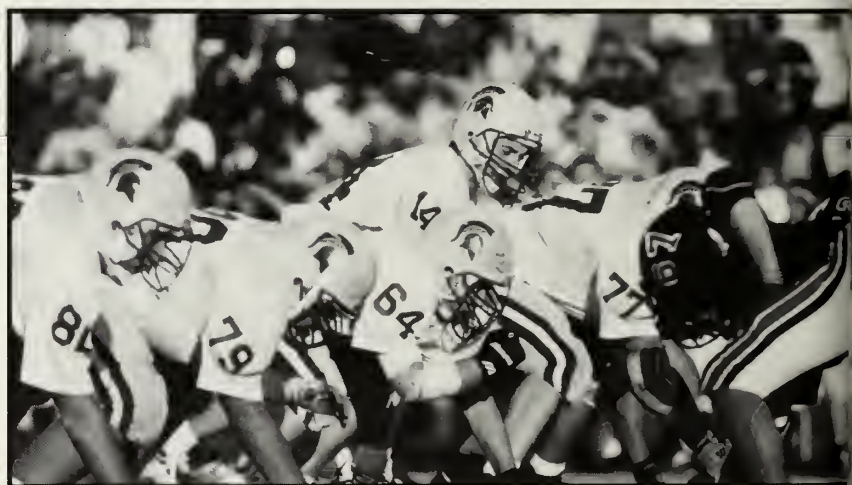
Bousquet, Christopher
 Bracci, Matthew
 Bullen, Charles
 Burroughs, Elizabeth
 Campbell, Christine
 Campbell, Jennifer
 Carabine, Eric

Caron, Jason
 Cauley, Kate
 Cavanaugh, Kevin
 Curtis, Johari
 Davignon, Stefanie
 Derk, Matthew
 Desilets, Daniel

Dimetres, Christopher
 Dimetres, Eric
 Donovan, Jason
 Doucette, Siobhan
 Doyle, Ryan
 Drenthe, David
 Drexler, Kelly



Junior class officers. (front l-r) Zakiyyah Amiss, Ms. Daly, Errin Green, (back) Mike Goodwin, Dan Desilets, Mike Lord



"Hut hut hut" Dan led the Spartan offense all the way to the Super Bowl.



Isolation Booth: "You're getting sleepy... very sleepy... you're thinking of buying presents for Justin..."



More proof that good things come in threes.

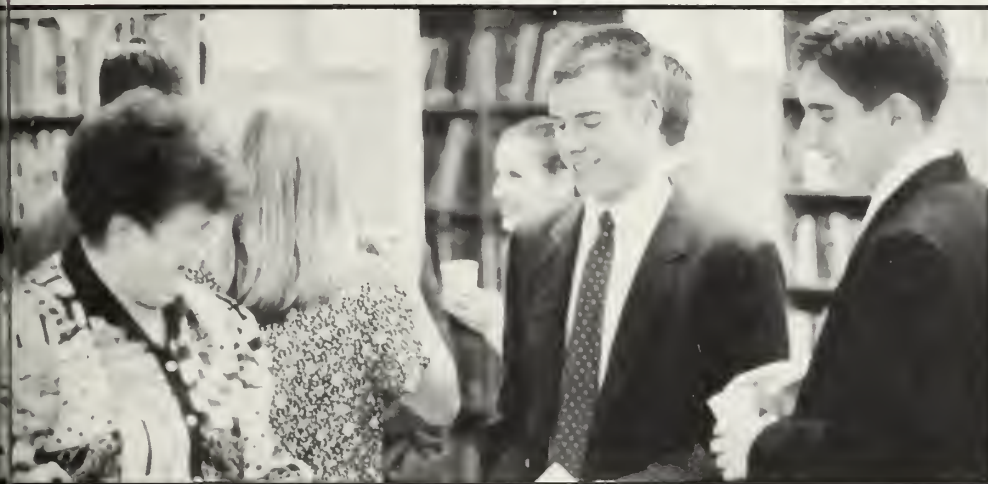


Poolside pearlys!





"I love you. You love me. We're a happy family" Dan upgrades his musical repertoire.



Charles in charge? Charles, Tom, and Ms. Herschuk share some laughs at the National Honor Society induction.

Sucking wind. Tim Moylan waits for his next shift.



Ennaco, Sarah
Erickson, Shaun
Fellion, Jennifer
Ferrero, Jamie
Foggs, Kiesha
Ford, Jeffrey
Fratar, Courtney

Frsino, Jerry
Frye, Patrick
Gagnon, Lisa
Gamache, Jeremy
Gartsbeyn, Dimitri
Geer, Daniel
Gibson, David

Glover, Kelly
Gomez, Nekeya
Gomez, Richard
Gonsalves, Dulce
Gonsalves, Nicole
Goodwin, Michael
Gosselin, Mark

Gowdy, David
Granado, Robin
Gray, Charles
Green, Erin
Hallopeter, Andrew
Halon, Heather
Hamlin, Brette

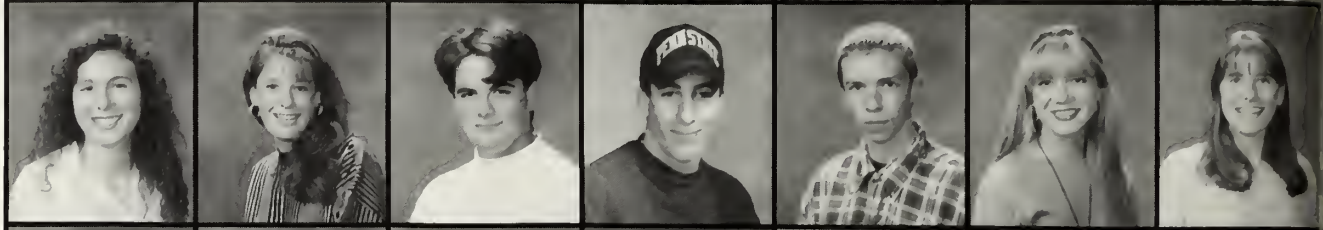
Hamlin, Lindsey
Hannigan, Michael
Hawley, Robert
Hellyer, Patrick
Holmes, Brad
Humphnes, Heather
Hyland, Liza



Irla, Denise
Irzyk, Mark
Jakus, Jennifer
Jensen, Jessica
Jerry, Steven
Johnson, Elizabeth
Jones, Nicole



Jurkowski, Elisabeth
Kane, Lisa
Kelley, Brant
Kelley, Mark
Kellman, Reed
Kimble, Stephanie
Klein, Julie



Koske, Stephanie
LeClair, Koren
Levine, Timothy
Lindwall, Sarah
Long, Erin
Lopardo, Jennifer
Lopez, Sophia



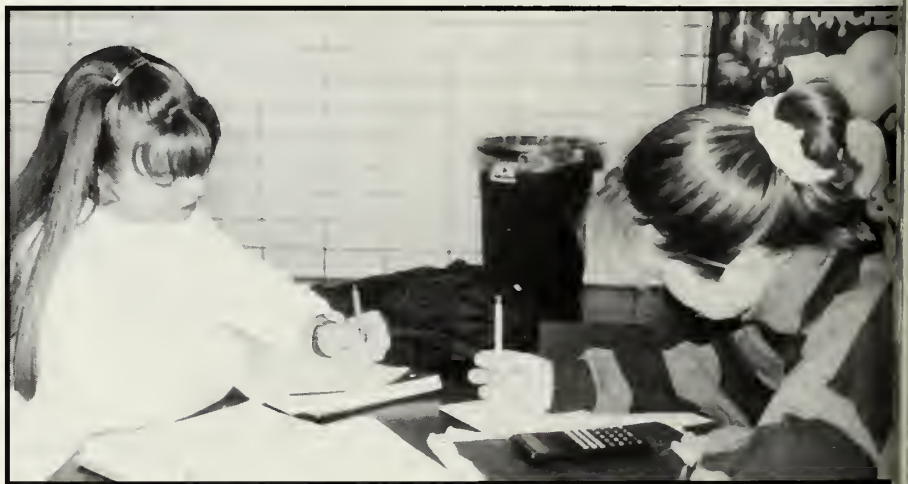
Lord, Michael
Luce, Corinne
MacDonald, Richard
MacNaught, Jason
Marsh, Craig
Maurer, Dan
McCarthy, Megan



McGowan, Mark
McMillan, Kristin
McNeill, James
McNulty, Sarah
Meunier, Alan
Minchella, Christopher
Miner, Joshua



Will the Spartans get licked? No way!



"On the tenth day of Christmas, I received from Mr. B, ten single digits . . ."

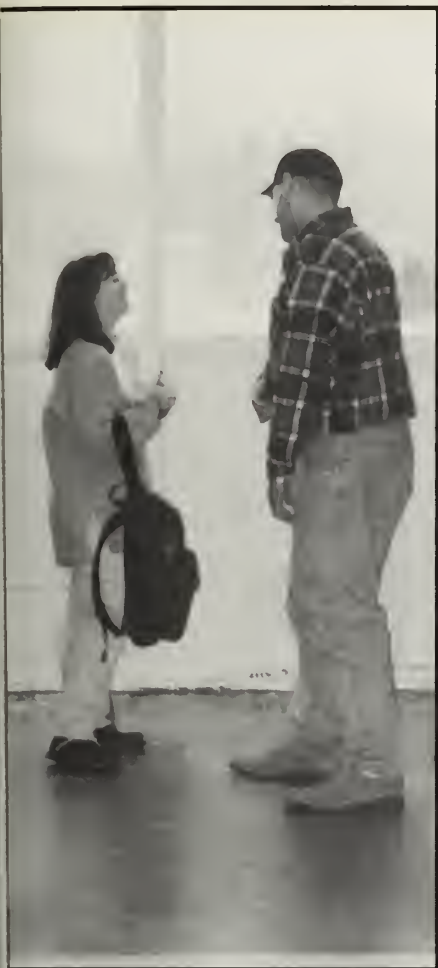


Drop and give me twenty!



The wet look is back!





New Math! It won't do any good to Review Math 'cause it's so simple, so very simple, that only a child can do it.

Before Xerox there was



Come on big guy, you can say it, "Ho, Ho, Ho".

Imagine if Imelda had bought matching hand bags



Montgomery, Dani
Morello, John
Moylan, Tim
Morrisino, Sara
Moses, Joshua
Nadle, David
Niznik, Jeffery

Ottoson, Paul
Parent, Michael
Porfilio, Jennifer
Portier, Patricia Ann
Redmond, James
Regenbaum, Livi
Reed, Joelle

Rivard, Steven
Robbins, Timothy
Robinson, Benna
Roscoe, Elizabeth Ann
Rousseau, Marilyn
Rugani, Aimee
Salmon, Ashley

Sample, Randy
Santanello, Shawn
Scagni, Lauren
Scherpa, Thomas
Shaird, Monica
Shaw, Jonathan
Sheikh, Tina

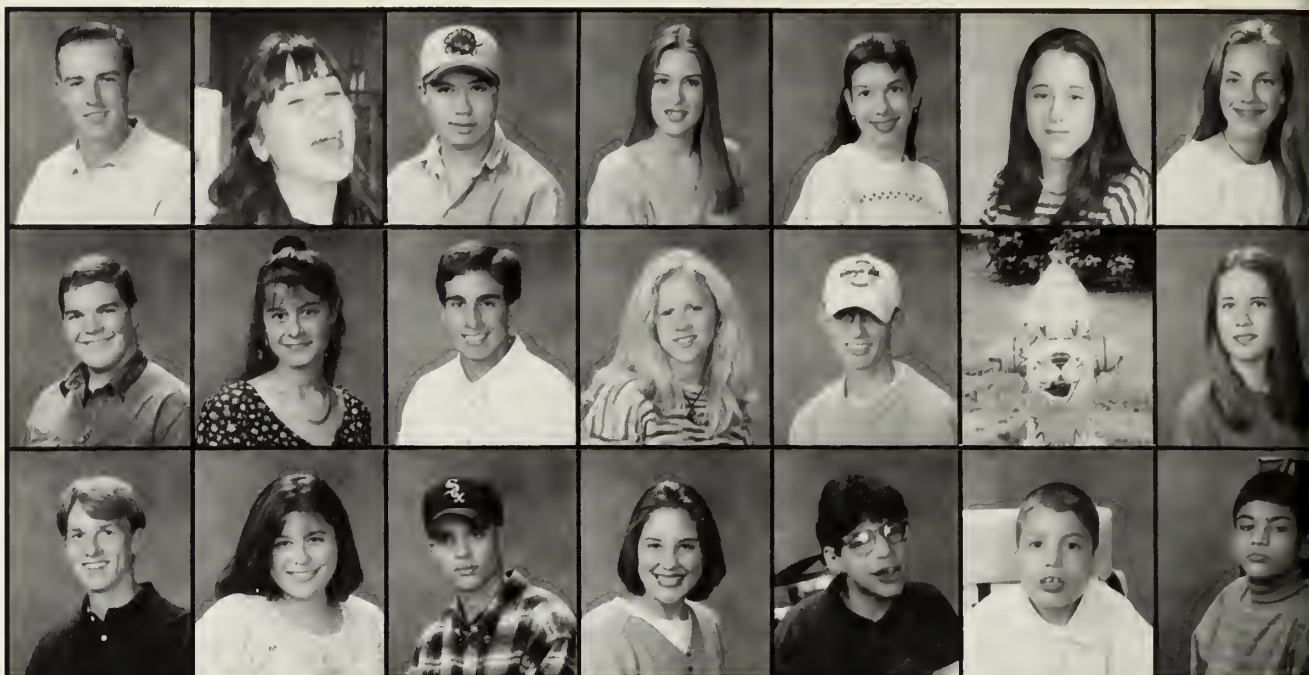
Smith, Craig
Smith Rushton, Jenny Lee
Spaulding, Heather
Speight, Thomas
St. Jock, Heather
Sterritt, Heather
Stuckenbruck, Scott



Sullivan, Brian
Sump, Forrest
Surprise, Andrew
Taylor, Alicia
Trovato, Dina
Trudeau, Tara
Turpie, Dana

Twyeffort, Benjamin
Vangsness, Laura
Velonis, Tom
Vlahotis, Brenda
Wheeler, Seth
Williams, James
Wise, Stephanie

Young, Neal
Young, Robyn
Zayas, Felix
Znoj, Laura
Aronson, Michael
Cincotta, Joseph
Siddiqui, Shami



A fish out of water - Merman extraordinaire Jim McNeill can walk the walk in the classroom, too.



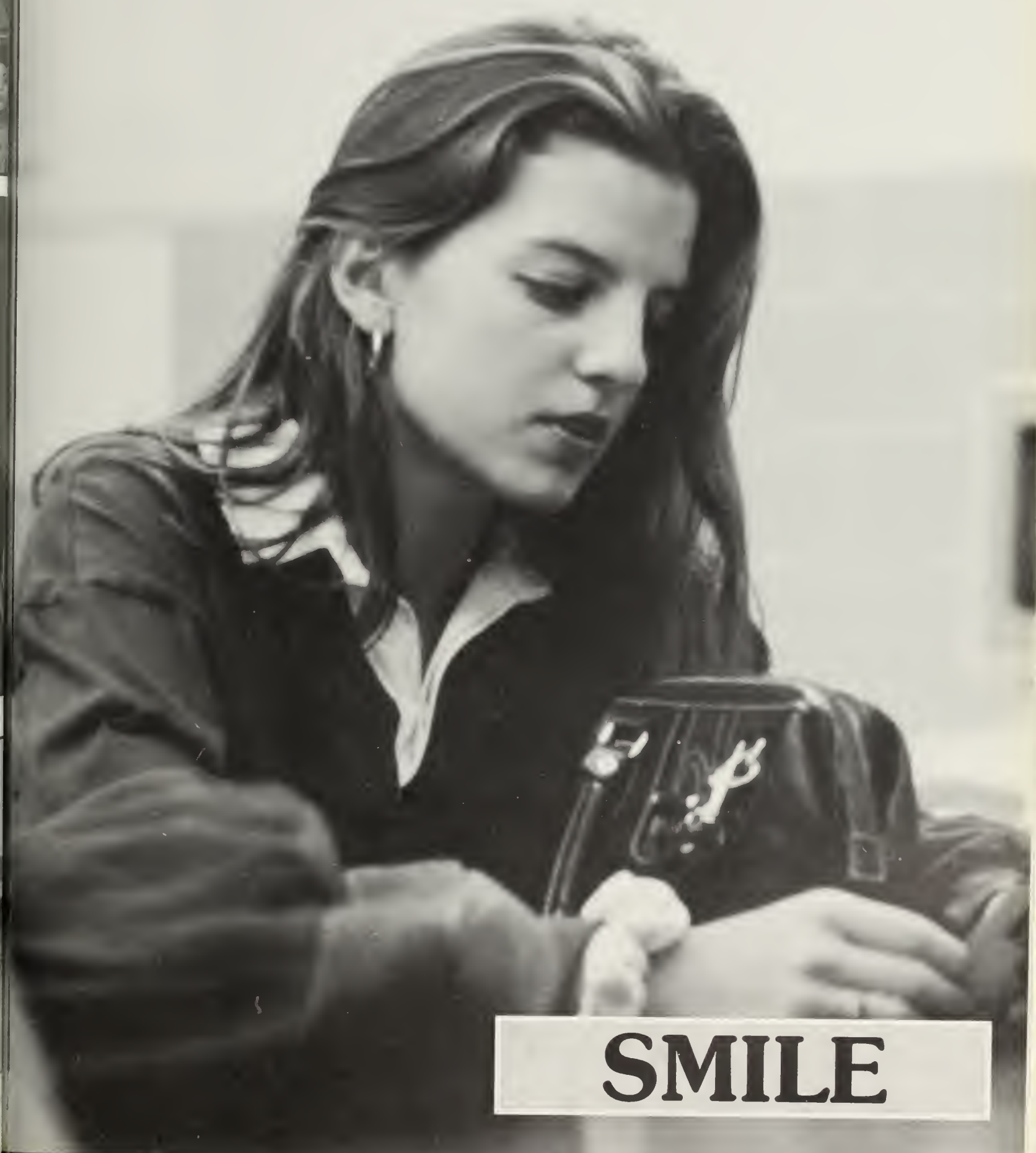
Hot summer nights!



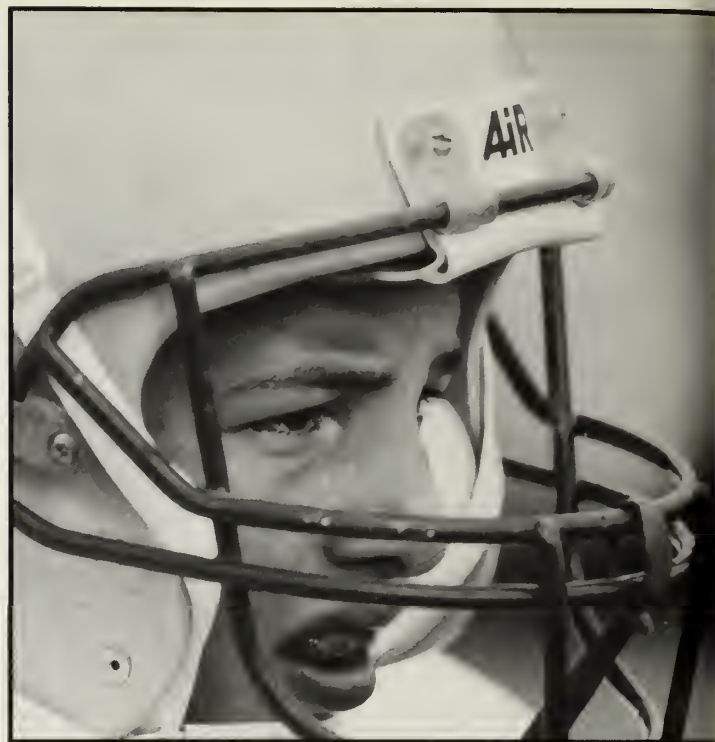
Look homeward, angel - but even divine intervention can't save you from the books



Someone said that life is tough. Come to think of it, just about everyone says it at one time or another, especially during the high school years. But there's one simple solution we'd like to offer:



SMILE



**Smile, though your heart is aching.
Smile, even though it's breaking.**



**When there are clouds in the sky,
you'll get by.**



**If you smile through your fear and sorrow,
smile and maybe tomorrow**



**You'll see the sun come shining through,
for you ...**



**Light up your face with gladness.
Hide every trace of sadness.**



Although a tear, may be ever so near . . .



**That's the time you must keep on trying.
Smile, what's the use of crying?**



**You'll find that life is still worthwhile
if you just smile.**



TIME OUT ... FOR ...





1995

SPORTS

FIELD HOCKEY



Top row (l-r): Coach Hubbard, Julie Bareiss, Aimee Rugani, Courtney Fratar, Joelle Reed, Tiffany Cunningham, Andrea Hubbard, Kirsten Metzger, Coach Lussier; 2nd row: Susan Black, Siobhan Doucette, Jenny Smith-Rushton, Allison Smith, Jessica Bianco, Dana Turpie; Front row: Renee Blanchard, Martha Baker, Abigail Ohlin, Julie Gelinas, Kelly John.

After suffering through several seasons of futility, the field hockey team showed tremendous improvement this year, falling only four points short of qualifying for the Western Mass tournament. Their final mark of 2-7-6 must have set some kind of record for ties in a season, but the girls never let frustration affect their play. Offensively, the team was led by seniors Abbie Ohlin (MVP, 2nd Team All Western Mass), Kelly John, and Julie Gelinas, while sophomore Andrea Hubbard topped the scoring chart. The defense was solid all year, giving up an average of less than 2 goals per game, thanks in large part to the efforts of Allison Smith, Dana Turpie, and Joelle Reed. Although seven seniors will be lost to graduation, the outlook for next year remains hopeful.

	Opp.	EL		Opp.	EL
Agawam	0	0	Minnechaug	0	0
Longmeadow	3	0	Westfield	1	1
Southwick	7	0	Westfield	1	2
West Side	0	3	Longmeadow	2	0
Agawam	0	0	Southwick	4	0
South Hadley	0	0	West Side	2	0
Northampton	1	0	Minnechaug	1	0
Turners Falls	0	0			



Hair-raising adventure! Julie battled caged Terriers and blind zebras fearlessly.



Driving Miss Crazy - Renee ignores the elements and blasts away.



Big Hack Attack! - Jess sticks it to her Terrier opponent.



"Time out everybody. I just spotted a four-leaf clover!"

Martha conquered Medusa in an epic battle.





Butt out! Kelly fends off her opponent while Abbie moves in.



Black 'n' Black - Kirsten and Abbie play 'D' as Sue looks on.



Another case of the blonde leading the blonde.



Only the lonely - Joelle Reed backstopped the Spartans to their best record in years.

"We are proud of the way we improved this year. Thanks to our coach we were a closer, more confident team." - Tri-captains Martha Baker, Julie Gelinas, Abbie Ohlin



And the winner in the 100 meter crab race - TIFFANY!

CROSS COUNTRY



Top (l-r): Coach Calabrese, Kevin McGunnigle, Greg Metzidakis, John Zilch, Dan Brassard, Dan Ziembinski, Nick Kyte, Andy McGrath, Rich Roberts, Dan Manley, Al Meunier, Sean Doyle, Jon Manning, Coach Budd; Bottom (l-r): Sean Gilligan, Greg Phaneuf, Chuck Doucette, Matt MacKechnie, Pat Roberts, Dave Robison, Andy Kyte, Mike Parent.

Cross country is more than just running from point A to point B. It is a test of how far you can take yourself. Whether running up steep hills, through cornfields, or in mud up to their knees, this years cross country teams were among the most successful in the school's history, not necessarily in terms of members, but in terms of will & determination. The boys' 5-7 record was a significant improvement over last year's mark. Seniors Nike Kyte, Andy McGrath, Rich Roberts, & Dan Ziembinski capped their running careers with fine seasons and leave behind big shoes to fill. The team has a bright future with the leadership & ability of Al Meunier and Dan Manley. The girls' team was decimated by injuries. Carrie Lapaire and Cori Cassidy ran well all year for the Spartans, but were forced to compete against boys' teams by season's end.

	Opp	EL		Opp	EL
Minnechaug	15	48	West Side	28	27
Dean Tech	39	20	Comp	28	27
Holyoke	19	40	Westfield	19	42
Central	29	30	Amherst	24	32
Longmeadow	26	29	Cathedral	18	40
Chicopee	46	16	N Hamp.	42	20



Dan Ziembinski struts his stuff into first place.



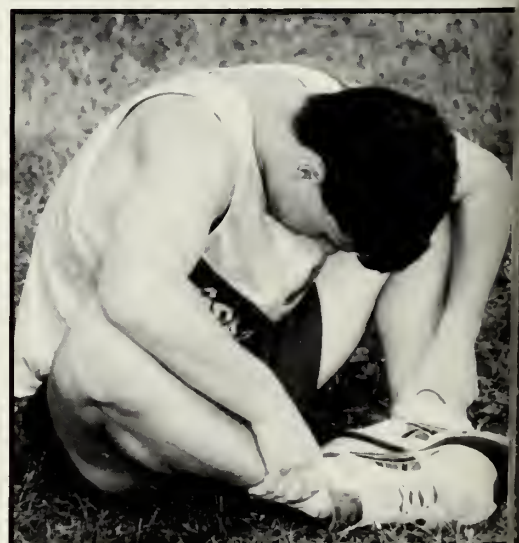
Phil in the gaps - Matt MacKechnie leads the way.



Andy "Chutzpah" McGrath had another fine season for the Spartans.



Getting ahead in the world - Cori Cassidy ran a 19:23 on the 2.7 mile PVIAC course, good for 59th place out of 200 runners.



Is that an ant crawling up my shorts?





men on the fast track Erika Booth, Carrie Stames, Carrie Lapaire, and Kate Normand get off to a smooth start. If only finishing were s easy!



Rich Roberts kicks to the finish!



I get by with a little help from my friends . . .



I think I can . . . I think I can . . . I - Where is that @*/*/@/ finish line?

"Four seasons went by in a flash, but we'll never forget them." Co-captains Andy McGrath, Carrie Lapaire, Nick Kyte, and Rich Roberts



Coach Calabrese, Corine Luce, Cori Cassidy, Kate Normand, Carrie Lapaire, Carrie Stames, Erika Booth, Coach Budd

CROSS COUNTRY

BOYS SOCCER



Top row (l-r) Tom Velonis, Dave Steele, Josh Miller, Kevin Cavanaugh, Mike Smith, Tito Truoiolo, Keith Ingulli, Gerry Boggis, Coach Coburn; 2nd row, Matt Gour, Eric Stinger, Dan Obemesser, James Redmond, Pat Hellyer, Noah Wheeler; front, Jason Cross, Tom Gour, Ryan Smith, Vinnie Carannante, Paul Ottoson, Neal Young

The boys' soccer team made the most of their move to Division II, finishing tied for first in the league at 10-6 and advancing to the second round of the playoffs. The team was led by seniors Dan Obemesser, Jay Cross, Keith Ingulli, Erin Stinger, Tito Truoiolo, and Josh Miller and featured the outstanding play of All-WMass selections Gerry Boggis, James Redmond, Kevin Cavanaugh, Jay Cross, and Matt Gour. Throughout the year the Spartans blended a potent mixture of reliable scoring (3 goals per game average) with a stellar defense. In the first round of the tournament E.L. kicked Palmer sideways in a 8-0 romp. The quarterfinal game against Wahconah was a much tighter struggle, with the score tied one-all at the half. In the second stanza the Spartan offense sputtered and Wahconah took advantage, going on to win 3-1. Although several fine players will be lost to graduation, the team has the solid nucleus and should contend for the title next year.

	Opp.	EL		Opp.	EL
Minnechaug	3	0	Minnechaug	8	1
Holyoke Cath.	2	3	So. Hadley	0	5
So. Hadley	0	4	Easthampton	1	2
Easthampton	1	3	Hampshire	0	4
Hampshire	0	2	Monson	4	0
Monson	0	2	Southwick	2	1
Southwick	3	1	Gateway	3	2
Gateway	1	4	WMass Div. II Tourney		
Holyoke Cath	0	2	Palmer	0	8
			Wahconah	3	1



All-WMass selection Gerry Boggis slips his defender en route to another goal.



Heads up! - The Spartans butted heads with the Rams in a 3-1 defeat.



Eyes on the prize- Matt Gour and his opponent are a study in concentration.



Twist and Shout! Tito maneuvers through a maze of defenders.



Look out- its SKULLTITOR!





Yes, Thighmaster! Senior co-captain Dan Obernesser led the Spartans back to the playoffs.



Ready . . . aim . . . FIRE! Matt Gour blasts away.



Charge! Keith leads an attack from his fullback position.



The last line of defense. The Spartans averaged only 1.7 goals against.

"We turned our record around completely from last season. We want to thank Coach Coburn and wish him the best of luck next year."

Co-captains Dan Obernesser and Jason Cross



Let's go Red. James threads his way upfield.

**B
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R**

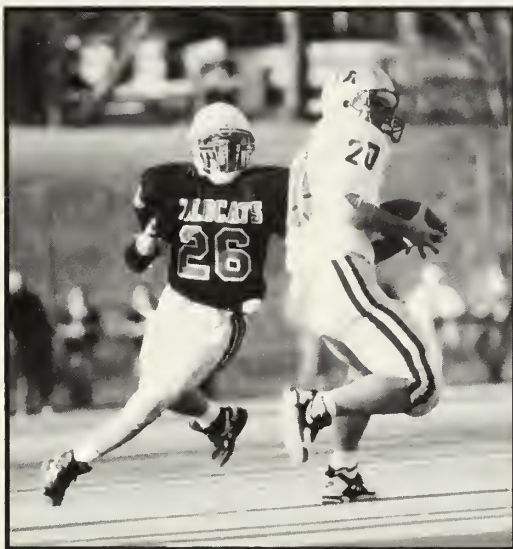
FOOTBALL



Top Row (l-r): Coach Modzelewski, Coach Conlin, Coach Morrissey; 5th Row: Wayne Norman, Randall Benoit, Steve Silansky; 4th Row: Tom Scherpa, Tim Robbins, Kyle Berard, Kevin Paquette, Mike Maruca, Rick Baker; 3rd Row: Shaun Erickson, Jeff Duprey, Chris Dimetres, Jeff Ford, Pete Gallagher, Shawn Santanello; 2nd Row: Eric Trudeau, Joe Giuggio, Jeff Niznik, Dan Maurer, Brant Kelley, Carmen Smith; Bottom Row: Paul Gelinaz, Joe Nadeau, Rob Hersey, John Trovato, Dan Paquette, Jeff Skowron, John Martin.

East Longmeadow 29 - Ware 20. An unforgettable game. On that electrifying Friday night, it happened. For the first time since 1976, the Spartans clinched a berth in the WMass Div. II Super Bowl. It was the opportunity of a lifetime . . . prime time . . . in front of the cameras at Springfield College . . . on artificial turf . . . a part of Super Saturday. Going into the season, the football team wanted to erase some sour memories from last year. They were on a mission. After a tough, season-opening loss to an excellent South Hadley team, the humbled Spartans bulldozed through the Intercounty League en route to an 8-0 league mark (8-3 overall). Some of the most memorable conquests included lopsided victories over Mohawk and Turners Falls, and an emotional thrashing of Athol in front of a bloodthirsty crowd, avenging last year's heartbreaking loss to the Red Raiders. This success, under the outstanding leadership of co-captains John Trovato and Dan Paquette (both All-WMass selections) can be traced first to the team's powerful scoring attack (293 points). They were led by QB Dan Maurer, RB's Trovato (1050 yds), Jeff Skowron, Rick Baker, and Brant Kelley, TE Joe Nadeau, and end John Martin. They reaped the benefits of an offensive line (a.k.a. "The Hogs": Paquette, Joe Giuggio, All League Rob Hersey, Jeff Niznik, and Paul Gelinaz) that made swiss cheese out of their opponents' defense. The Spartans also possessed a stingy defensive unit, highlighted by DE's Nadeau (All WMass) and Martin, NT Carmen Smith, LB's Skowron, Kelley and DB's Maurer (2nd Team All WMass), Trovato, and Eric Trudeau. The last and most important ingredient of the team's success was the togetherness that brought them within a couple of plays of being #1. With the return of many skilled players, they will surely be dancing to the tune of "Football Hero" (and Chattahoochee!?) next year.

	Opp.	EL		Opp.	EL
South Hadley	14	7	Athol	16	41
Mahar	18	30	Ware	20	29
Frontier	8	22	Ludlow	6	27
Mohawk	0	46	Longmeadow	34	13
Turners Falls	0	37	Western Mass Div. II		
Palmer	7	41	Super Bowl		
			Lee	22	7



Skow-Chow! Jeff hauls in a first down reception in the Super Bowl.



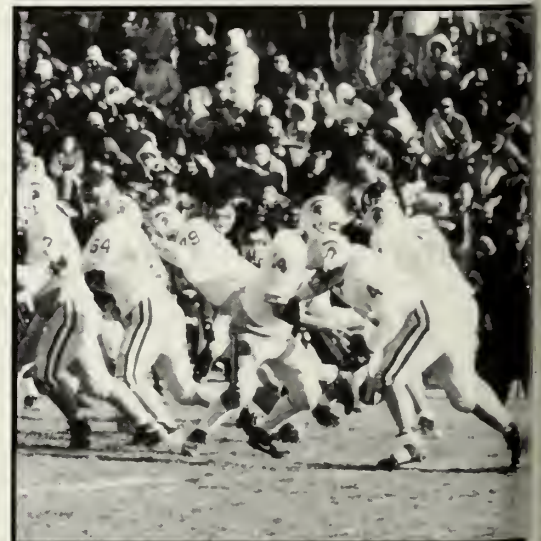
Maurer hands off to the ultimate weapon, John Trovato!



Hey! Is that Dan Marino?



Norman Conquest! Wayne blasts through a huge hole.



Need some tough yards? Give the ball to Brant Kelley.

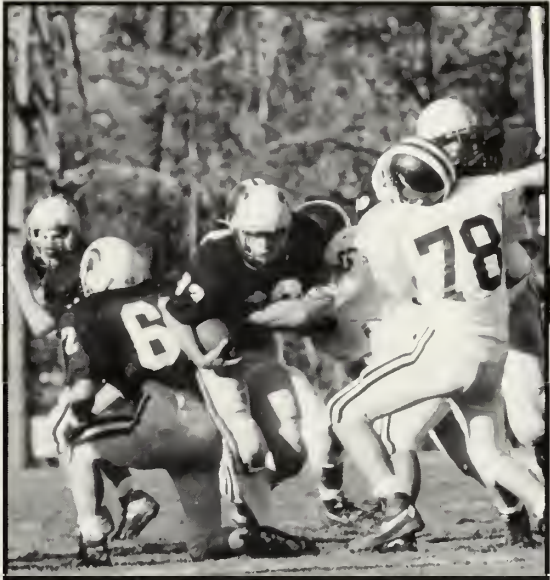




"Greetings from the catbird seat" - A fan's-eye view of the Thanksgiving game.



Dan leads the offense in our 27-6 taming of the Lions.



Run to daylight - John Trovato breaks into the open.



Rick Baker's punting was a vital part of special teams play.

"During our high school careers we were able to make the long journey from the bottom of the mountain to the top because we worked as a team."

Co-captains Dan Paquette and John Trovato



FOOTBALL

HOG HEAVEN!

GIRLS SOCCER



Top (L-R): Maureen Burke, Cheri Kahle, Katie Brunelle, Meredith Thompson, Laura Williams, Erin Sawyer, Jaime Silansky, Coach Gonsalves; Middle (L-R): Brienne Smith, Ariana Curtis, Stephanie Normand, Jennie Hill, Jesse Freme, Christina Urbini, Beth Foerster, Carrie Alcom; Bottom (L-R): Gina Urbini, Jen Jakus, Elizabeth Burroughs, Lindsay Sawyer, Kate Boggis, Johan Curtis, Noreen Drenthe.

"And the first goal, scored by #12, Noreen Drenthe, assisted by #14 Stephanie Normand" was a welcome addition to the Girls' Varsity Soccer play-by-play in the 1994 season. The new freshmen combination supported senior co-captain Kate Brunelle's leadership and continued domination of the forward line. The girls had an outstanding season finishing with a 10-6-1 record. Four of the losses came at the hands of the top two Division I teams in Western Mass. Anchored by a solid defense consisting of Lindsay Sawyer (goal), co-captain Meredith Thompson (sweeper), Kate Boggis (stopper), and rotating outside fullbacks Johari Curtis, Beth Foerster, and Chen Khale, the Spartans reached the quarterfinals of the Division I Tournament. After beating Agawam 3-2 in the opening round, the girls suffered a 1-0 loss to a talented Westfield team. Jennie Hill, Brienne Smith, and Christina Urbini consistently controlled the midfield and often set the pace for the game. Although the Spartans will be losing ten seniors to graduation, there is a talented group left behind to challenge for the title again next year.

	Opp	EL		Opp	EL
Minnechaug	2	4	West Side	1	2
N. Hamp.	0	5	Holyoke	2	3
Ludlow	0	2	Central	0	1
Cathedral	5	0	St. Mary's	4	2
Chicopee	0	7	Westfield	3	0
Agawam	1	2	Minnechaug	1	2
Westfield	4	1	WMass Div. I Tournament		
Central	0	4	Agawam	2	3
Comp.	1	1	Westfield	1	0
Longmeadow	2	1			



Senior Katie Brunelle settles the ball enroute to her hat trick vs. Central.



The sky is falling: Seniors Erin Sawyer and Beth Foerster wait for their share.



Sophomore Brienne Smith controlled the Spartans' midfield and earned herself an All-League Selection.



A key of the Spartan offense, Freshman Phenom Noreen Drenthe finished the season with eight goals and secured a spot on the All Western Mass second team.



Another All-League selection, sophomore Kate Boggis was "spectacular" at stopper.





The team relaxes after a well-played first half against Central.



Hey Willy, better hope you don't have to head this one!



Incoming!!! Jennie heads for the Hills.



Coach Gonsalves prepares the girls for the second half.

"We had a great season, even if we did come up a little short in the end. Good luck to the girls next year."

Co-captains Katie Brunelle and Meredith Thompson



The girls congratulate Jennie and Brienne after they combined on the game-winning goal.

GIRLS SOCCER

WRESTLING



Top Row (l-r) Coach Kosel, Sara Dube, Scott Stuckenbruck, Anthony Drummond, Bill Ferrero, Jay MacNaught, Jeff Hannigan, Kari Haskell, Coach Thompson; Bottom Row (l-r) Randy Sample, Randall Benoit, Chris Dimetres, Dan Obernesser, Joe Ferrero.

Under first year coaches Mr. Thompson and Mr. Kosel, the '95 wrestling team had an excellent season, despite the fact that their final record stands at 4-7-1. In addition to their opponents, the Spartans were forced to grapple with a shortage of warm bodies to fill out their roster. The team was forced to forfeit an average of five matches (worth six points each) per meet, thus depriving them of victories against Central, Ludlow, and Pioneer. There were many outstanding performers for the red and gray. Randy Sample was dominant again in the 189 lb. class, taking 1st in the prestigious Agawam tournament, while Dan Obermesser (140 lbs.) had a superb record of 10-2 in dual meets. Joe Ferrero (171 lbs.), Chris Dimetres (145 lbs.), Scott Stuckenbruck (135 lbs.), Jason MacNaught (112 lbs.), and Tony Drummond (125 lbs) also wrestled gamely for the undermanned squad. If they could only find a few good men, this team would challenge for first place in the standings.

	Opp.	EL		Opp.	EL
Pioneer	51	18	Belchertown	33	42
Ludlow	41	36	Athol	42	21
Southwick	10	60	Westfield	61	9
Putnam	21	45	Agawam	75	0
Central	42	36	Frontier	63	12
Minnechaug	20	53	Dean Tech	33	33



Raise your hand if you're sure!



Get a grip- Anthony moves in for the kill.



Put 'em up ... put 'em up.



Twist and Shout- Jeff prefers the former.



This Falcon was flying high until Jeff Hannigan brought him down to earth.





Waist not, want not.



Oooh . . . salty!



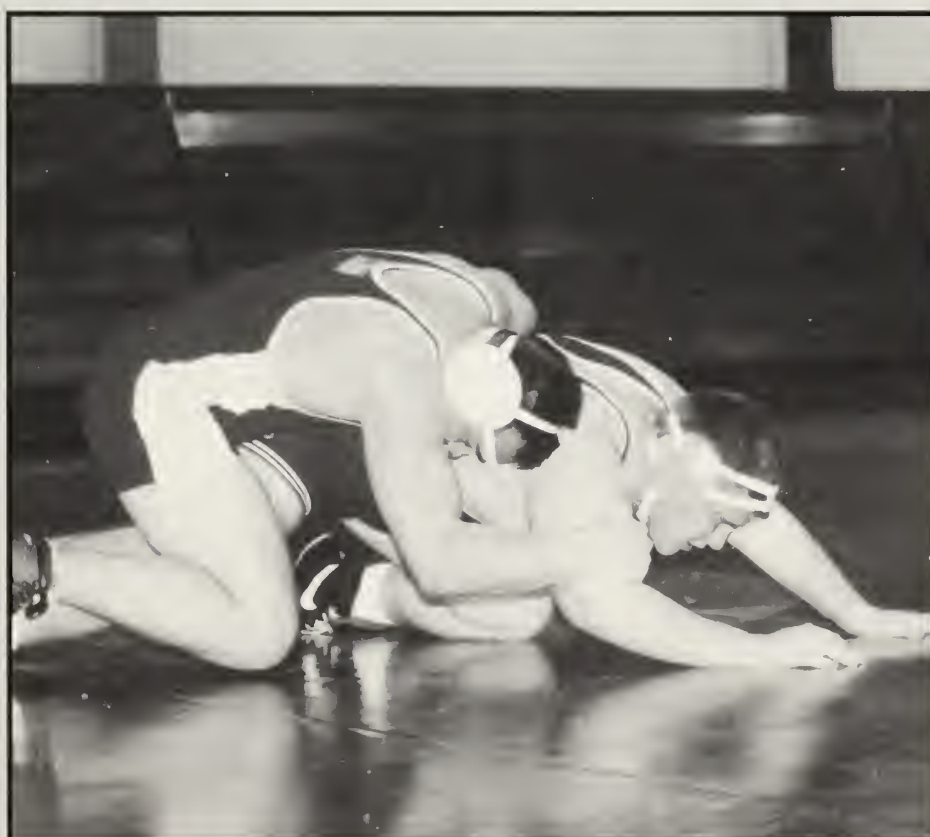
A tenacious Joe Ferrero goes for the pin . . .



... the results of his efforts, a win!

"Our team record doesn't indicate the kind of season we had. We're only losing two seniors and we have some great underclassmen coming up to take their places."

Co-captains Dan Obmesser and Randy Sample



Have you given your opponent a hug today? Randy shows us his softer side.

WRESTLING

GIRLS BASKETBALL



Front row (l-r): Heather Lynch, Christina Urbini, Katie Brunelle, Shelly Dion; 2nd row: Coach Lelas, Kate Goodwin, Meg Kubera, Laura Znoj, Katie Miller, Coach Lussier.

The '95 girls' hoop team rebounded nicely from a dismal '94 campaign, infusing their program with plenty of new blood, and contending for the playoffs in a very competitive division. Kate Brunelle, Heather Lynch, Shelly Dion, and Christina Urbini closed out their varsity careers in style, leading the team both on and off the court (if only "pizza eating" were a competitive event!). Brunelle was again dominant from her guard spot, Lynch and Dion battled for every rebound up front, while Urbini showed her versatility by playing nearly every position at least once. Among the newcomers, shooting guard Katie Miller was especially effective. Kate Goodwin and Kate Garvey saw plenty of action early and had become starters by season's end. With the return of Lindsay Sawyer from the injured list this team will be one to watch next year.

	Opp.	EL		Opp.	EL
Gateway	32	33	Palmer	32	29
Ludlow	28	34	Ludlow	41	38
Holyoke Cath.	54	47	Holyoke Cath.	43	47
Gateway	35	34	Ware	23	46
Ware	12	43	Hampshire	56	47
Hampshire	37	34	Monson	38	22
Monson	43	33	South Hadley	44	30
So. Hadley	68	25	Southwick	56	38
Southwick	50	42	Belchertown	39	42
Belchertown	31	34	Palmer	35	34



Shoot the Rock, baby! Katie adds two more to her impressive career total.



She flies through the air with the greatest of ease, this fantastic save is Christina Urbini's.



Ramming speed! Shelly Dion crashes the boards.



When the game is on the line - it's Miller time!



"Be the ball, Katie. Be the ball . . ."





Outward bound - Katie toes the line to save a loose ball.



Elmo's fire - Meg battles for the ball.



Launch control! Christina goes to her left.



Up, up, and away! - Katie rebounds against Southwick.

"We were young in age, but old in experience."

Co-captains Kate Brunelle and Christina Urbini



Beat the Press! Katie leaves a Mustang in her dust as she crosses midcourt.

GIRLS BASKETBALL

BOYS SWIMMING



Front Row (l-r): Karen Bolles, Charles Gray, Kevin McGunnigle, Pat Roberts, Jim McNeill; 2nd Row (l-r): Al Meunier, Cody Villamaino, Jon Manning, Scott Pevay, Tom Brennan; 3rd Row (l-r): Jeff Alcorn, Jason Caron, Matt Gour, Mike Lord, Dave Bourbeau, Adam Overlock, Ryan Scully; Top Row (l-r): Coach Bolles, EJ Villamaino, Dan Brennan, Rich Roberts, Coach Gonsalves.

Nothing in life is certain, but here at ELHS you can always count on the Boys' Swim Team to bring home the gold. Led by the "Big Three", captains Dan Brennan (50, 100 Free), Rich Roberts (50 Free), and EJ Villamaino (100 Breast, 200 I.M.), the swimming men continued in the school's greatest winning tradition, posting an 8-3 record and earning a share of the Division A title. Heroic victories over foes Longmeadow and Minnechaug were assured by the performances of Brennan and Villamaino, Juniors Charles Gray (100 Back) and Mike Lord (Diving), Sophomores Dave Bourbeau (100 Back and the first ever "cannonball" in actual diving competition!) and Tom Brennan (100 Back), and Freshman Kevin McGunnigle (200 I.M.). Leaving the friendly confines of their own pool for the WMass Championships, the Spartans found themselves one of the strongest contenders for the team crown. Highlight performances included Villamaino in the breast-stroke and Mike Lord in the diving. Post season All Western Mass - All Star awards were presented to Brennan (three time all-star), Lord, and Villamaino, continuing the Spartans swimmers' legacy of team and individual excellence.

	Opp	EL		Opp	EL
Belchertown	78	102	Longmeadow	88	95
Chicopee Comp	100	87	Easthampton	39	62
Central	32	70	Minnechaug	52	50
Westfield	13	81	Easthampton	47	120
Minnechaug	45	57	Longmeadow	52	50
Cathedral	27	75			



Dave and Tom, the heart and soul of the team's masculinity.



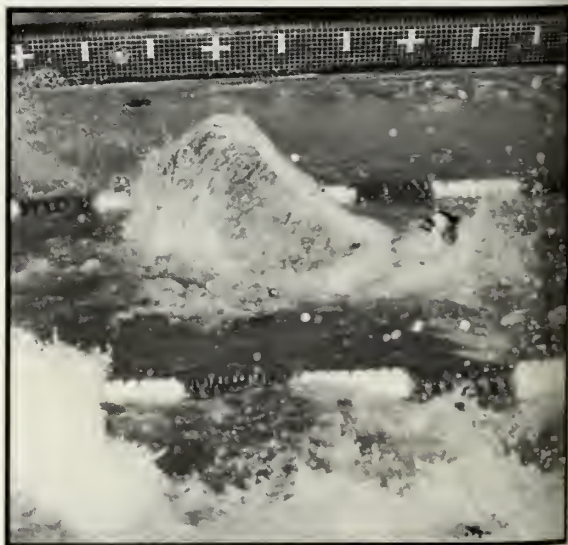
After four years as a starter, Dan Brennan was one of three finalists for the Boys' Western Mass M.V.P.



In addition to being the team's top 100 yd freestyle sprinter, Jim anchored the team's powerhouse medly relay in Western Mass.



Believe it or not, this is the toughest team in the school!!



Charles!! Stop waving to those girls and start sprinting!!





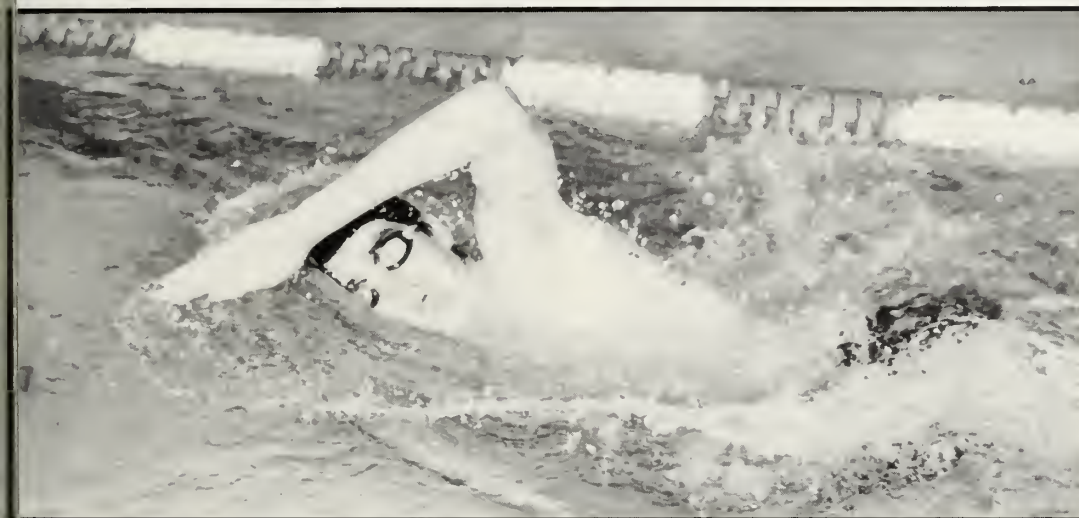
Western Mass All Star EJ Villamaino swam his way to a fourth place finish at Western Mass.



What Dave, no cannonball?!



Oh, my Lord! Mike dove his way to 3rd place in Western Mass.



Rich "Cosmo" Roberts - sometimes he takes your breath away (sometime he takes his own.)

"We hate Speedos . . . We hate nylons . . . We hate chlorine . . . We hate the water . . . We hate dry skin . . . but we still love swimming."

-Captains Dan Brennan, Rich Roberts, E.J. Villamaino



Champions . . . The legend lives on .

BOYS
SWIMMING

ICE HOCKEY



Back (l-r): Coach Rosenblum, Coach Sibley, Ryan Donovan, Greg Bean, Mike Hopkins, Mike Lyons, Tim Moylan, Todd Young, Darrell Gwinn, Mike Carlin, Andrew Balog, Julianne Socha, Jon Shaw, T.J. Dean, Amanda Berard (Mgr.), Coach Brownlee. Front (l-r): Brian Doe, Erik Tondera, Lee Donovan, Mike Perella, Dave Bednarz, Fred Berard, Mike Pappelardo, Tony Levesque, Steve Silanski, Chris Minchella, Tom Christensen. absent: Sara Anderson (Mgr.)

The 94-95 season was a disappointment of sorts for the ELHS Hockey Team, marking the second year in a row that they failed to make the postseason tournament. Their final record of 5-13-1 was an accurate reflection of their inexperience but fails to account for the promise of this developing team.

Many of the bright spots were provided by the hardworking first line of Tony Levesque (29 goals), Mike Perella (10 goals), and T.J. Dean (15 goals). Not only did they lead the team in scoring but they were one of the most potent power-play lines in the league.

On defense the Spartans were led by senior captain Darrell Gwinn, assistant captain Todd Young, and junior Tim Moylan, and by the outstanding goaltending of freshman Fred Berard.

	Opp	EL		Opp	EL
Agawam	4	2	Putnam	0	9
Minnechaug	8	3	Longmeadow	8	7
Central	6	5	West Side	8	1
Central	4	6	Westfield	7	0
Ludlow	5	3	Ludlow	5	0
South Hadley	4	4	Greenfield	9	2
Saint Joseph's	4	2	Longmeadow	5	1
Greenfield	2	5	South Hadley	5	3
Easthampton	1	9	Amherst	5	2
Palmer	4	8			



Ready . . . Aim . . .



He shoots, he scores! Freshman Forward T.J. Dean fires away.



Moylan and Tondera suggest twin blades for a closer shave.



"He beat'em like a rented mule!" T.J. Dean completes his hat trick against arch-rival Longmeadow.



Sophomore forward Mike Perella tallied 10 goals and 11 assists for the Spartans.



Sophomores Tony Levesque and Mike Perella split the Lancer "D".



This defense never rests.



The Spartans scored a respectable 3.8 goals per game.



Go SPEED RACER!!!

"When you take into consideration all of our games lost due to injuries and suspensions, we had a pretty decent year."

Co-captains Darrell Gwinn and Mike Carlin



Fred saw more rubber than the Michelin Man during the long season.

ICE HOCKEY

GIRLS SWIMMING



Top (l-r): Coach Gonsalves, Karyn Bolles, Renee Blanchard, Lynne Hassin, Jen Taupier, Julie Gelinas, Abbie Ohlin, Kelly John, Allison Smith, Coach Bolles; Middle: Katie Boggis, Jennie Hill, Amanda Liucci, Lynn Avezzie, Meg Bianco, Susan Swords, Jaime Ferrero, Dana Turpie; Bottom: Amy Wilson, Colleen Milbier, Jessica Boucher, Vanessa Rindone, Nikki Gonsalves, Kendall Gonsalves, Laura Vangsness.

There are times in sports when a team has to learn that winning isn't everything. This year's girls' swim team finished the '94 '95 season with a record of 5-6, but more than made up for their losing record with a winning attitude. Led by co-captains Kelly John and Allison Smith, the swimmin' women learned how to smile through yet another "rebuilding year". Freshman All-Star selection Kendall Gonsalves blasted her way through the season, posting an impressive 22-0 record, and shattered Sue Wadden's 12 year-old record in the 100 breaststroke by more than a second. In addition, Kendall finished 6th in the 200 IM and 4th in the breaststroke at the Western Mass Championships. Other notable swimmers included Julie Gelinas, who finished in the top twelve in both the 50 freestyle and the 100 backstroke, and Kelly John, who also placed in the 100 freestyle at Western Mass. Other swimmers who qualified for Western Mass include Seniors Abbie Ohlin, Allison Smith, and Jen Taupier; Juniors Dana Turpie and Jamie Ferrero; and Sophomores Lynn Avezzie and Amanda Liucci. With a talented group of girls returning next year, the girls hope to finally break the cycle of rebuilding seasons.

	Opp.	EL		Opp.	EL
Belchertown	119	64	Longmeadow	106	79
Chicopee Comp.	83	87	Holyoke Cath.	46	55
Central	42	60	Minnechaug	63	39
Westfield	67	35	Longmeadow	62	40
Minnechaug	64	38	Holyoke Cath.	67	116
Cathedral	36	66			



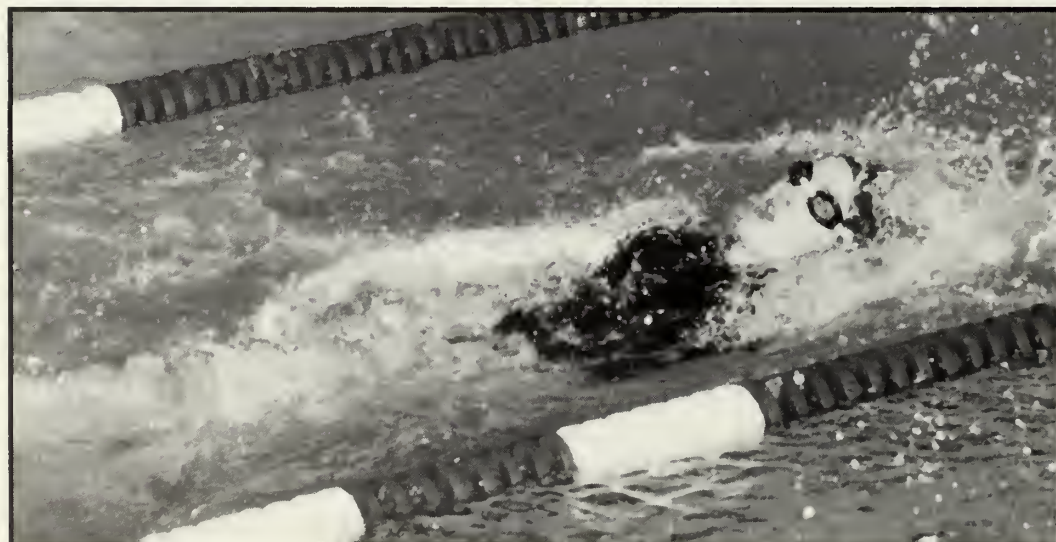
Where has the time gone? Abbie celebrates four years of varsity swimming.



D-Money in the bank!



After four, long years they're still smiling!



Chip off the old block!





"HELLO GIRLS!!"



"I'm flying! I'm flying! . . . I'm . . ."



Phenomenal freshman! Kendall Gonsalves churns to another victory in the 200 IM.

"girls + bathing suits + goggles + helmets + chlorinated water + hairy legs + dry skin = SPARTAN SWIMMIN' WOMEN"

Co-captains Kelly John and Allison Smith



"Up the pool, down the pool, who do we think is really cool?!"

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BOYS BASKETBALL



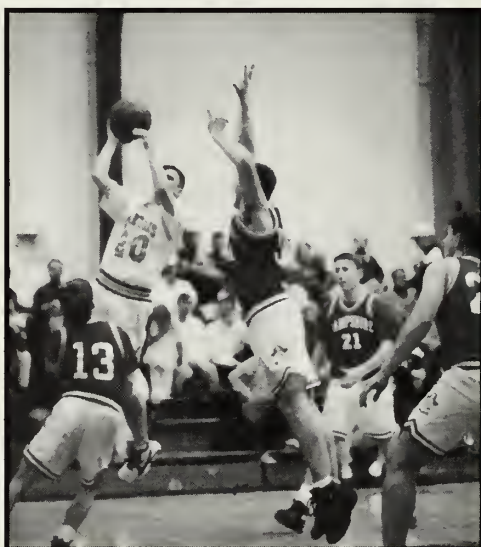
Front row (l-r): David Kubera, Jeff Skowron, Josh Miller, Joe Nadeau, Chris Milley, Jeremy Giard; Back: Mark Kelley, Dan Maurer, Brian Sullivan, Shawn Erickson, Rick Baker, Jim Goodwin, Coach Donaldson.

After a demoralizing 0-20 season last year, the Spartan boys' hoop team had lofty expectations for 1995, especially after moving into the very competitive Bi-County League. Three tough losses to division one opponents were followed by a string of victories as league play got underway. Tri-captains Joe Nadeau, Chris Milley, and Jeremy Giard provided the early leadership but the team slipped in the standings nevertheless, losing five heartbreakers and putting their backs against the wall. The team needed to win six of the last seven games to reach the tournament, a seemingly impossible task. Incredibly, the Spartans did win five of six, including a severe thrashing of league champion Ware, to force a showdown with Holyoke Catholic in the final game. And although that contest ended in a 69-57 loss to the Gaels, EL should be proud that they put themselves in a position to make the playoffs. With a new offense in place (a.k.a. "Loyola" to "2 over" to "give it to Joe"), Nadeau (18.6 pts /game), Giard, and Dave Kubera (7.8 pts /game) proved to be monsters in the middle. Chris Milley (11.8 pts /game and 30 3's), Brian Sullivan, Jim Goodwin, and Sean Butler complemented the front line with excellent guard and perimeter play. Also, Senior Forward Josh Miller and Guard Jeff Skowron and Center Shawn Erickson showed considerable improvement and intense play coming off the bench. Lastly, with the return of many seasoned varsity players, the 95-96 edition of the Spartan hoopsters will again be challenging for a tournament bid.

	Opp	EL		Opp	EL
Minnechaug	62	54	Holyoke Cath.	68	80
Westfield	65	47	Belchertown	81	72
Minnechaug	52	51	Hampshire	78	64
Belchertown	51	56	Southwick	61	77
Hampshire	68	51	Palmer	51	59
Southwick	46	56	Gateway	54	49
Palmer	60	68	Westfield	54	60
Gateway	49	46	Monson	50	61
Monson	62	59	Ware	45	55
Ware	61	42	Holyoke Cath.	69	57



Post me up! Dan Maurer takes his man to school.



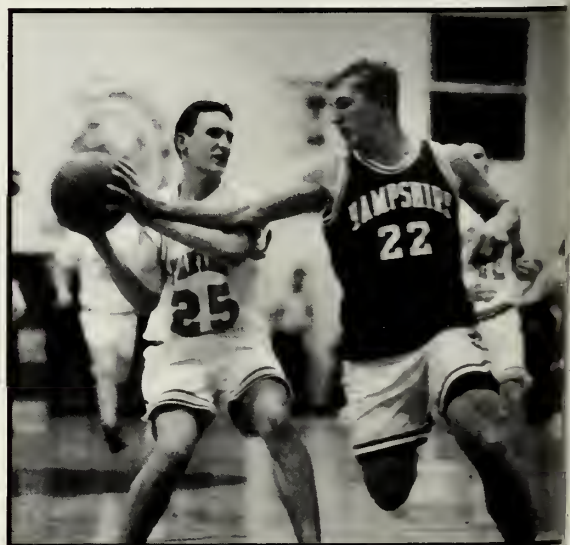
Licensed to drive- Sully avoids rejection.



Form follows funtion- Jeff persevered through an injury-plagued season



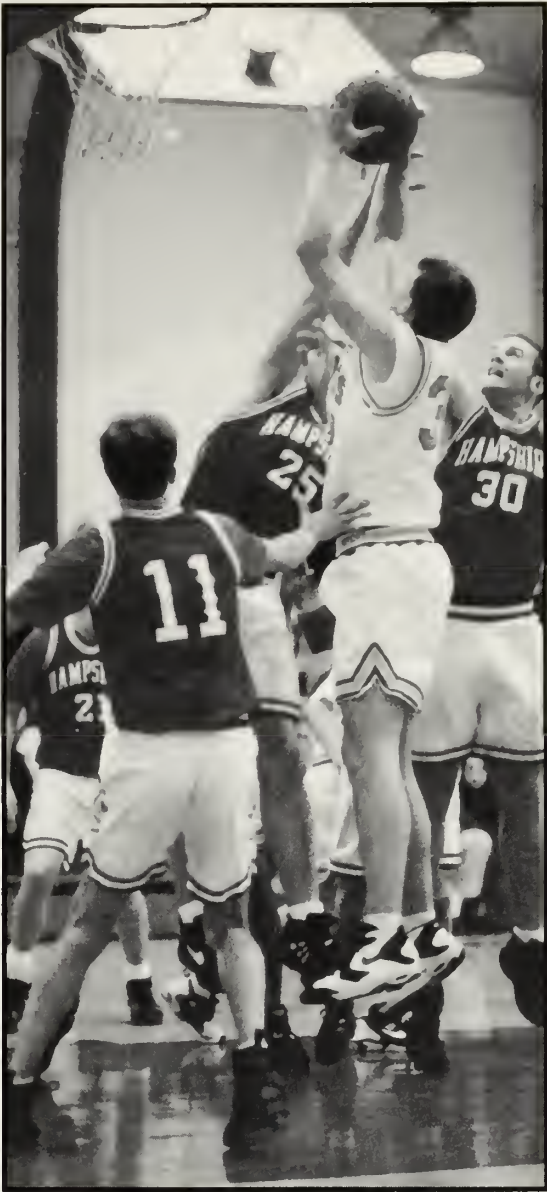
It's GAR-BAGE time! Sign of distress- the Spartan bench agonized over a difficult loss to Hampshire.



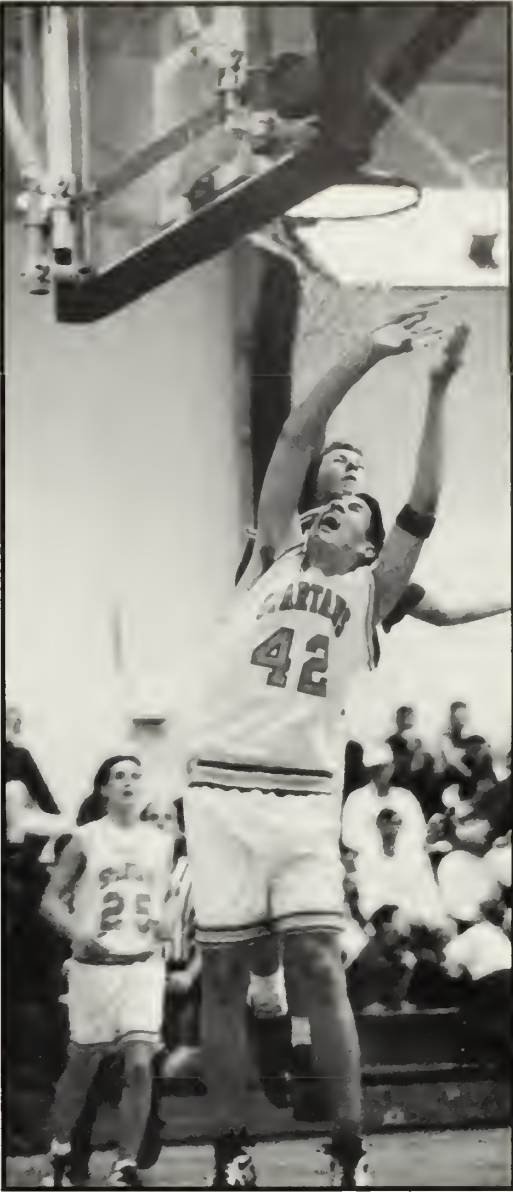
Hack Job! Chris was a vital part of the team's success this year.



the battle for "Chairman of the Boards" was waged by All WMass forward Joe Nadeau ...



... Jeremy Giard ...



David Kubera.

"We made a great run at the playoffs this year and everyone contributed to our success."
 Tri-captains Joe Nadeau, Chris Milley, and Jeremy Giard



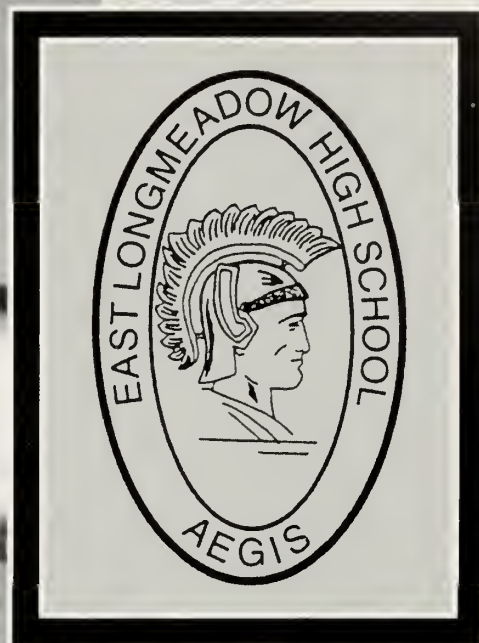
The killer cross-over! Brian makes like Tim Hardaway in the open court.

BOYS BASKETBALL



STUDENT LIFE





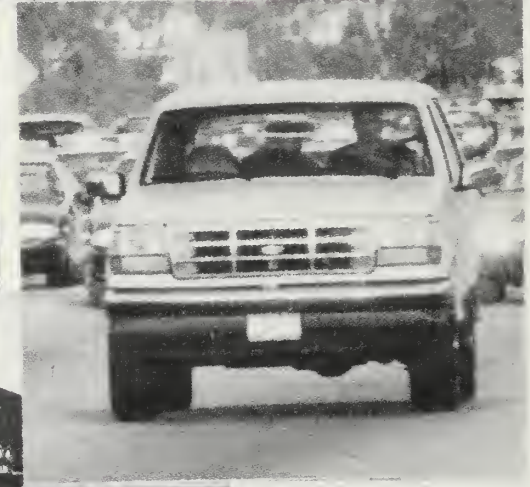
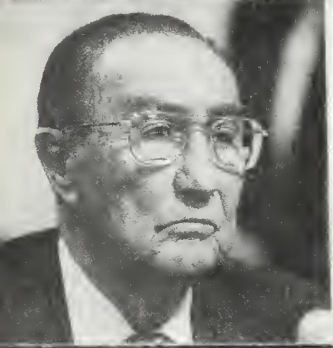
1995

TIME FLIES . . . when your life isn't interrupted by commercials,
college essays, work, exams, sports practices, classwork . . .

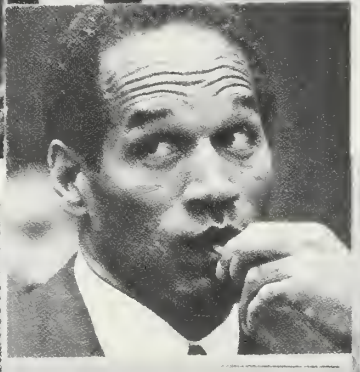
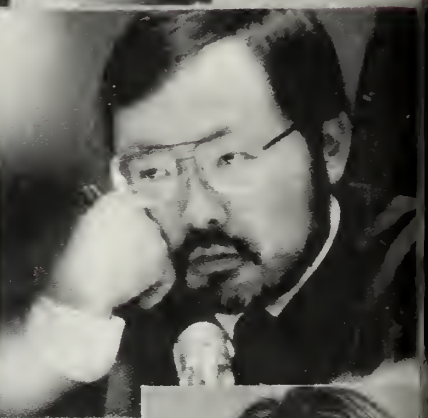


G.O.P. STAMPEDE

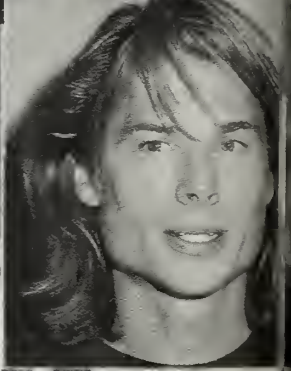
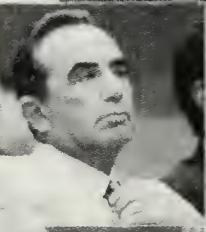
“This was not the typical first week of a murder trial.”



Who's O.J.?

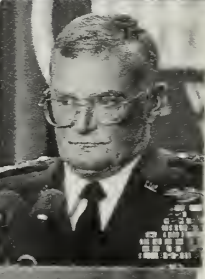


“MOST PEOPLE DON'T GIVE A RAT'S PATOOTIE.”

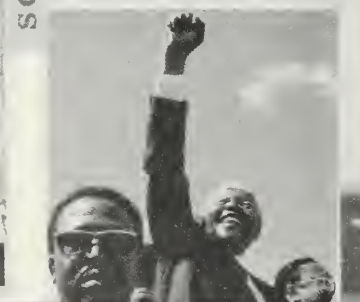


WALKING KING OF THE HILL

SOUTH AFRICA
A Strange Thing Called Freedom



After shock



The evidence will show that Colin Ferguson was



FAREWELL
to Old Friends
JOHN CANDY

ROSE FITZGERALD KENNEDY

JESSICA TANDY

RICHARD M. NIXON

JACQUELINE KENNEDY ONASSI

DINAH SHORE TELLY SAVALA

KURT COBAIN TIP O'NEILL

J. WILLIAM FULBRIGHT,

BURT LANCASTER

WILMA RUDOLPH

LINUS PAULIN

RAUL JULIA

CAB CALLOWA

How
Could
She
Do It?

NORMANDY

Who But
I Could
Tell
You
That
Looking
Day?

"FAT LADY SINGS"

Wall Street Journal
headline about the demise of
the baseball season

FIELD
OF
GREED

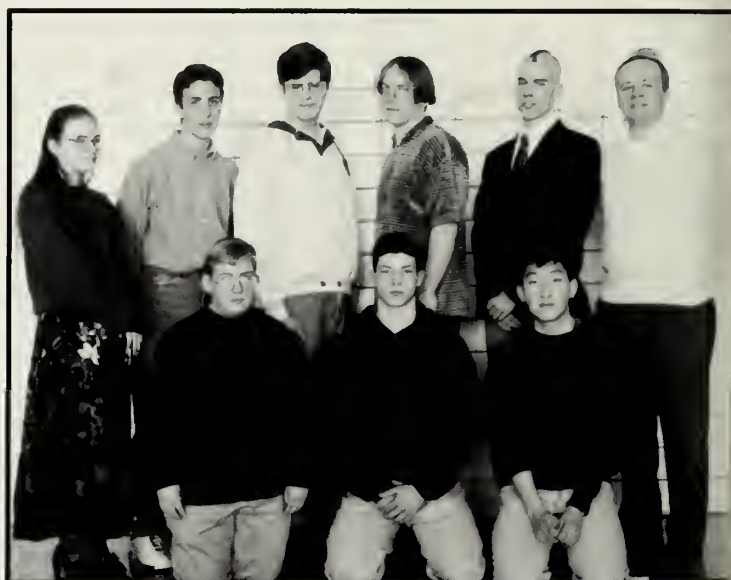
CLUBS



FRENCH CLUB: Front (l-r): Eric Foisy, Paul Gelin, Jay Burke, Eric Johnson, Becky Blais, Joelle Reed; 2nd row: Julie Bareiss, Lauren Scagni, Livi Regenbaum, Kate Normand, Kristi McLeod, Taryn Markham, Michelle Croze, Tabitha Ames; 3rd row: Emily Bareiss, Siobhan Doucette, Heather Humphries, Heather Spaulding, Koren Le Clair, Mariel Vinci, Megan Eddy, Laura Demoracski, Renee Blanchard, Julie Gelin; 4th row: Pam Cargill, Jeff Atwater, Dave Robison, Heather St. Jock, Jen Taupier, Jenny Smith-Rushton, Cindy Steere, Becky Tougas, Nikki Gonsalves, Sarah Harrison, Dana Turpie, Marlyn Rousseau; 5th row: Dave Gowdy, Jeff Bianchini, John Folliot, Kevin Paquette, Jason Caron, Colleen Milbier, Kate Garvey, Lynn McCormick, Mike Parent, Keith Ingulli, Lynn Gamache, Liza Hyland; Top row: Al Meunier, Jen Lopardo, Jeff Alcorn, Cheri Kahle, Carrie Alcorn, Kiley Rothweiler, Kate Blais, Jessica Boucher, Tammy DelNegro, Meghan Anderson.



LITERARY MAGAZINE: Top row (l-r): Corinne Luce, Brian Keough, Carrie Lapaire, Jen Campbell, Dave Gowdy, Jason Donovan; Front row (l-r): Dee Gartsbeyn, Jeremy Gamache, Stan Anderson, Lindsey Hamlin.



MATH TEAM: Top row (l-r): Meghan Anderson, Andre Pilon, Mike Kimball, Mike Garrett, Charles Gray, Mr. Porowski (Advisor); Front (l-r): Mike Dean, John Trovato, Seth Goodchild.



OFFICE AIDES: Top row (l-r): Lisa Maloni, Caroline Young, Johari Curtis, Jenn Fellion, Becky Blais, Jessica Bianco, Dave Bourbeau, Gerry Boggis, Stephanie Pierzchala, Andrea Robbins, Carrie Alcorn, Carrie Avezzie, Andre Pilon, Sue Ellen Butler; Middle (l-r): Emily Bareiss, Andrea Hubbard, Kim Marchant, Sandy Skala, Amber Arnold, Vanessa Rindone, Krista Lacey, Heather Sterritt; Front (l-r): Nyssa Scholyer, Bonnie Waite, Julie Gentile, Shelly Dion, Laura Domash, Erica Booth, Jill DiRico, Melissa Dusza, Tanya Celetti.



C L U B S

C L U B S

C L U B S



SKI TEAM: Front row (l-r): Noah Wheeler, Ryan Smith, Lauren Scagni, Anja Ravn, B.J. Anderson, Jeff Atwater, Zach Rohlf; Back row: Seth Wheeler, Steve Simolari, Austin Rodrigues, Elizabeth Burroughs, Sean Miner, Eric Stinger, Chris Bousquet, Amanda Potter, Tom Scherpa, Nicole LaPolice.



Anyone care for a licorice stick?



BAND (front l-r) T. Robison, C. Cassidy, M. Bergeron, R. Young, (row 2) J. Alicandro, C. Alcom, D. Dalessio, M. Stevens, S. Ennaco, N. LaPolice, M. Hamilton, L. Hassin, J. Hill, L. Scavotto, (row 3) S. Stuckenbruck, K. Ludwig, D. Steele, A. Curtis, T. Hassett, D. Robison, D. Brennan, E. Green, E. Johnson, M. Briggs, K. Esposito, M. Bianco, J. Porfilio, (row 4) P. Cargill, L. DiMichele, J. Caron, A. Meunier, (row 5) K. Foggs, M. Hopkins, B. Twyeffort, M. Garrett, S. Lindwall, G. Phaneuf, J. Goodchild, D. Gowdy, P. Roberts, J. Donovan, M. Morin, M. Shaw, R. Martin, J. Duprey, J. Pelzek, B. Twyeffort, C. Themistos, J. Hardy-Martin, J. Long, R. Hawley, M. MacKechnie, Z. Rohlf, J. Shaw, J. Borgatti, K. Ingulli, Mr. Turner, A. Kyte



SCIENCE TEAM: Front row (l-r): Carrie Alcom, Robyn Young, Lynn Aezzie, Carrie Avezzie, Meghan Anderson; Back row: Mr. Carey (Advisor), Mike Evitts, Heather Lynch, Chrissy Chimi, Josh Godchild, Amanda Potter, Kris Young.



LOCAL STUDENT ADVISORY COUNCIL: (l-r) Jaime Silansky, Justin Booth, Martha Baker, Jessica Bianco.



CLUBS



AS SCHOOLS MATCH WITS: Front (l-r): Mike Garrett, Seth Goodchild, Siobhan Doucette; Back: Jason Bergeron, Sarah Lindwall, Mr. Carey (Advisor), Charles Gray.



MODEL CONGRESS: Front row (l-r): Rich Roberts, Jeff Skowron, D. Paquette, Jason Bergeron; Top row: Mr. Carey (Advisor), Charles Gray, Kevin Paquette, Carrie Lapaire, Meghan Anderson, Ryan Scully.

CLUBS



WORDS NOT WEAPONS: Front row (l-r): Mr. Fimognari (Advisor), Laura Domash, Jessica Bianco, Carmen Smith, Kyle Berard; Back (l-r): Jason Alexander, Chris Dimetres, Dan Maurer, Dan Brennan, Gaetano Milano, Erika Parent, Eboni Goodman.



CHORUS: Front (l-r): Nicole Hersey, Kelly Grzebien, Sarah Harrison, Schmidt-Perez, Mr. Stanley; 2nd row: Jessica Ryan, Lisa Portier, Holly Hawn, Jen Campbell, Laura Henry, Robyn Young, Amanda Potter, Lynn Avezzie; Back: Lynn Simonds, Betsy O'Neill, Monica Connor, Lauren Glashow, Joel Hawn, Ben Twyeffort, Jessica Alexander.

CLUBS



KEY CLUB: Front (l-r): Dana Turpie, Jason Bergeron, Justin Booth; 2nd row: Lisa Adams, Brie Ryan, Laura Maruca, Jennie Hill, Michelle Bergeron, Kirsten Metzger, Shelly Dion, Karen Shaw, Sam Jaskievic, Rich Roberts; 3rd row: Courtney Fratar, Chrissy Campbell, Sarah Ennaco, Siobhan Doucette, Stephanie Wise, Krista Melien, Emily Bareiss, Kerry O'Connor, Jill DiRico, Sue Black, Angie Gagnon; Standing (l-r): Betsy O'Neill, Anja Ravn, Tony Avezzie, Brian Sullivan, Kim Marchant, John Martin, Karen Sullivan, Shawn Erickson, Amy Wilson, Caroline Young, Julie Bareiss, Stephanie Pierzchala, Dave Steele, Tabitha Ames, Diana Milano, Joelle Reed, Laura Henry, Paul Gelinas, Lauren Scagni, Jen Campbell, Dave Bourbeau, Mary Lynn Williams, Nicole LaPolice, Erin Lavelle, Christina Roberts, Leah Glashow, Laura DiMichele, Lynn Avezzie, Andre Pilon, Chrissy Chimi, Lynn Borowiec, Danielle Suchicicki, Nicole Ciocca, Megan Bianco, Jessica Metoxen, Amber Arnold, Sandy Skala.



Chorus of approval: The ELHS chorus came back strong and Stanley.





"All the News that's fit to print" - and then some.



SPARTAN SPECTATOR: Top row (l-r): Courtney Fratar, Kelly Hayes, Tina Robison, Jason Donovan, John Zilch, Kiesha Foggs, Siobhan Doucette, Aimee Rugani, Chrissy Campbell, Dana Turpie, Charles Gray, Mr. Kerson (Advisor); Bottom row: Alyssa Lunghi, Tom Velonis, Jason Bergeron, Justin Booth, Heather Mullane, Jaime Silansky. Front: Carrie Lapaire.



BATE: Top row (l-r): Jason Bergeron, Dan Paquette, Carrie Lapaire, Tim Ostrander; Bottom row: Eric Johnson, Siobhan Doucette, Paul Schunk.



Pulp non fiction - staffers take time to layout.



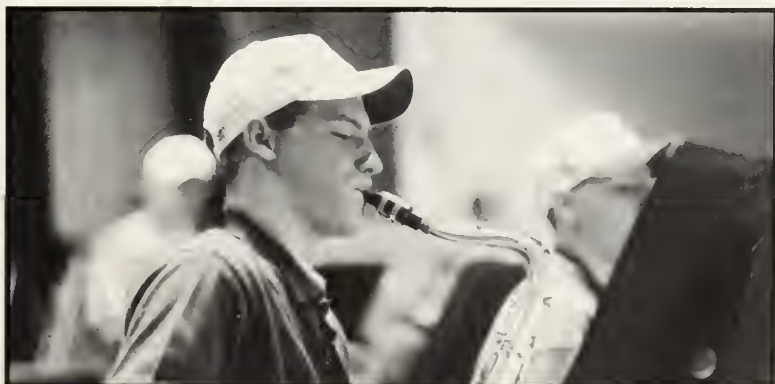
"Resolved: Any immigrants of French ancestry get the red carpet treatment."



HOMEROOM REPS: Top row (l-r): Jeff Skowron, Dave Kubera, Jason Bergeron; 2nd row: Lamar Johnson, Becky Blais, Paul Gelinis; 3rd row: Keith Ingulli, Teresa Verdile, John Trovato, Heather Mullane, Amber Arnold. Bottom row: Mrs. Thompson, Emily Loignon, Stefania Raschilla, Seth Goodchild, Julie Gentile, Mr. Cooley.



J/2 BAND: Top row (l-r): Sarah Lindwall, Joe Borgatti, Dan Brennan, Matt MacKechnie, Meghan Briggs; Middle row: Josh Long, Ben Twieffort, Chris Themistos; Front row: Glen Brasile, Elizabeth Broughs, Mike Garrett, Keith Ingulli, Brian Twieffort, Scott Stuckenbruck, Kurt Ludwig.



This photo is captioned for the musically impaired.





STUDENT COUNCIL: Top (L-R): C. Themistos, N. Berger, V. Scordino, B. Sullivan, M. Goodwin, D. Maurer, J. Martin; Middle: A. Rodrigues, J. Hill, C. Milbier, B. Smith, K. John, A. Ohlin, M. Baker, T. Verdile; Front: E. Booth, S. Normand, J. Porfilio, D. Trovato, J. Booth, Ms. Meader, A. Raschilla.



Next stop, Malibu.



COPE: Top (L-R): Mrs. Stankiewicz, S. Pierzchala, L. Rapisarda, S. Stepanian, T. DelNegro, S. Jaskievic, L. Maruca, K. Shaw, D. Trovato, L. Adams; Middle: S. Ennaco, M. Long, J. Porfilio, L. Henry; Front: S. Swords, M. Dion, J. Smith-Rushton, L. Vangness, A. Waite, M. Coughlin, C. Camerota, J. Rae.



NHS: Back (L-R): S. Skala, M. Dean, T. Velonis, K. Ingulli, C. Gray, J. Gelinas; Front: J. Bergeron, J. Skowron, J. Trovato, S. Goodchild, D. Turpie, E. Green, D. Gonyea.



A government that gives rather than receives???



VOLLEYBALL: Top (L-R): A. Robbins, L. Maloni, J. Alexander, S. Dion, J. Giard, J. Alexander, J. Gamache, B. Twyeffort, Z. Viereck; Bottom: Coach Kotel, R. Guzman, H. St. Jock, N. Schloyer, K. Morin, J. Goodchild, B. Safford, R. Stevens, Asst. Coach Striker.



SPANISH CLUB: Front (L-R): C. Stevens, K. Thompson, A. Gagnon, A. Potter, J. Schmidt-Perez; 2nd: L. Hyland, M. Shaird, R. Granado, K. Speight, J. Thomas, D. Suchicicki, L. Maruca, E. Lavelle, A. Truoiolo; 3rd: B. Ryan, N. Dillon, K. O'Connor, L. Borowiec, J. Lamana, J. Porfilio, L. Vangness, D. Nimmo, K. Sullivan, M. Williams; 4th: N. Ciocca, C. Roberts, J. Metoxen, M. Bianco, S. Swords, L. Henry, L. Avezzie, M. Fems, K. Scovotto, J. DiRico, J. Ledger; 5th: A. Cardaropoli, M. Shaw, J. Zilch, J. Hastings, D. Brassard; Top: M. Cardaropoli, K. Boggis, M. Smith, S. Silansky, M. Gour, A. Drummond, A. Balog, W. Yorns, R. Scully.



To be a member of the National Honor Society, one must be a good listener . . . Dana?? . . . Dana!!!



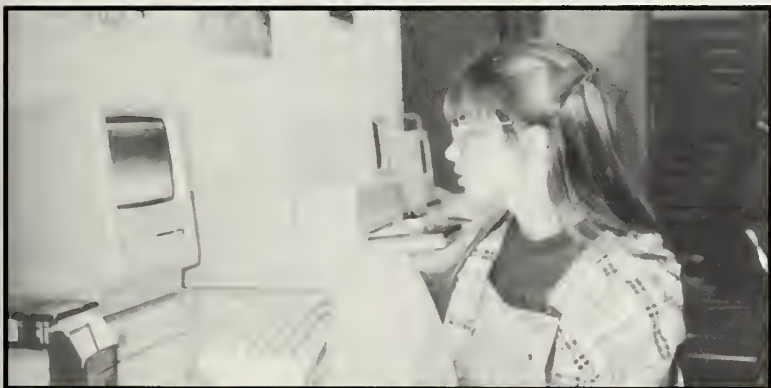
AEGIS

AEGIS

AEGIS



Top row (l-r): Arlene Menu, Stinger, K. O. Pectate, Adam Bomm, Hugh Lyon Sack, Amanda Marie, Sue Mee, Scarlett Fever, Sally Forth, Ann H. Busch, N. E. Bottie, Penny Loafer, Cosmo, Cornelius Crisphead, Matty Meucil (Advisor); 2nd row: Bev Hills, Frank O'Prussia, Sharon Sharalike, Terry Cloth, Jess U. Waite, Vera Lent, Helen Bach, Livi Tupp, Marion Haste, Ida Knowe; Bottom row: Lisa Car, I. M. Boss, Jean Poole, Dr. Lucas Membrane, Anita Ride Holme.



Coming to a screen near you- Sarah Lindwall was an outstanding worker all year.



Anybody wanna' buy a Spartan Hat?



A first - Nine yearbook workers in the room at the same time without any food on the table.



"Can't we just leave out the captions?" Jennie, Dan, and Seth try to put it all into words.

You may think that the desire to take pictures is all you need to get into Room 205, but the funny thing is that photos are only a minor part of the production of this yearbook. People think pictures and captions are all it takes. Wrong. We, as diligent and dedicated staff members, are concerned with all aspects involved in this publication, in other words, the nitty gritty. Who wants to raise \$6,000? Who wants to count characters (including spaces, please)? Who wants to size type? Who wants to type copy until their fingers fall off? Who wants to spend their Friday and Saturday nights cropping pictures? Any volunteers? Not many, when it comes right down to it (even among our own staff). Even though we may have to give up a thing or two, we are more than compensated when the book arrives in the spring. We hope you enjoy AEGIS '95 as much as we enjoyed putting it together for you.



SENIOR



Sunday, September 25, 1994: This is it gang, no turning back. On a warm, overcast afternoon we got together to celebrate the beginning of the end.

PICNIC



Not just bumps on a log - The Magnificent Seven rides again!



... and the crowd goes WILD!!!



Pigskin Poindexter? Hey Tito, get a grip!



3 Hams and a Cheese!



"Put your head on my shoulder"



Five girls want mo'? The calories were flying fast and funous.





Excessive bird watching may be hazardous to your health.



Birds of a feather picnic together.



Red Rover, Red Rover send Jen Taupier right over!!!



Here's two guys you wouldn't want to mess with Puh-lease!



Hey there!!!



Table for four?



Linking logs - Justin and Chris have a meeting of the minds.

SENIOR PICNIC



ZITI DINNER



Wednesday may be Prince Spaghetti Day, but Thursday evening, November 3, 1994 was meant for ziti. Everybody, especially Mrs. Thompson and Mr. Cooley, pitched in to make the dinner a great success.



On top of my ziti, all covered with cheese, I lost my poor meatball, when somebody sneezed.



Wait, let me see, you ordered the ziti?



Please pass me anothe' pattabutta'.



The ziti dinner can be very stressful. For Chris and Julie it was particularly pressing.



Ziti, meatballs, sauce . . . and a roll!



One for me, one for the table . . . One for me, one for the table . . . One for me . . .





You say tomato, I say tomato. Let's call the whole thing off!

They also serve who only stand and wait.

Johnny Mo preps for his charm school G.E.D.



"... 4 carrot sticks, 3 cucumber slices, 2 cherry tomatoes, and a partridge in a pear tree!"

Five dozen brownies and no one around to eat them? This is definitely a job for class president!



Nothin' says lovin' like something from the oven.

SUPERBOLMANIA!!!!

ZITI DINNER



SEMI FORMAL



Oh what a night! December 22, 1994 - Holly and Sandy check in with Mrs. Thompson. Seniors and their dates had a ball dancing the night away around the big Christmas tree at St. Luke's.



Sometimes you've just got to face the music. Oooh!



So this is how they crush velvet.



When in Rome, do as the Romans! Katie puts Matt through his paces.



Dancing chic to chic.



There actually is no escaping the electric slide.



Eat your hearts out Fred and Ginger!



The ties that bind? Not to mention the suspenders . . .



Go Santa! Go Santa! Go Santa!



Sometimes you can't see the forest for the cheese.



The Semi Formal, where Blonde Ambition meets . . .



The Young and the Restless . . .

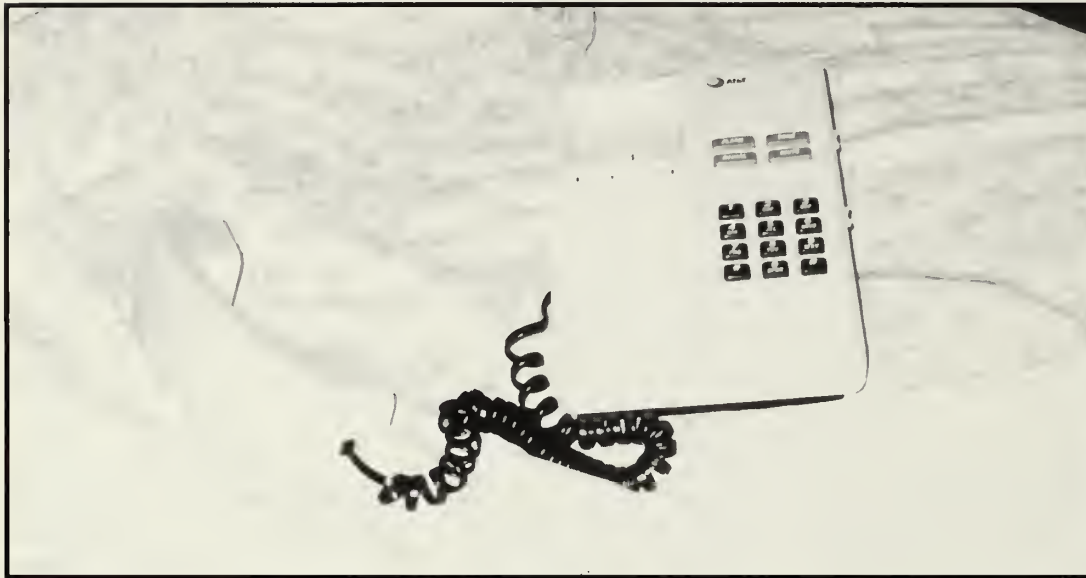


not to mention the Tired and the Backless

SEMI FORMAL



HOT TIME IN



7:00 pm.- A successful night out demands meticulous organization. Always remember that "The will to party is not as important as the will to PREPARE to party."



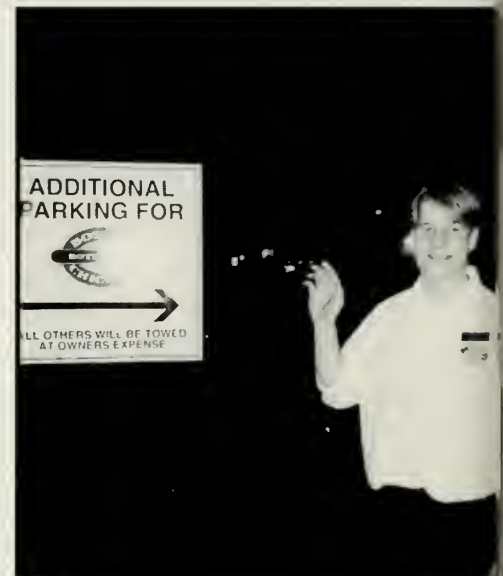
7:15 pm.- Play Misty for Me.



7:30 pm.- "CanIborrowthecarthanksseeeyoulaterbye."



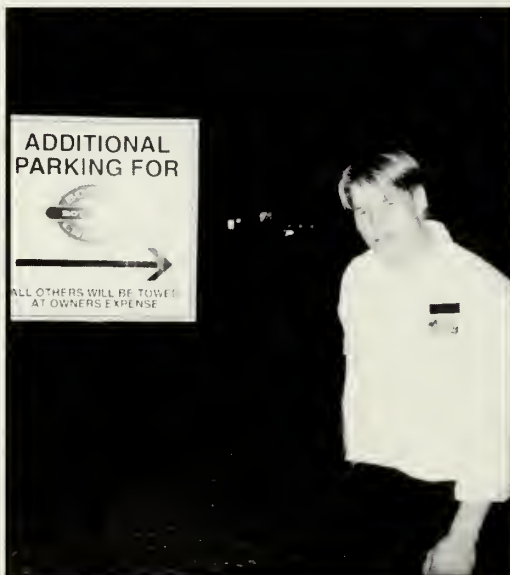
7:45 pm.- Pick up friends (a good way to kill a few hours of unwanted consciousness) LET'S GO!!!



8:00 pm.- "I wonder who's at Public."



8:20 pm- Nothing at Joeleen's



8:30 pm- There's that Boston Chicken guy at Public again. Where is everybody?



9:00 pm.- Nothing at Friendly's



THE SMALL TOWN



8:30 p.m. - Hello McDonald's lady, can you call my friends on that headset? HELLO, I'M TALKING TO YOU!



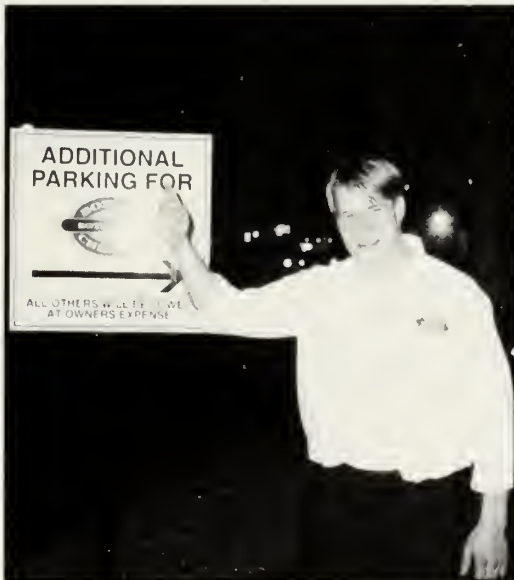
9:55 p.m. - No one at Bogardus's? Since when?



10:15 p.m. - "I don't care if you have to break open your piggybank, you're all going to chip in for gas this time."



10:30 p.m. - The last act of a desperate man - we actually check to see if anybody's at Dairy Mart.



10:45 p.m. - Still no one at Public - Alright, alright we're leaving already!!!



11:05 p.m. Sorry we bothered you, sandwich weasel.



11:15 p.m. - 11:17 p.m. - Panic attack! With time running out all traffic laws become insignificant. (To no avail)



11:30 p.m. We may not have social lives but at least we still have - Dave.





ELHS COMPUTER HOAX EXPOSED!

Embarrassed ELHS administrators were forced to admit last week that since September 1st, school computers had been disconnected from the IBM Central Processing Unit and had been hooked up to the brain of senior whiz-kid Michael Dean. Actually, young Mr. Dean sits in a darkened room, typing answers to students' problems without any noticeable loss in speed or accuracy. "We like Mike," explained Mr. Hamel. "He's bright, he doesn't eat much, and he doesn't need air conditioning."

SPARTAN

June, 1995

ENQUIRER

\$40.00 Largest circulation of any tabloid in the school!



THE UNTOLD STORY

AN ELHS SENIOR HAS
THE SAME PASTY
WHITE THIGHS AS
PRES. CLINTON.

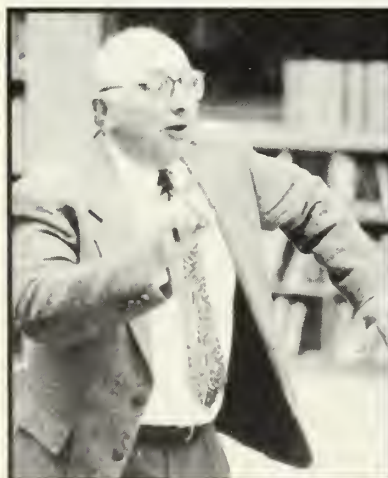
TOP TEN PSYCHIC PREDICTIONS FOR 1995!

- 10.) Vice Principal Mazzariello's lone surviving hair will turn gray. By 7:40 the following day he will tear it out.
- 9.) Due to scheduling conflicts, the senior banquet buffet line will be composed of Happy Meals, Big Macs, and Hot Apple Pies and will be served by a mysterious man who answers only to "Ronald".
- 8.) Bagel shortages during senior study halls will lead to surplus cream cheese riots.
- 7.) J.R. Eckert will be caught in a compromising position with the 15 year-old daughter of the superintendent at the rest stop on the info superhighway. He'll explain that they "were only internetworking".
- 6.) JFK Jr. will address Ms. Burke's history classes. The Spartan Spectator will declare him the "Sexiest Guest Speaker Alive".
- 5.) EL geneticists, working in Mrs. Goldie's lab, successfully graft the hands of a chimpanzee onto the paws of a golden retriever, resulting in a dog that can throw sticks to itself.
- 4.) The mild winter of '95 will lead EL scientists to conclude that global warming has finally taken hold. They predict that by the year 2000 we will be able to boil lobsters simply by lowering them into the toilet.
- 3.) Elvis will reenter society and announce that for the past 15 years he has been living in EL, looking for something to do.
- 2.) North Carolina Senator Jesse Helms will be declared the National Insect.
- 1.) The yearbooks will be delivered early.

MUTINY ON THE BUS

Bus driver cast adrift at start of wild ride!

Angered at the prospect of having to share rides with hitchhikers, the riders of school bus 8806 erupted in violence last week. The students were upset at a controversial school committee ruling that would allow school bus drivers to pick up transients if they are able to pay the two-bit fare. When the bus stopped at a corner the mob sprang into action, tossing their driver, Bill Blighe, into a passing Yugo. Blighe was treated for bite marks, wedgies, and cooties at a local hospital. The student-pirates have yet to report to school and were last heard singing "Blow the Man Down" as they crossed the state line into Connecticut.



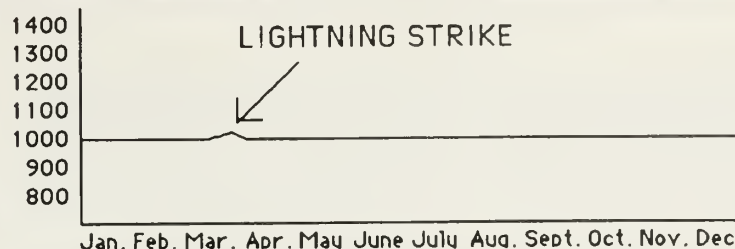
*VICE PRINCIPAL
TO JOIN
PROFESSIONAL
HANDBALL
LEAGUE!!!*





US scientists are currently working on a research project to develop a procedure to transplant porcine organs with freshman brains. Although the pigs have not yet survived more than 48 hours after the operation, there have been no noticeable side effects in the freshmen.

STUDENTS SHOW DRAMATIC IMPROVEMENT ON SAT AFTER LIGHTNING STRIKES ... LITERALLY!



AMAZING DIET! SCIENCE TEACHER SHEDS LBS. SHOCKING BEFORE & AFTER PHOTO'S!!!

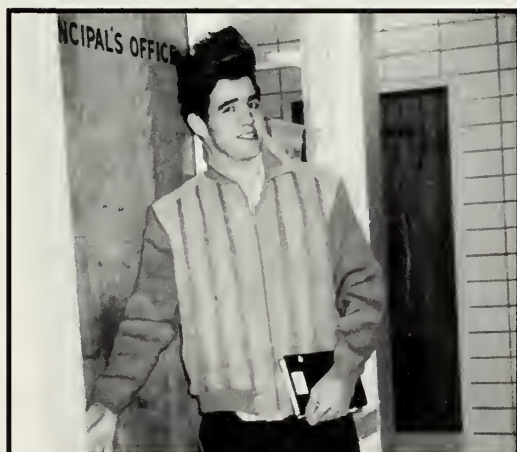


PAMPLONA BULLS..... 1
SENOR DOWLING..... 0

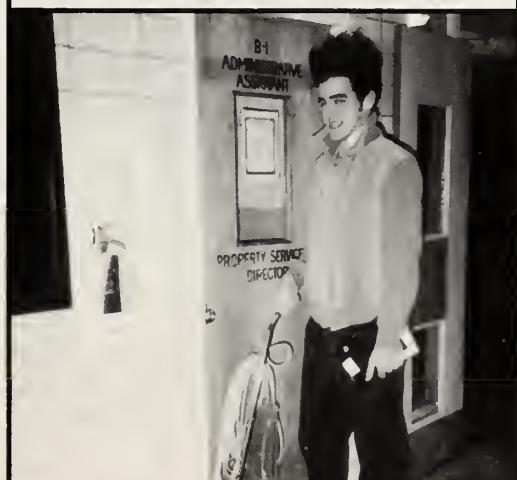


ralph shindler,
principal

Former ELHS principal Ralph Shindler in happier days.



KRAMER SIGHTED AT ELHS!



SHINDLER'S LIST

Office aides unearthed what they believe to be an original copy of Schindler's List last week - former ELHS Principal Ralph Schindler that is! The list was discovered in the bottom of Mrs. Fitzgerald's desk drawer, and was in remarkably good condition. It contains the names of students forced to graduate by faculty members concerned for their own mental health.



DIAPERGATE

Update: The explosion that rocked the sophomore hallway last week has been traced to a buildup of methane gas in the diapers of several pre-school students.

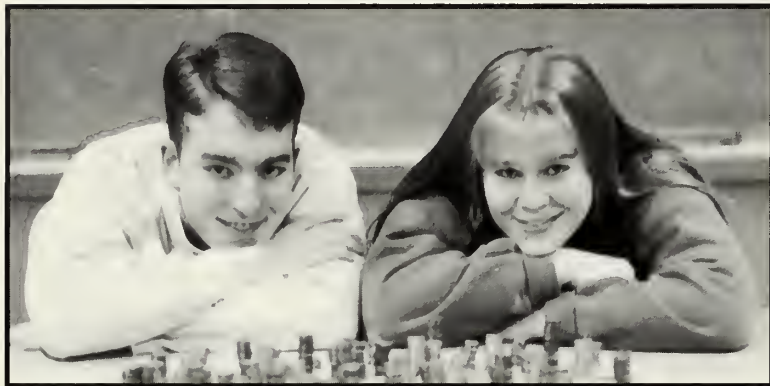


MIRACLE SKIN CREAM ERASES WRINKLES AND YEARS!

Before applying Dermagene skin cream, Cori was a semi-normal 15 year-old high school student. After just three applications she had reduced her skin tone and cell structure to that of an infant, and all for only \$9.95! For a 6 oz. sample write to International Substrate Ltd., Mexico City, Suite 5N (ISL is not responsible for any memory loss, diaper rash or similar interruption of bodily functions due to use. Discontinue use if embryo stage is reached).



CLASS BALLOT 1995



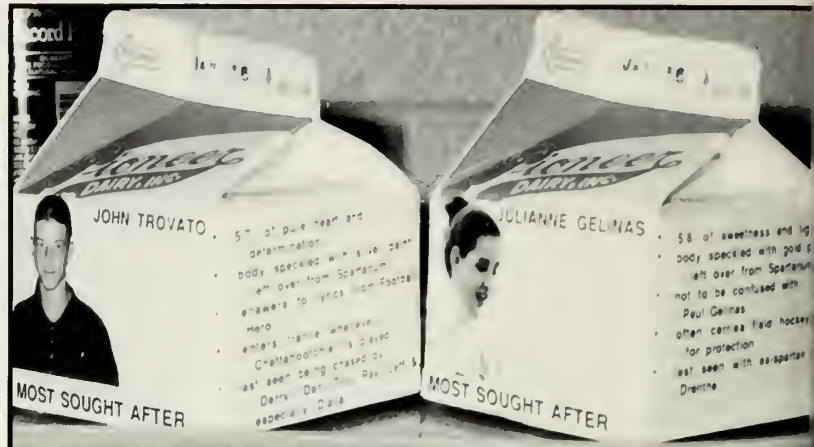
Contributed Most to Class
Laura and Justin



Most Original
Allison and Nick



Best Smile
Melissa and Julian



Most Sought After
Julie and John



Best Friends
Erin and Christina



Best Friends
Paul and Jason



Friendliest
Heather and John

CLASS BALLOT 1995



Best Looking
Jesse and Matt



Most Likely to Bust Out
Heather and Aaron



Class Song
"Small Town"



Most Ambitious
Carrie and Justin



Class Butt Kissers
Deana and John



Best Body
Christina and John



Class Gossip
Stefania and Dan



Moodiest
Jaime and John



CLASS BALLOT 1995



Most Conservative
Dan and Lauren



Most Likely to Succeed
Carrie and John



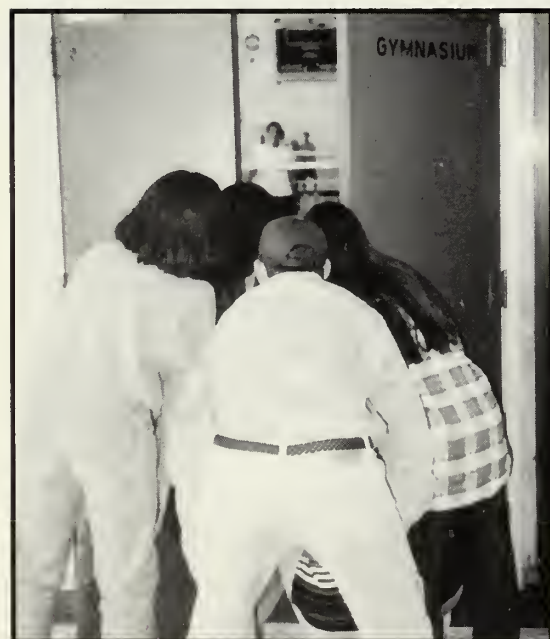
Nicest Eyes
Erin and Lee



Class Rebels
Allison and Chris



Class Scholars
Carrie and Seth



Favorite Class
Gym



Class Couple
Steve and Heather



Most School Spirit
Dan and Laura

CLASS BALLOT 1995



Most Respected
Martha, John and Christina



Class Moochers
Emily and Tom



Class Partiers
Brian and Holly



Class Athletes
Kate and Joe



Class Clowns
Deena and Dan



Class Wiseguys
Maureen and E.J.



ADS FOR GRADS

Erin,
We are proud of the woman you have become. We know you will succeed in all you attempt.
Love, Mom, Dad, Lindsay, and Jeremy



Congratulations, Dan! You did it!!!
Love, Mom, Frank, and Dena



Congratulations to our Princess Di from all of us - Mom, Dad, Tano, Melissa, Nano, Mama, Papa, Jimmy, Patti, Laura, Elizabeth, Nanny, George, Chris, Kerri, Jamie, Boobie, Joe, Stacy, Gina, Johnny, Maria, John, Erin, and Harry.

Little Stack, I watched you grow through the happy years, now at graduation time I share the happy tears.
Love, Mom



Beth and Jason,
We're proud of the people you've become and of your many accomplishments over the years. Enjoy your futures and be happy!
Love, Mom and Dad

Nittany Lions - Here he comes!
Indian Brave - pounding drums.
Changing hairstyles - cover with a hat.
Driving the "Cav" - swinging the bat.
"Crazy Train" - Who was that boy?
Our youngest child - our pride and joy.
Love, Mom and Dad

Danny B.,
Congratulations, Dan! We're so proud of you ... Keep that smile! We love you. -Mom, Dad, and Tom

Dear Joeleen,
For seventeen years you have been with us. We have watched you grow from a baby to a beautiful young lady, who we are very proud of. We love you more than life and know you will be a success in whatever you choose.
Love, Mom and Dad

Deana,
Congratulations! We are so proud of you. You have worked so hard during these past four years. We love you and wish you much happiness as your future continues.
Love, Dad, Mom, Jill, Gucci, and Veno

Dear Jennifer,
Since we first met in camp we've experienced so much, yet there are so many more smiles to show, tears to cry, and years to live. It's hard to imagine that you're already leaving high school to go on to bigger and better places. Congratulations, and good luck in your life to come. Jacob



Melissa,
As the years went by, we watched you grow into a beautiful person. As you go on into life, you will always have memories of high school days which you will never forget. Carry these memories into your future. We love you.
Dad, Mom, Rico, and Buster



Dear Abbie,
As you leave ELHS, you take with you many lessons gathered from teachers, coaches, friends, athletics, and other activities which will help you in life. We're very proud of you and are also very happy for you. Continue being the caring person you are, keep smiling, enjoy the future, and be happy.
Love, Mom, Dad, Rebecca, and Hannah



Laura Williams,
Congratulations! You have accomplished many things in your high school years. Most importantly, you have been a wonderful daughter, sister, and friend. Continue the way you are and you will always be happy. Much love from your family.

We are very proud of you on this achievement, which signifies the beginning of your life. You are destined for greatness! You are a kind, caring, loving, and sensitive person and we are proud to be your parents, sister, and family.

Congratulations, Seth!

You've worked very hard and excelled over the past four years. We're proud of the adult you've become and know that your future will be bright with accomplishments and happiness.

With all our love,

Dad, Mom, Josh, and Evan



Dear Richard,

Ask not what your country can do for you,
But what you can do for your country ...

Continue to live by these words
The best years are yet to come
Be your own man and fulfill your dreams.

Good luck wherever your travels may take you!

Love, Mom, Dad, Patrick,
and John

Jason,
Congratulations on a job well done! We are so proud of you! The "best" is yet to come.

Love,

Mom, Dad, and
Mich

Congratulations John!

To one helluva Irishman!

You have made us very proud.

Love,

Mom, Dad, and
Steve

Guge,

We are so very happy that you grew up to be the person you are. Just because you wear your hat backwards doesn't mean your head isn't on straight! You have made us very proud and you're not even done yet!

Love,

Mom and Dad

Dear Jennifer,

I am so proud of the person you have become. Believe in yourself and be true to yourself. All of life's best to you. Keep your room clean!

Always love,
Mom XXXO



To Julie, our beautiful daughter who lights up our hearts with her sweet kindness and smile. We wish all your dreams come true and we pray all your prayers are answered. You have worked very hard to be successful and we are very proud of you. See you on Broadway! All our love,
Mom, Dan, Bob, & Mike

Dear Jessica,

You know I wish you good health, career, and material successes. But more than that, I pray God blesses you with children as self-motivated, centered, good-humored, and loving as yourself. You have developed into an exceptional person. Proud to be your Mom. Love U.



Jaime,
Congratulations! We are so very proud of you. Good luck and happiness always.

Love,

Dad, Mom,
Stephen, and
Paige

To Heather Mullane,
We Wish you much success in the future, but mostly we wish you a lifetime of happiness. May all your dreams come true.

Love,

Mom, Dad, and
Mark

To Amy Elizabeth Waite,
Remember that wherever life takes you
Whatever dreams you follow
You will always be our daughter and
We will always love you.

Love, Mom and Dad

Justin,
Congratulations! We're really proud of you.

Love,

Mom, Dad, Amie,
Ericka, and Gram

Congratulations Stefania!

You've always made us proud, you've always worked so hard. These are the best years of your life and they'll only get better if you always look for a brighter future and always shoot for the stars. You'll have wonderful memories to look back on. Love,
Mom, Dad, Antonella, Carlo, & Frankie



E.J.: Best of luck to you always. You are a sure winner. You can achieve anything that you want. We feel that you are the best!

All our love and support,
Dad, Mom, Cody, and
Shane

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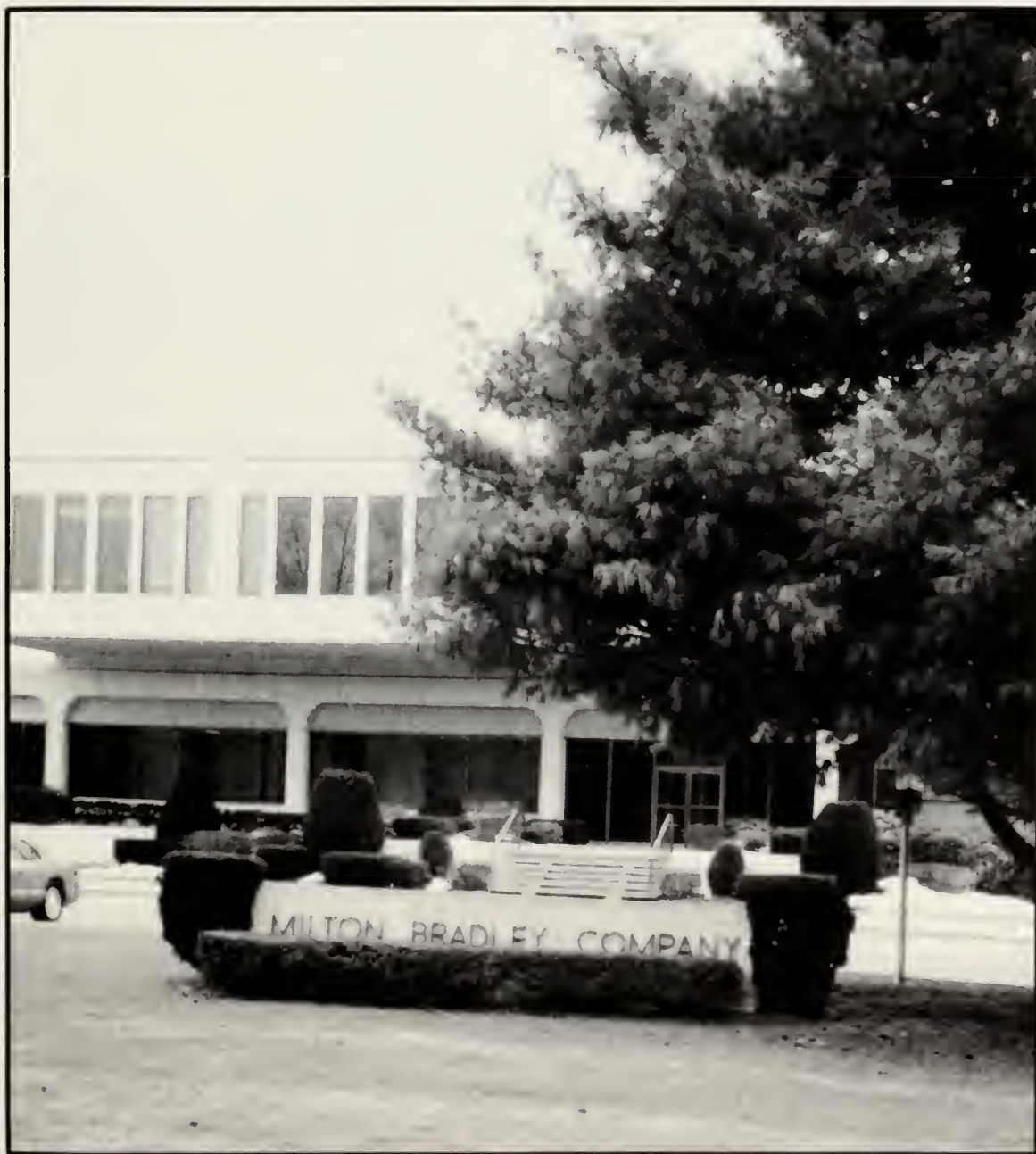
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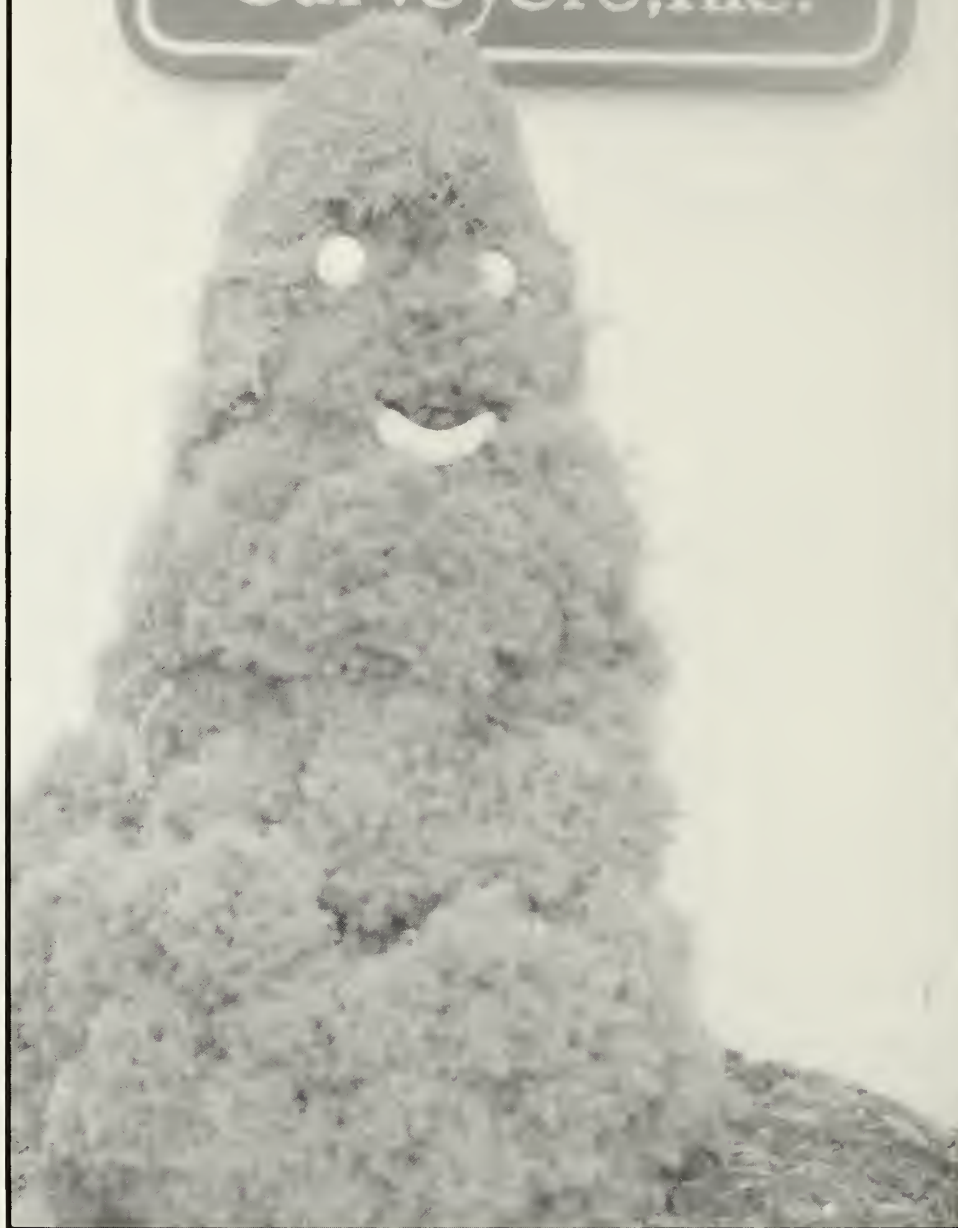
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You've made us very proud. Go for it! Our love and support are with you. Love, Mom and Dad*





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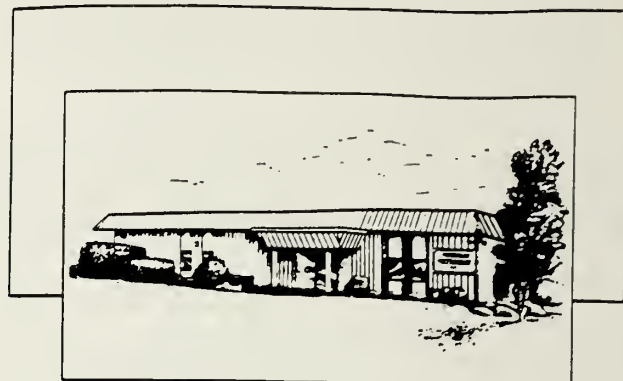
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 Cleo Deschler
 Mr. & Mrs. Daniel DiRico
 The Doleva Family
 Phyllis Domash
 The Donahue Family
 Larry Donn
 The Donovan Family
 Mr. & Mrs. Doutille
 Ben & Eileen Dover
 Cecilia Dowd
 Virginia Dubish
 Janice Dunn
 The Duperre Family
 The Dupont Family
 Norm Duquette
 The Dusza Family
 ELVIS
 Mr. & Mrs. Stephen Empsall
 The Ennacos
 The Evans Family
 Karen Extine
 Florence L. Evans
 Anne Fancy & Family
 Marie Farina
 Lyle & Melanie Feinberg
 Peter & Cathy Fett
 The Fieldings
 First Step Nursery School
 The Fitzgerald Family
 The Flahive Family
 The Focosi Family
 The Fontaine Family
 Cynthia Ford
 Mr. & Mrs. Carl Fortin
 Atty. & Mrs. Robert Fratar
 The Friel Family
 Sandra Gagnon-Frantz
 Kathy Gamache
 Keinath Garage
 Kim Gasperini
 Mr. & Mrs. Jerrold Gay
 Mr. & Mrs. Gladden
 Diane Goguen
 The Goodchilds

The Goodwins
 Diane Gorman
 Lana & Thomas Gour
 Doug & Marsha Gray
 Mike & Caroline Grimaldi
 The Casmer Grodek Family
 Michael Grossi
 Mr. & Mrs. W.J. Grzebień
 Darrell Gwinn, Jr.
 Mr. & Mrs. Edward Hanna
 Maryann Haraty
 The Harper Family
 Pam Haskins
 The Haynes Family
 The Hearn Family
 Carlyle Helms (CKE)
 Dr. & Mrs. Conrad Henrich
 Karen Heroux
 The Herrault Family
 Mr. & Mrs. Jess T. Hill & Family
 The Hurlin Family
 Don & Cal Hutchison
 Mr. & Mrs. Herbert Hoague
 Holly, Ashley, & Nicole
 Linda & Tom Honecker
 The Hubbard Family
 The Igoe Family
 The Ingulli Family
 Mrs. Dorothy Jack
 The Jaskievic Family
 The Johnsons
 Bill & Pam Johnson
 Mr. & Mrs. Fraser Johnson
 Mary Reardon Johnson
 The Jurkowski Family
 Kate, Mary, & Claire
 Ms. Edna Kellegrew
 The Kennedy Family
 Rufus Lee King
 Mrs. Myra Knorr
 The Knowes
 The Kornet Family
 Larry Kososki
 Dorothy & Skip Koszalka
 Miriam & Laura Kranz
 Jeff & Sue Kravitz
 Mr. & Mrs. David LaBrie
 The LaBroad Family
 Frank Lacopo & Family
 Tony, Sue, & Frankie Lacopo
 Ernest LaFleur
 Lillian Landry
 Alan Lareau
 David & Jean LaRose
 The LaValley Family



PATRONS

The Levine Family
Eric Lindwall
The Long Family
Mr. & Mrs. Luchini
Belinda & Alan Lunghi
The Lyons Family
The MacDonalds
Jeffrey & Wendy MacKechnie
The MacNaught Family
The Magalhaes Family
Mr. & Mrs. Anthony Markowski
The Martin Family
Dan Haroula Mastroianni & Son
Gene & Joan Mastroni
The Matulewicz Family
Alice Maybury
Mr. & Mrs. Robert Mazzariello & Family
The McCarthy Family
Mr. & Mrs. Peter McCarthy
The McCartys
Jim & Sue McCormack
Mr. & Mrs. Timothy A. McGunnigle
Carla & John McKenna
Chrissy McKenna
Mr. & Mrs. Joseph Meehan
Mr. & Mrs. Herbert I. Mellor Jr.
Karen & Gary Metzger
Mr. & Mrs. John Metzidakis
The Milano Family
The Miller Family
Frank & Sheila Miller
Mr. & Mrs. Ken Milley
Dr. & Mrs. Richard Mitchell
The Moleski Family
The Molihari Family
Roco & Elena Molinari
Debbie Moore
Vi Moore
Mr. & Mrs. William Moore
Mrs. D.R. Moras
The Morneau Family
The Mullane Family
Mr. Stephen Mushenko
Paul & Donna Nardi
Mrs. Richard Nassif
Mr. & Mrs. Thomas C. Nelson
Brian & Julie Nichols
Mr. & Mrs. Walter D. Niznik Jr.
Brad Nowell
Donna & Ned Obernesser
The O'Brian Family
Karen Oldenburg
The O'Hara Family
Linda O'Hare
The Oliveri Family
The O'Neill Family

The Ottosons
M. Ouellette
The Overlock Family
Edward Pacheco
Mr. & Mrs. John M. Palmer
The Paquette Family
The Parkers
Paul & Claudia Paulette
Frank Perry & Joyce Toti
Ken & Donna Pevay
Mr. & Mrs. Alan S. Philips
The Picknally Family
The Popovich Family
The Pourde Family
The Powells
The Provencher Family
Mr. & Mrs. Jeffery A. Pryor
The Pudgerskis
Mr. & Mrs. Paul Quinn
Adam & Toni Raczkowski
Mr. & Mrs. Joseph Reale
The Reid Family
Mr. & Mrs. George Reinquist
Debi & Andy Reissmann
Gloria Remington
The Richer Family
Mrs. Joseph Riga
John J. F. Riley Jr.
The Rindone Family
Linda & Neil Ripston
Robin Robitaille & Family
The Rodriguez Family
Gladys & Jim Rogers
Mr. & Mrs. Romanko
Mr. & Mrs. Joseph Ronca
Marsia Rosati
Joe Ross
The Ruscio Family
The Thomas Ryan Family
Elise Sacharczyk
Mr. & Mrs. Michael Sarkis
The Salier Family
Frank J. Sambor
The Sampson Family
Nancy & Gary Savaria & Family
Cyndi & Jerry Sawyer
Ethel Sawyer
Lindsay Sawyer
The Schloyer Family
Pam & John Scholtz & Family
Mr. & Mrs. Vincent Scordino
The Scott Family
Ruth Scully
The Seratin Family
Mr. & Mrs. Clark Shea
Linda & Ed Shultz

Mr. & Mrs. Jan Silansky
The Simolaris
Thomas Slowick
The Smiths
Kevin Smith
Diana Socha
Sou-Ling (the dog!)
The Spaulding Family
Frank Spearing
William E. Stacy
Paul & Julie Stanislaw
The Starr Family
Mr. & Mrs. Hugh Stebbins
Jamie Stebbins
Bob & Bev Steele
Ruth Steele
The Steele Family
Andrew Stinger
Bill & Nancy Stinger
Eric Stinger
Michael & Gay Sullivan
Dan & Mary Swords
The Taupier Family
Linda Taupier
Mr. & Mrs. Andre Tetreault
Martylee Therien
The Thompson Family
Leslie & Dennis Tighe
Mr. & Mrs. Patrick Tighe
Mr. & Mrs. Frank Tilli
The Tousignant Family
Angelo Tranghese
Pasquale Tranghese
The Treault Family
The Trial Family
John A. Trinceri
Kathy Trinceri
The Turner Family
The Urban Family
The Ursic Family
Mr. & Mrs. Arthur Viens
Nicholas & Anne Votze
The Wadden Family
The Waite Family
Janice & Jim Walsh
Jim & Barbara Welch
Mark Weinberg
The Wilk Family
Lynda & Tom Willetts
The Williamson Family
Eileen Yorns
Mr. & Mrs. Zimmerman
The Znoj Family
Mrs. Leonard V. Zucco



EDITORS



Things rarely look this good around deadline time.



Who let you two out of the Graphics room?



Who let you into the Graphics room!??



Will I ever get out of the Graphics room???

As editors of Aegis '95, we've been through the best of TIMES and the worst of TIMES. It's been a long journey with many unexpected twists and turns, but we have finally made it to the bitter end. The road began back in May when it was TIME to pick our staff. As TIME went by, we found as "time reveals all" that we made many excellent choices, but also some that we would want to reconsider. After completing last year's supplement over the summer, planning for Aegis '95 started at, of all places, Rockport, Mass at the Lynch's cottage. After a morning filled with flashing lights, dirt roads, and ping pong games, we designed the layout for seniors (1/3 of a page, WOW! Are we crazy?), underclassmen (Sorry, still 6 pica x 7 pica mug shots, your TIME will come), and sports. As the new school year began, TIME was money (literally, we were \$5,000 in the red) and our staff worked diligently to scrounge up patron money and business ads (some harder than others). When the actual production started, TIME after TIME, we saw the same dedicated workers. Despite being disappointed and frustrated at some staffers, the others made up for their squandered TIME by being the most hard-working, creative, and easy-going individuals we could ask for, primarily Jennie Hill, Sarah Lindwall, and Johari Curtis. You guys were the best; we couldn't have made it to the finish line without you. Besides those three, many others helped in any way they could, namely Cori Cassidy, Kirsten Metzger, Lindsay Sawyer, "Stinger," Sue "Yearbook Committee" Swords, and Megan "I can't draw a straight line" McCarthy by typing, making phone calls, cropping pictures, doing artwork, and copying over pages. This year we have been through thick and thin ("Last years books are NEVER coming" and "Would anyone like to

buy a Spartan hat?"), but still, during these trying TIMES, managed to have a little TIME for laughter and fun. What more can we ask for? We've experienced everything from working past midnight the night before SAT's and the WMass SuperBowl in the cold but cozy graphics room (our home away from home), to working all day Monday through Friday during both Christmas and February vacations, to our systematic demolition of the Spectator staff in our friendly sports rivalry, and to Dairy Mart, Subway, and Pizza runs. Right now, we are sick . . . and tired of pictures, wax pencils, picas, type sizes, ladder diagrams, planning sheets, copy, and captions, but we had a grand old TIME, a TIME always to remember. Lastly, we would like to extend many thanks to the backbone of this book, our advisor, but more importantly our friend, Marty Lynch. You've survived yet another year, despite our constant questions, complaints, and cracks. Also, we would like to thank Mr. Agin (a.k.a. Mr. d'Monet), we will treat your "desk like a desk," our Jostens representative Mr. Lendry, and Steinmetz photography, especially Brooks Johnson for his excellent photography and for being so accommodating when we needed last minute pictures. Above all, we had the TIME of our lives producing this book. Enjoy Aegis '95.

Seth A. Goodchild
Daniel W. Brennan
Christina A. Urbini
Erin H. Sawyer





And I'm not alone



while my friends are near me



And I know,
it will be so,





until it's time to go.





So come the storms
of winter...





and then the birds in spring



again . . .



we do not fear the time .



And who knows how our love grows?





Who knows where the time goes?





Who knows where the time, ever goes?





